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Effect of galactose metabolising and non-metabolising strains of *Streptococcus thermophilus* as a starter culture adjunct on the properties of Cheddar cheese made with low or high pH at whey drainage

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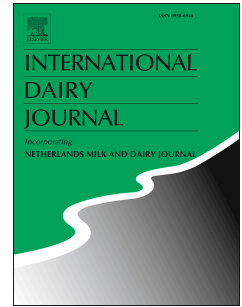
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1 **Effect of galactose metabolising and non-metabolising strains of *Streptococcus***  
2 ***thermophilus* as a starter culture adjunct on the properties of Cheddar cheese made**  
3 **with low or high pH at whey drainage**

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ABSTRACT

Cheddar cheese was made using control culture (*Lactococcus lactis* subsp. *lactis*), or with control culture plus a galactose-metabolising (Gal<sup>+</sup>) or galactose-non-metabolising (Gal<sup>-</sup>) *Streptococcus thermophilus* adjunct; for each culture type, the pH at whey drainage was either low (pH 6.15) or high (pH 6.45). *Sc. thermophilus* affected the levels of residual lactose and galactose, and the volatile compound profile and sensory properties of the mature cheese (270 d) to an extent dependent on the drain pH and phenotype (Gal<sup>+</sup> or Gal<sup>-</sup>). For all culture systems, reducing drain pH resulted in lower levels of moisture and lactic acid, a higher concentration of free amino acids, and higher firmness. The results indicate that *Sc. thermophilus* may be used to diversify the sensory properties of Cheddar cheese, for example from a fruity buttery odour and creamy flavour to a more acid taste, rancid odour, and a sweaty cheese flavour at high drain pH.

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## 40 1. Introduction

41

42 Cheddar cheese manufacture has changed much in recent decades with advances in  
43 mechanisation and the increase in plant throughput. Specific features of large-scale modern  
44 manufacture are the production of different variants (e.g., mild, mature, vintage), the  
45 extensive use of direct vat starter (DVS) cultures, and a higher pH at whey drainage, for  
46 example, ~6.4–6.5 compared with ~6.1–6.2 in traditional Cheddar cheese made using bulk  
47 starter culture. In such factories, even where milk protein standardisation using membrane  
48 filtration is not practiced, the various cheesemaking steps, such as starter addition, rennet  
49 addition, gel cutting and whey drainage, tend to be performed on the basis of time rather than  
50 on some objective parameter such as pH of milk or curd at different stages of manufacture, or  
51 gel firmness at cutting. Another feature, at least in Irish Cheddar cheese plants, is the routine  
52 use of starter culture adjuncts, including *Streptococcus thermophilus*, which is used primarily  
53 for its thermo- and phage- resistance properties, but also apparently to affect flavour. *Sc.*  
54 *thermophilus* is also reported to give faster acid production during Cheddar manufacture  
55 (Michel & Martley, 2001), which is likely to be associated with a more effective protein  
56 hydrolysis and peptide uptake (Cogan et al., 2007; Law & Haandrikman, 1997), and with the  
57 non-utilisation of the galactose moiety of lactose, by most *Sc. thermophilus* strains (Thomas  
58 & Crow, 1984; Tinson, Hillier, & Jago, 1982a).

59 Most strains of *Sc. thermophilus* used in the dairy industry are unable to metabolise  
60 galactose (Hutkins, Halambeck, & Morris, 1986; Hutkins, Morris, & McKay, 1985;  
61 Robitaille, Moineau, St-Gelais, Vadeboncoeur, & Britten, 2007; Thomas & Crow, 1984;  
62 Vaillancourt, Moineau, Frenette, Lessard, & Vadeboncoeur, 2002). De Vin, Rådström,  
63 Herman, and De Vuyst (2005) reported that only ~16% of 49 strains of *Sc. thermophilus*  
64 evaluated on M17 medium supplemented with galactose were galactose positive. Similarly,

65 preliminary studies in the authors' laboratory found that only 8% of 51 strains of *Sc.*  
66 *thermophilus* from the Moorepark culture collection metabolised galactose. Thomas and  
67 Crow (1984) investigated the galactose-metabolising ability of *Sc. thermophilus* from  
68 different sources and found that most were galactose negative (Gal<sup>-</sup>) because of failure to  
69 induce galactokinase, resulting in the excretion of galactose when grown in lactose-  
70 containing broth. When grown under lactose limitation in J8 broth containing 20 mM  
71 galactose, partial galactose utilisation occurred and the proportion of galactose used depended  
72 on the generation time of cells during incubation.

73 Hence, the use of *Sc. thermophilus* (which primarily metabolises only the glucose  
74 moiety of lactose) as an adjunct culture usually results in the accumulation of galactose  
75 during cheese manufacture (Michel & Martley, 2001; Thomas, Turner, & Crow, 1980;  
76 Tinson et al., 1982a). Bley, Johnson, and Olson (1985) reported that the use of a 0.5% (w/w)  
77 non-galactose-fermenting *Sc. thermophilus* as an adjunct resulted in higher level of residual  
78 galactose in one month-old stirred curd Cheddar (compared with the control cheese) and  
79 intensified the degree of browning in processed cheese made therefrom. Similarly, Michel  
80 and Martley (2001) found that Cheddar cheese made using *Sc. thermophilus*, as an adjunct  
81 culture to *Lactococcus lactis* subsp. *cremoris* or *Lactococcus lactis* subsp. *lactis* strains, had a  
82 high residual galactose level of ~26.6 mmol kg<sup>-1</sup> (0.48%, w/w) at 1 d. Moreover, the residual  
83 galactose content increased as the scald temperature was increased from 38 °C to 41 °C (data  
84 not reported). Tinson, Ratcliffe, Hillier, and Jago (1982b) reported that high levels of residual  
85 galactose (33 mmol kg<sup>-1</sup>, 0.56%, w/w) in 8 wk-old Cheddar cheese made using *Sc.*  
86 *thermophilus* (0.5%, w/w) as an adjunct to *Lc. lactis* subsp. *cremoris* coincided with a higher  
87 production of CO<sub>2</sub>, leading to the development of slits and fractures in the cheese at 8 and 14  
88 wks. This was most probably caused by the growth of non-starter lactic acid bacteria  
89 (NSLAB) that are able to metabolise galactose.

90 The accumulation of galactose in cheese can lead to problems such as (i) providing a  
91 readily fermentable carbohydrate which could influence the development of NSLAB flora  
92 and possibly lead to defects, (ii) the presence of a reducing sugar in cheese that can cause  
93 excessive Maillard browning on heating, and (iii) early gas production in Cheddar cheese  
94 (Mullan, 2000; Ortakci, Broadbent, Oberg, & McMahon, 2015). Moreover, the presence of  
95 galactose in whey can affect the rate of growth of lactose crystals during whey processing  
96 and increase the propensity of the resultant whey powder to browning during storage  
97 (Dattatreya, Lee, & Rankin, 2010; Paterson & Smakman, 2011). While many of the foregoing  
98 studies (Bley et al., 1985; Hutkins et al., 1986; Michel & Martley, 2001) studied the effects of  
99 *Sc. thermophilus* as an adjunct on composition and sugar metabolism, we are unaware of any  
100 that investigated their effects on proteolysis, rheology or sensory properties, despite its  
101 apparent impact on flavour development. Moreover, there appear to be few, if any, studies on  
102 the comparative effect of galactose positive (Gal<sup>+</sup>) and galactose negative (Gal<sup>-</sup>) *Sc.*  
103 *thermophilus* as adjunct culture on the latter aspects of cheese quality.

104 The objective of the current study was to compare the effects of Gal<sup>+</sup> and Gal<sup>-</sup> strains  
105 of *Sc. thermophilus* as an adjunct culture on the composition, sugar metabolism, pH,  
106 proteolysis, volatile compounds, texture, microbiology and sensory properties of Cheddar  
107 cheeses prepared made with a high drain pH (6.45), as in modern manufacture, or a low drain  
108 pH (6.15), as in more traditional manufacture.

109

## 110 **2. Materials and methods**

111

### 112 *2.1. Preparation of cheese milk*

113

114 Holstein-Friesian cows' milk (3000 kg) was obtained from a spring-calving herd  
115 (Moorepark, Fermoy, Ireland). Milk samples were standardised to a protein to fat ratio of  
116 0.96:1, stored overnight at 8 °C, pasteurised at 72 °C for 15 s, cooled to 31 °C, and pumped  
117 to cheese vats (500 L).

118

## 119 2.2. Starter cultures for cheesemaking

120

121 Defined strain starter cultures were used in cheesemaking (*Lc. lactis* subsp. *lactis*  
122 strains 227 and 303; Chr. Hansen Ireland Ltd., Little Island, Ireland). Both cultures were  
123 grown overnight at 24 °C in reconstituted 10% (w/v), antibiotic-free skim milk powder  
124 solution (Golden Vale Food Products Ltd., Charleville, Ireland) that had been heat treated at  
125 95 °C for 30 min. When the pH of the inoculated milk reached between pH 4.5 to 5.0, the  
126 cultures were cooled and stored at 4 °C until required for cheesemaking (1 d).

127 Adjunct starter cultures of *Sc. thermophilus* from the Moorepark culture collection  
128 were screened on the basis of sugar metabolism, acidification rate and salt sensitivity. One  
129 galactose metabolising (DPC 1796) and one galactose non-metabolising (DPC 5095) *Sc.*  
130 *thermophilus* strain were selected for cheesemaking. Both cultures were grown overnight at  
131 37 °C in reconstituted 10% (w/v), antibiotic-free skim milk powder solution (Golden Vale  
132 Food Products Ltd.) as described above.

133 For convenience, the cultures used in cheesemaking were denoted as follows: control  
134 culture C, consisting of *Lc. lactis* subsp. *lactis* strain 227 and 303, each inoculated at a level  
135 of 0.075% (w/w); Gal<sup>+</sup> culture, consisting of the control culture and a galactose-metabolising  
136 *Sc. thermophilus* DPTC 1796 (inoculated at a level of 0.25%, w/w); and Gal<sup>-</sup> culture,  
137 consisting of the control culture C plus galactose non-metabolising *Sc. thermophilus* DPTC  
138 5095 (inoculated at a level of 0.25%, w/w).



139

## 140 2.3. Cheese manufacture and treatments

141

142 Six different treatment cheeses were manufactured in each of three replicate trials  
143 undertaken over a three-week period from October 20 to November 11, 2011. The cheeses  
144 were denoted as: high-drain pH (6.45) made using culture C (HDpHC); high-drain pH with  
145 Gal<sup>+</sup> culture (HDpHGal<sup>+</sup>); high-drain pH with Gal<sup>-</sup> culture (HDpHGal<sup>-</sup>); low-drain pH (6.15)  
146 with culture C (LDpHC); low-drain pH with Gal<sup>+</sup> culture (LDpHGal<sup>+</sup>); low-drain pH with  
147 Gal<sup>-</sup> culture (LDpHGal<sup>-</sup>).

148 The manufacture of cheese involved inoculation of cheesemilk with *Lc. lactis* subsp.  
149 *lactis* strain 227 and 303, each at a level of 0.75% (w/w). Additionally, *Sc. thermophilus* 179  
150 was added to milk for the HDpHGal<sup>+</sup> and LDpHGal<sup>+</sup> cheeses, and *Sc. thermophilus* 5095 to  
151 milk for the LDpHGal<sup>-</sup> and HDpHGal<sup>-</sup> cheeses; *Sc. thermophilus* 179 and 5095 were each  
152 inoculated at a level of 0.25% (w/w). The mean initial count of the *Lc. lactis* subsp. *lactis* was  
153  $\sim 1 \times 10^7$  cfu mL<sup>-1</sup> in all milk lots, while that of the *Sc. thermophilus* was  $\sim 6.2 \times 10^6$  cfu mL<sup>-1</sup>  
154 in the LDpHGal<sup>+</sup>, LDpHGal<sup>-</sup>, HDpHGal<sup>+</sup> and HDpHGal<sup>-</sup> milk. Thirty minutes later, rennet  
155 (Chymax Plus, Chr. Hansen Ireland Ltd., 200 IMCU mL<sup>-1</sup>), diluted 1:10 in de-ionised water,  
156 was added at a level of 36 IMCU kg<sup>-1</sup> based on a protein level of 3.3 g 100 g<sup>-1</sup> milk, and  
157 mixed in for 1.5 min to ensure uniform distribution. Immediately, a sample of the rennet-  
158 treated cheese milk was taken from the cheese vat, and placed in an insulated glass container.  
159 Within 2 min, a 13 g subsample was placed in the cell of a controlled stress rheometer (CSL2  
160 500 Carri-Med, TA Instruments, Inc., New Castle, DE, USA) located in an adjacent  
161 laboratory, and subjected to a low oscillating strain of 0.025 at a frequency of 1 Hz at 31 °C.  
162 The development of elastic shear modulus, G', a measure of gel stiffness, was measured as a  
163 function of time; when G' reached 54 Pa, cutting of the gel in the cheese vat was initiated.

164 Following a 1.5 min cutting programme, the resultant curd particle-whey mixture was  
165 allowed to stand quiescently (heal) for 10 min, then stirred continuously, cooked at a rate of  
166  $0.2\text{ }^{\circ}\text{C min}^{-1}$  from 31 to 38.5  $^{\circ}\text{C}$ , which is typical of the scald temperature used in  
167 commercial practice for Cheddar cheese made with, or without, *Sc. thermophilus* as an  
168 adjunct culture. Whey was separated from the curd when the pH of the curd reached 6.45 for  
169 the high-drain pH cheeses (HDpHC, HDpHGal<sup>+</sup>, HDpHGal<sup>-</sup>) and 6.15 for the low-drain pH  
170 cheeses (LDpHC, LDpHGal<sup>+</sup>, LDpHGal<sup>-</sup>). The curds were Cheddared, milled at pH 5.35,  
171 salted at a level of 2.7% (w/w), mellowed for 20 min, placed in rectangular moulds (23 kg),  
172 and pre-pressed at 0.13 kPa for 30 min. The moulded cheeses were then placed in a  
173 horizontal press and pressed overnight at 2.5 kPa. A total of two cheeses, each weighing ~20  
174 kg, was obtained for each treatment on each of the three separate cheesemaking occasions  
175 (trials).

176 Cheeses were vacuum-packed and stored at 4  $^{\circ}\text{C}$  for 14 d and at 8  $^{\circ}\text{C}$  thereafter.

#### 178 2.4. *Sampling of cheese*

179  
180 Cheeses (from 20 kg blocks) were sampled at different times (1, 14, 30, 90, 180, 270  
181 d) over the 270 day ripening period, as described by Hou, McSweeney, Beresford, and  
182 Guinee (2014b).

#### 184 2.5. *Composition analysis of cheese*

185  
186 Grated cheese samples were analysed at 14 d for moisture, protein, fat, NaCl,  
187 moisture, ash, Ca and P using standard IDF methods (Guinee, Harrington, Corcoran,

188 Mulholland, & Mullins, 2000). The pH was measured after each sampling date on cheese  
189 slurry prepared from 20 g of grated cheese and 12 g distilled water (Guinee et al., 2000).

190

## 191 2.6. *Microbial counts in cheese*

192

193 Starter lactococci were enumerated on LM17 agar after incubation at 20 °C for 5 d  
194 and the *Sc. thermophilus* adjunct cultures were also enumerated on LM17 agar after  
195 incubation at 43 °C for 3 d (ISO/IDF, 2010).

196 Cheeses were analysed for counts of non-starter lactic acid bacteria on LBS agar, as  
197 described previously (Hou, Hannon, McSweeney, Beresford, & Guinee, 2012). Coliform  
198 were enumerated by pour-plating on Violet Red Bile Agar (VRBA) incubated at 30 °C for 24  
199 h.

200

## 201 2.7. *Lactose and lactate in cheese*

202

203 Lactose, glucose and galactose were extracted and measured using high performance  
204 liquid chromatography (HPLC) as described previously by Hou et al. (2014b); HPLC was  
205 performed using a 300 × 7.8 mm Aminex HPX-87C cation exchange carbohydrate column  
206 (Bio-Rad Laboratories, Richmond, CA, USA) and detection with a Waters 2414 refractive  
207 index detector (Waters, Bray, Ireland). The concentrations of sugars in the cheeses were  
208 calculated by comparing the peak area of samples with standard curves. Sugar concentrations  
209 were calculated as g 100 g<sup>-1</sup> cheese.

210 Similarly, D(-)- and L(+)- lactate were extracted and separated as described previously  
211 by Hou et al. (2014b); HPLC was performed using a Phenomenex chirex 3126 cation  
212 exchange silica column (Phenomenex, Hurdsfield Ind. Est., Macclesfield, UK) and detection

213 was with a Waters 2487 dual wavelength absorbance detector (Waters) as described  
214 previously by Hou et al. (2014b). The concentration of total lactate was calculated as the sum  
215 of D(-)- and L(+)- lactate; each analysis was carried out in duplicate.

216

## 217 2.8. *Proteolysis*

218

219 The level of pH 4.6-soluble nitrogen (pH4.6-SN) was measured as described by Hou,  
220 Hannon, McSweeney, Beresford, & Guinee (2014a). The concentration of individual free  
221 amino acids (FAAs) in the pH4.6-SN extract were determined using cation-exchange  
222 chromatography on a Beckman 6300 High Performance Analyser (Beckman Instruments Ltd.,  
223 High Wycombe, UK), as described by Fenelon, Guinee, Delahunty, Murray, and Crowe  
224 (2000).

225

## 226 2.9. *Rheology*

227

228 Six cheeses cubes (25 mm<sup>3</sup> cubes) were cut from each treatment cheese using a  
229 Cheese Blocker (Bos Kaasgreedchap, Bodengraven, Netherlands), wrapped in tin foil, and  
230 stored at 8 °C overnight prior to analysis. Each cube was compressed by 70% on a texture  
231 analyser (model TA-HDI, Stable Micro Systems, Godalming, UK) with a 5 mm compression  
232 plate and a 100 kg load cell, as described previously (Hou et al., 2014a). The following  
233 rheological parameters were calculated from the resultant force/displacement curves: fracture  
234 stress (kPa), the stress at fracture, as indicated by the inflection point of the curve; fracture  
235 strain, the fractional displacement at fracture; and firmness, the force required to compress  
236 the cheese to 30% of its original height.

237

238 2.10. *Volatile compounds*

239

240 The 270 day old cheeses were analysed in triplicate for volatile compounds. For each  
241 cheese, a 5 g sample was analysed by solid phase micro-extraction (SPME) coupled to a gas  
242 chromatograph (GC)-mass spectrometer (MS). Volatile compounds were separated under the  
243 conditions defined by Hannon, Kilcawley, Wilkinson, Delahunty, and Beresford (2007).

244

245 2.11. *Descriptive sensory analysis*

246

247 The sensory properties of the 270 day old cheeses from each of the three replicate  
248 trials were evaluated using descriptive sensory analysis, as described previously (Hou et al.,  
249 2014a). The results are presented as a principal component (PC) plot. Attributes scored for  
250 odour included pungent, sweaty/cheesy, rancid, fruity, buttery and caramel; attributes for  
251 flavour were pungent, farmyard, creamy, rancid, fruity, buttery, caramel and sweaty/cheesy,  
252 while those for taste comprised throat burn, sweet, acid, salt, bitter and astringent.

253

254 2.12. *Statistical analysis*

255

256 Three replicate cheesemaking trials were undertaken, each with 6 treatment cheeses,  
257 namely LDpHC, LDpHGal<sup>+</sup>, LDpHGal<sup>-</sup>, HDpHC, HDpHGal<sup>+</sup> and HDpHGal<sup>-</sup>. Analysis of  
258 variance (ANOVA) was used to determine if the treatment cheeses differed with respect to  
259 response variables, such as compositional factors, at specific time points (e.g., 14 d).

260 ANOVA was undertaken using SAS<sup>®</sup> version 9.1.2 (SAS Institute, 2004), where the effects  
261 of treatment (different drain pH or starter system) and replicates were estimated for all

262 response variables. Tukey's multiple-comparison test was used for paired comparison of  
263 treatment means and the level of significance was determined at  $P < 0.05$ .

264 The data for changes in individual response variables (such as sugars and micro  
265 counts) in the high and low drain pH cheeses over the duration of ripening were analysed  
266 using a split-plot design to determine the effects of treatment, ripening time, and their  
267 interaction. Analysis of variance for the split-plot design was carried out using a general  
268 linear model (GLM) procedure of SAS (SAS Institute, 2004), and significance at  $P < 0.05$   
269 determined using Fisher's least significant difference test.

270 The data for volatile compounds and descriptive sensory analysis, measured at 270 d  
271 only, were analysed using PCA by Unscrambler V 6.1 (CAMO AS, N-7041 Trondheim,  
272 Norway). The results are presented as a principal component (PC) plot.

273

### 274 **3. Results**

275

#### 276 *3.1. Cheese manufacturing time*

277

278 The use of *Sc. thermophilus* adjunct cultures and alteration of pH at whey drainage  
279 had varying effects on the times for the different stages of manufacture, namely the curd  
280 residence time in cheese vat (time from gel cutting to whey drainage), Cheddaring time (time  
281 from whey drainage to curd milling), and total make time (time from starter culture addition  
282 to curd milling).

283 The curd residence time in the cheese vat for the HDpH cheeses (53–54 min) was  
284 significantly lower than that for the LDpH cheeses (105–135 min). However, the Cheddaring  
285 time for the HDpH cheeses (~125–150 min) was generally longer than that of the LDpH

286 cheeses (71–87 min) (Table 1). Hence, the overall make time for corresponding LDpH and  
287 HDpH cheeses did not significantly differ.

288 Starter culture had a significant effect on the total make time of the HDpH chesses,  
289 with that for the HDpHGal<sup>+</sup> cheese (260–288 min) being significantly shorter (by ~30 min)  
290 than that of the corresponding control HDpHC or HDpHGal<sup>-</sup> cheeses.

291

### 292 3.2. *Composition at 14 d*

293

294 The gross composition of the cheese was affected by pH but not by starter culture  
295 type (Table 1). The moisture content of the LDpH cheeses was below the maximum level  
296 (39%, w/w) specified for Cheddar cheese (HMSO, 1996), while that of the HDpH cheeses  
297 was higher. Despite the difference in moisture content between the LDpH and HDpH cheeses  
298 (1.6–2.3%, depending on starter culture system used), the higher moisture content of the  
299 HDpH cheeses was significant only in the case of HDpHGal<sup>-</sup> cheese. A similar trend was  
300 noted for content of moisture-in-fat substances (MNFS).

301

### 302 3.3. *Changes in sugars during ripening*

303

#### 304 3.3.1. *Lactose and galactose*

305 The effects of drain pH and starter culture system on the changes in lactose and  
306 galactose over the course of ripening are shown in Fig. 1a–d and Table 2. The mean level of  
307 residual lactose in the LDpH cheeses over the 270 d ripening period was significantly  
308 affected by starter culture system, ripening time and their interaction (Fig. 1a). The mean  
309 lactose content in the HDpH cheeses was, similarly, influenced by ripening time, but not by  
310 starter culture (Fig. 1b).

311 Lactose content decreased during maturation (Fig. 1a, b), and was, essentially, fully  
312 metabolised in all cheeses by 90 d, apart from the LDpHC cheese that had a significantly  
313 higher content than that of the corresponding LDpHGal<sup>+</sup> and LDpHGal<sup>-</sup> cheeses at this time.  
314 The mean lactose level over the 270 d ripening period in the LDpHC cheese was significantly  
315 higher than that in the corresponding LDpHGal<sup>+</sup> and LDpHGal<sup>-</sup> cheeses. The results indicate  
316 that residual lactose content in Cheddar cheese (< 180 days old) can be reduced by the use of  
317 *Sc. thermophilus* (Gal<sup>+</sup> or Gal<sup>-</sup>) as a culture adjunct when the pH at whey drainage is low, or  
318 by increasing the pH at whey drainage when the cheese is made using the control starter  
319 culture.

320 The galactose content at 1 d varied from ~0.2–0.025%, remained relatively constant  
321 between d 1 and 14, and thereafter decreased to ≤ 0.05% in all cheeses at 180 d (Fig. 1c,d).  
322 Starter culture had a significant effect on the mean galactose level over the 270 d ripening  
323 period in the HDpH cheeses, with the mean concentration in the HDpHGal<sup>+</sup> cheese being  
324 higher than that of the HDPHC or HDpHGal<sup>-</sup> cheeses (Table 2). While a similar overall  
325 pattern was observed in the LDpH cheeses, the effect of starter culture was not significant,  
326 probably because of the relatively large inter-trial variation in galactose content. Overall, the  
327 results indicate that the use of the Gal<sup>+</sup> *Sc. thermophilus* led to higher residual galactose  
328 content in young Cheddar cheese (≤ 30 d), especially where the pH at whey drainage was  
329 high, as frequently is the case in large modern cheese manufacturing facilities using DVS  
330 cultures.

331 The mean levels of reducing sugars (lactose plus galactose) over ripening were  
332 unaffected by the addition of *Sc. thermophilus* (Table 2), indicating that the associated  
333 increase in galactose was offset by the concomitant decrease in lactose content; similarly, the  
334 drain pH did not significantly affect the level of reducing sugars for any of the cultures used.

335



### 336 3.3.2. *Total lactate*

337 The metabolism of lactose and galactose resulted in a significant increase in lactate  
338 content during the first 30 d, from ~1 to 1.3% in the LDpH cheeses and 1.2–1.45% in the  
339 HDpH cheeses; thereafter lactate levels remained relatively constant. The mean concentration  
340 over the 270 d maturation period was significantly higher in the HDpH cheeses than that in  
341 the corresponding LDpH cheeses for each culture type ( $P < 0.05$ ). This trend is consistent  
342 with the higher level of moisture (which is the solvent for lactose) in the HDpH cheeses.

343 The mean level of total lactate in the LDpH or HDpH cheeses over the 270 d ripening  
344 period was unaffected by the starter culture type (Table 2; Fig. 1e,f).

### 346 3.4. *pH changes during ripening*

347  
348 The mean pH of the LDpH and HDpH cheeses over the 270 d ripening period was not  
349 significantly affected by the starter culture, time or their interaction (Table 2). In contrast, the  
350 pH at whey drainage had a significant effect, with the pH of the LDpH cheeses being slightly  
351 (~0.07 pH units), but significantly ( $P < 0.05$ ), higher than that of the corresponding HDpH  
352 cheeses at all times. The slightly higher pH of the LDpH cheeses concurs with their lower  
353 contents of moisture and lactic acid.

### 355 3.5. *Microbial counts of starter and non-starter lactic acid bacteria (NSLAB) in cheese*

#### 357 3.5.1. *Starter bacteria (Lactococcus)*

358 The mean count of starter lactococci decreased significantly ( $P < 0.05$ ) in all cheeses  
359 during ripening, from  $\sim 1 \times 10^{10}$  cfu g<sup>-1</sup> at 1 d to  $\sim 3.2 \times 10^7$  cfu g<sup>-1</sup> at 270 d (Table 3; Fig.

360 2a,b). The inclusion of Gal<sup>+</sup> or Gal<sup>-</sup> *Sc. thermophilus* strains in the starter culture did not  
361 influence the mean of count over the ripening period.

362 The lactococci count in the LDpHC cheese at 270 d was slightly, but significantly,  
363 higher than that of the corresponding HDpHC cheese ( $P < 0.05$ ). As the counts in both  
364 cheeses (LDpHC, HDpHC) were similar at 1 d, the higher count in the LDpHC cheese at 270  
365 d suggests a lower degree of starter cell autolysis, which could be associated with its lower  
366 mean level of lactic acid over the 270 d ripening period (Nájera-Domínguez & Gutiérrez-  
367 Méndez, 2013).

368

### 369 3.5.2. Adjunct bacteria (*Sc. thermophilus*)

370 The mean count of *Sc. thermophilus* over the 270 d ripening period was significantly  
371 affected by starter system and ripening time in both the LDpH and HDpH cheeses (Table 3;  
372 Fig. 2c,d).

373 *Sc. thermophilus* grew (from  $\sim 1 \times 10^6$  cfu g<sup>-1</sup> in the milk following inoculation)  
374 during cheese manufacture and pressing to reach counts of  $\sim 1 \times 10^9$  cfu g<sup>-1</sup> in the Gal<sup>+</sup> and  
375 Gal<sup>-</sup> cheeses at 1 d (Fig. 2c,d). The population in the Gal<sup>+</sup> and Gal<sup>-</sup> cheese decreased  
376 significantly during ripening to  $\sim 1 \times 10^5$  cfu g<sup>-1</sup> at 270 d. While the mean count of *Sc.*  
377 *thermophilus* over the 270 ripening period were similar in the LDpHGal<sup>+</sup> and LDpHGal<sup>-</sup>  
378 cheeses, that in the HDpHGal<sup>-</sup> cheese was slightly, but significantly, lower than that in the  
379 HDpHGal<sup>+</sup> cheese.

380 The mean count of *Sc. thermophilus* in the control cheeses (LDpHC, HDpHC) was  
381 significantly lower than that of the corresponding Gal<sup>+</sup> and Gal<sup>-</sup> cheeses, which had similar  
382 counts at 1 d ( $1 \times 10^9$  cfu g<sup>-1</sup>). Nevertheless, *Sc. thermophilus* was present in the control  
383 HDpHC and LDpHC cheeses at  $\sim 10^3$  cfu g<sup>-1</sup> cheese on 1 d, grew to  $\sim 1 \times 10^4$  cfu g<sup>-1</sup> between  
384 1 and 5 d, and remained essentially constant at this level through the remainder of ripening.

385 The low *Sc. thermophilus* count in the control cheeses probably reflects cross-contamination  
386 during cheese manufacture, even though care was taken to avoid this.

387

### 388 3.5.3. *Non-starter lactic acid bacteria (NSLAB)*

389 NSLAB were present in all cheeses at  $\leq 3.2 \times 10^2$  cfu g<sup>-1</sup> at 1 d and grew during  
390 ripening, reaching counts of  $\sim 3.2 \times 10^6$  cfu g<sup>-1</sup> –  $10^7$  cfu g<sup>-1</sup> at 180 d (Table 3; Fig. 2e,f). The  
391 mean population in the LDpH cheeses over the 270 d ripening period was significantly  
392 affected by starter culture system, with the mean count in the LDpHGal<sup>+</sup> cheese being  
393 significantly higher than that in the LDpHGal<sup>-</sup> cheese, and numerically, though not  
394 significantly, higher than that in the LDpHC. Post-hoc analysis showed that the counts in the  
395 LDpHGal<sup>+</sup> were significantly higher than that in the LDpHGal<sup>-</sup> cheese at 1, 14 and 30 d, but  
396 similar at all other times.

397

### 398 3.6. *Proteolysis*

399

400 The mean level of pH4.6-SN, which is indicative of hydrolysis of the insoluble intact  
401 calcium phosphate *para*-casein into water soluble peptides by residual chymosin, increased  
402 significantly in all cheeses during ripening from ~5% of total nitrogen at 1 d to ~26–29% at  
403 270 d (data not shown). The mean level over the 270 d ripening was significantly affected by  
404 starter culture system in the HDpH cheeses (Table 4), with the mean level in the HDpHC  
405 cheese being significantly lower than that in the HDpHGal<sup>+</sup> or HDpHGal<sup>-</sup> cheeses for which  
406 it was similar; no such difference was found between the LDpH cheeses. However, these  
407 differences were quite small (0.6–1.3 %) and are unlikely to have had a notable effect on the  
408 physical or sensory properties of the cheese. The pH at whey drainage did not affect the  
409 content of pH4.6-SN.

410 The concentration of FAAs increased significantly during ripening (Fig. 3), with  
411 glutamic acid, leucine, phenylalanine and valine being the major FAAs present in all cheeses  
412 (data not shown). The mean concentration of FAAs in the LDpH or HDpH cheeses over the  
413 270 d ripening period was not affected by the starter culture (Table 4). In contrast, pH at  
414 whey drainage had a significant effect, with the LDpH cheeses having significantly higher  
415 mean levels of FAAs than the corresponding HDpH cheeses over the 270 d ripening period.  
416 The 270 day old LDpH cheeses had significantly higher levels of total FAAs, glutamic acid,  
417 valine, leucine, phenylalanine, proline and lysine than the corresponding HDpH cheeses. The  
418 differences in FAA concentration between the cheeses may reflect inter-cheese differences in  
419 peptidase activities as affected by pH, NSLAB species (Gobbetti et al., 1999), and degrees of  
420 autolysis and permeability of starter and non-starter bacteria (Doolan & Wilkinson, 2009).

421

### 422 3.7. *Rheological properties*

423

424 The mean values of firmness, fracture stress and fracture strain of all cheeses  
425 decreased significantly during ripening (Table 5). The decreases are consistent with the  
426 increase in primary proteolysis of calcium phosphate *para*-casein network (data not shown),  
427 which is the main structural component of the cheese matrix controlling the level of stress in  
428 response to applied deformation, e.g., during compression (Guinee, 2016). Starter culture had  
429 no effect on rheological properties of either the LDpH or HDpH cheeses (Table 5), a trend  
430 compatible with the very small differences in pH<sub>4.6</sub>-SN between the LDpH cheeses or HDpH  
431 cheeses. In contrast, the pH at drainage had a significant effect on firmness, with that of the  
432 LDpH cheeses, which had lower moisture content (Table 1), being significantly higher than  
433 that of the HDpH cheeses (data not shown).

434

## 435 3.8. Volatile compounds at 270 d

436

437 Thirty six different volatile compounds were identified in the 270 day old cheese.

438 These comprised 10 alcohols, 8 ketones, 3 esters, 3 aldehydes, 6 acids, 2 sulphur compounds,

439 2 alkanes, 1 alkene (octene) and 1 terpene (limonene) were identified in all of the cheeses.

440 PCA was undertaken to establish if the different cheeses could be separated by the

441 types and concentrations of volatile compounds; a biplot of the volatile compounds is

442 presented in Fig. 4. Principal components PC1 and PC2 accounted for 47% and 25% of

443 explained variance between the cheeses, respectively. Three cheeses, i.e., the control

444 (LDpHC and HDpHC) and HDpHGal<sup>+</sup> cheeses, scored positively on PC1, and three445 (LDpHGal<sup>+</sup>, LDpHGal<sup>-</sup> and HDpHGal<sup>-</sup>) scored negatively. In contrast, all cheeses, apart from446 LDpHC and LDpHGal<sup>+</sup>, scored positively on PC2. Two groupings of cheeses were

447 identifiable based on their proximity on both PC1 and PC2, namely the cheeses made using

448 *Sc. thermophilus* at high drain pH (HDpHGal<sup>+</sup> and HDpHGal<sup>-</sup>) or at low drain pH449 (LDpHGal<sup>+</sup> and LDpHGal<sup>-</sup>). The HDpHGal<sup>+</sup> and HDpHGal<sup>-</sup> cheeses were associated

450 principally with ketones (butanone, acetoin), acetic acid, acetoin, and methyl sulphone. The

451 LDpHGal<sup>+</sup> and HDpHGal<sup>-</sup> cheeses were aligned with a large range of volatile compounds

452 including fatty acids (butanoic, pentanoic, heptanoic and octanoic acid), alcohols (butanol, 3

453 methyl-1-butanol, 2 heptanol, 1 hexanol), ethyl esters of fatty acids (butanoic, octanoic,

454 hexanoic), ketones (2 nonanone and 2 heptanone), aldehydes (benzeneacetaldehyde, nonanal)

455 and limonene.

456 The control cheeses (LDpHC and HDpHC) differed from the adjunct-containing

457 cheeses and from each other with respect to volatile compounds. The LDpHC cheese was

458 characterised by the presence of an array of volatiles including alcohols (ethanol, 1- and 2-

459 pentanol, 3-methyl-2-buten-1-ol and 3-methyl-3-buten-1-ol), ketones (acetone, 2-butanone),

460 hydrocarbons (octane, pentane, heptane), acids (butanoic, hexanoic) and carbon disulphide;  
461 few volatile compounds were identified in the HDpHC cheese.

462

### 463 3.9. Descriptive sensory analysis at 270 d

464

465 The PCA biplot for the different odour and flavour attributes of the 270 d-old cheeses  
466 is shown in Fig. 5. The first two PCs discriminated significantly between the cheeses and  
467 accounted for a cumulative explained variance of 77%. Two distinct groupings were evident  
468 based on proximity on PC1 and PC2, namely the HDpHGal<sup>+</sup> and HDpHGal<sup>-</sup> cheeses that had  
469 a sweaty, rancid flavour, a rancid and sweaty odour, and acid taste, and the LDpHC and  
470 LDpHGal<sup>+</sup> cheeses that had buttery flavour, caramel odour and sweet taste. In contrast, the  
471 HDpHC and LDpHGal<sup>-</sup> cheeses were separated from the above groupings and from each  
472 other with respect to sensory characteristics. The former had a fruity, creamy flavour, and a  
473 fruity buttery odour, while the LDpHGal<sup>-</sup> cheese had a pungent and farmyard flavour,  
474 pungent odour, pungent throat and astringent sensations, and bitter taste (Fig. 5).

475

## 476 4. Discussion

477

478 The current study investigated the effects of adding either a galactose metabolising  
479 (Gal<sup>+</sup>) or galactose non-metabolising (Gal<sup>-</sup>) strain of *Sc. thermophilus* on the properties of  
480 Cheddar cheese made using either a low (pH 6.15) or high (pH 6.45) pH at whey drainage.  
481 The study is of significance because of the growing use of *Sc. thermophilus* as an adjunct  
482 culture and the increase in pH at whey drainage, accompanying the transition from bulk  
483 mesophilic starter culture (*Lc. lactis* subsp. *cremoris* or *lactis*) to direct-vat starter mesophilic  
484 culture in large modern Cheddar cheese factories. *Sc. thermophilus* was inoculated at a level

485 of  $1 \times 10^6$  cfu mL<sup>-1</sup> milk, resulting in counts of  $1 \times 10^9$  cfu g<sup>-1</sup> cheese at 1 d, decreasing  
486 gradually to  $\sim 1 \times 10^5$  cfu g<sup>-1</sup> at 270 d. The use of the *Sc. thermophilus* adjuncts had  
487 significant effects on levels of residual sugars (lactose plus galactose), volatile compounds  
488 and sensory properties of the 270 day old cheese to a degree dependent on its galactose-  
489 metabolising ability and pH, and altering the pH at whey drainage directly affected cheese  
490 composition (contents of moisture, MNFS), lactic acid level, pH and firmness irrespective of  
491 the culture systems used.

492         While lowering the pH at whey drainage resulted in lower contents of moisture (1.6–  
493 2.3%) and MNFS ( $\sim 1.4$ – $2.0\%$ ) in all cheeses, the effect was significant only in cheeses made  
494 with the Gal<sup>-</sup> *Sc. thermophilus* strain. The lower moisture content of the LDpH cheeses was  
495 consistent with the longer residence time of the curd particle-whey mixture in the cheese vat  
496 prior to whey drainage (Everard et al., 2011). Whey expulsion in the cheese vat is more  
497 intense than that which occurs after whey drainage (e.g., during Cheddaring, salting and  
498 moulding) because the higher surface area of the curd particles in the cheese vat (compared  
499 with slabs of fused curd particles during Cheddaring in finishing vats or on Cheddaring belts)  
500 and the higher temperature ( $\sim 3$  °C) compared with that during curd Cheddaring (Dejmek &  
501 Walstra, 2004). The numerically higher moisture content of the HDpH cheeses, though non-  
502 significant in the case of the HDpHC and HDpHGal<sup>+</sup> cheeses, could have practical  
503 implications, in terms of compliance to compositional specification, quality and yield.  
504 However, normalisation of moisture content in cheese produced at different pH could easily  
505 be achieved through process intervention, whereby factors such as firmness of gel at cutting,  
506 curd particle size and rate of cooking are altered (Guinee & O’Callaghan, 2010).

507         Owing to their lower moisture content, the LDpH cheeses had a lower mean level of  
508 lactic acid, higher pH and higher firmness than the corresponding HDpH cheeses. This trend  
509 concurs with the findings of other studies (Chevanan, Muthukumarappan, Upreti, & Metzger,

2006; McCarthy, Wilkinson, Kelly, & Guinee, 2015, 2016; Rynne et al., 2004; Upreti, Bühlmann, & Metzger, 2006). In contrast to the current results, Lee, Johnson, and Lucey (2005) found that a reduction in the pH at whey drainage from 6.17 to 5.82 led to a reduction in pH of Cheddar cheese (from ~5.0 to 4.8), while Tunick, Guinee, van Hekken, Beresford, and Malin (2007) reported no change in in the pH of half-fat Cheddar cheese when reducing the drain pH from 6.3 to 5.85. The inter-study discrepancy on the effect of drain pH on cheese pH probably relates to differences in manufacturing conditions, such as the pH at set and the range of pH investigated, that influence the concentration of calcium phosphate which buffers the pH of cheese upwards (Lucey & Fox, 1993). Reducing drain pH by lowering the set pH (e.g., by pre-acidification of the cheese milk) is conducive to a reduction in the ratio of calcium phosphate to casein, a lower buffering capacity and a lower cheese pH (Lee et al., 2005). Conversely, lowering drain pH by extending the curd residence time of the curd/whey mixture in the cheese vat, as in the current study, is conducive to lower moisture content, a slightly higher pH, and has little, or no, effect on the calcium-to-casein ratio (Table 1).

Lactose was present in all cheeses at 1 d, with levels in the control LDpHC and HDpHC cheeses (~0.25–0.3%) being higher than that (< 0.15%) in the corresponding cheeses (LDpHGal<sup>+</sup>, LDpHGal<sup>-</sup>, HDpHGal<sup>+</sup>, HDpHGal<sup>-</sup>) made using the Gal<sup>+</sup> or Gal<sup>-</sup> strains of *Sc. thermophilus*. Moreover, the use of the *Sc. thermophilus* adjuncts led to faster depletion of lactose, especially in the LDpH cheeses, in which lactose was fully metabolised at 90 d in the LDpHGal<sup>+</sup> and LDpHGal<sup>-</sup> cheeses compared with 180 d in the LDpHC cheese. High residual lactose content in Cheddar cheeses has been previously reported by others (Hou et al., 2012; Shakeel-Ur-Rehman, Waldron, & Fox, 2004; Upreti & Metzger, 2006). The current study indicated that increasing the pH at whey drainage in the control Cheddar cheese (made with mesophilic culture) and the use of Gal<sup>+</sup> culture are effective means of reducing the residual



535 lactose content in Cheddar cheese. In contrast to the trend noted for lactose, cheeses made  
536 using *Sc. thermophilus* (LDpHGal<sup>+</sup>, LDpHGal<sup>-</sup>, HDpHGal<sup>+</sup> and HDpHGal<sup>-</sup>) had relatively  
537 high levels of residual galactose (~0.075–0.2% or 4.2–11.34 mM at 1 d) compared with  
538 control LDpHC or HDpHC cheeses (~0.025% or 1.3 mM at 1 d), especially at times ≤ 30 d.  
539 While the combined concentration of reducing sugars (lactose and galactose) were unaffected  
540 by *Sc. thermophilus*, the *Sc. thermophilus*-containing cheese may have a greater propensity to  
541 browning on cooking because of the higher concentration of galactose, which has lower  
542 molecular mass than lactose and, hence, higher number of reducing groups per unit weight of  
543 reducing sugars.

544 The addition of *Sc. thermophilus* had a notable effect on both the type volatile  
545 compounds and sensory properties of the 270 day old cheeses, with the effect dependent on  
546 culture phenotype and pH. At high drain pH, the addition of *Sc. thermophilus* increased the  
547 range of volatile compounds associated with the cheeses (HDpHGal<sup>+</sup>, HDpHGal<sup>-</sup>), including  
548 butanoic acid, butanone, acetoin, dimethyl sulphone, and acetic acid; by comparison, the  
549 control HDpHC cheese had few relatively few volatile compounds, apart from acetic acid and  
550 acetoin. The change in profile of volatile compounds coincided with a marked transition in  
551 sensory properties, from a buttery/fruity odour and creamy/fruity flavour in the HDpHC  
552 cheese to a sweaty, cheesy and rancid odour and sweaty, cheesy, rancid flavour. Such a trend  
553 is consistent with the strong sweaty, cheesy aroma of butanoic acid, and the sour aroma of  
554 acetic acid (Kilcawley, 2016; Singh, Drake, & Cadwallader, 2003). Similarly, the addition of  
555 *Sc. thermophilus* to the low drain pH cheeses resulted in a major shift in the profile of volatile  
556 compounds, from a predominance of short-chain alcohols (ethanol, methyl-butene-ols,  
557 pentanol), hydrocarbons and ketones in the control LDpHC cheese to short chain fatty acids  
558 (butanoic, pentanoic, heptanoic and octanoic acid), ethyl esters of fatty acids, alcohols,  
559 ketones and aldehydes (benzene acetaldehyde, nonanal), in the LDpHGal<sup>+</sup> and LDpHGal<sup>-</sup>

560 cheeses; nevertheless, the latter cheeses varied with the short chain fatty acids being more  
561 closely aligned with the LDpHGal<sup>-</sup> cheese and aldehydes and ketones with the HDpHGal<sup>+</sup>  
562 cheeses. Unlike the trend observed in the HDpH cheeses, the effect of *Sc. thermophilus* on  
563 the sensory properties on the LDpH cheeses was dependent on its galactose metabolising  
564 ability. Based on their closeness on both PC1 and PC2, the LDpHGal<sup>+</sup> and LDpHC cheese  
565 were distinguished as a group and characterised as having a caramel odour, sweet taste and  
566 buttery flavour, with the intensity of these attributes being higher in the former than the latter.  
567 In contrast, the LDpHGal<sup>-</sup> had a pungent odour, with a bitter, throat burn, astringent farmyard  
568 flavour. Hence, despite the LDpHC and LDpHGal<sup>+</sup> cheeses belonging to the same PCA  
569 grouping for volatile compounds, they belonged to a different grouping for the corresponding  
570 descriptive sensory analyses. This confirms that sensory perception of cheese at any time is  
571 complex, being determined by volatile compounds, taste compounds, texture and their  
572 interaction (Szczesniak, 2002).

573

## 574 5. Conclusion

575

576 The use of *Sc. thermophilus* as an adjunct culture (to *Lc. lactis* subsp. *lactis*) affected  
577 the levels of residual lactose and galactose, the profile of volatile compounds and sensory  
578 properties of Cheddar cheese to an extent dependent on the drain pH and *Sc. thermophilus*  
579 phenotype (Gal<sup>+</sup> or Gal<sup>-</sup>). At high drainage pH (6.45), the use of both Gal<sup>-</sup> or Gal<sup>+</sup> strains of  
580 *Sc. thermophilus* gave Cheddar cheese that had a sweaty, rancid flavour, a rancid and sweaty  
581 odour, and acid taste at 270 d, compared with control cheese (without adjunct) that had a  
582 fruity, creamy flavour, and a fruity butter odour. Conversely, at low drain pH (6.15), the  
583 control cheese and cheese made using Gal<sup>+</sup> strain of *Sc. thermophilus* were closer in sensory  
584 properties (buttery flavour, caramel odour and sweet taste) than the cheese made using the

585 Gal<sup>-</sup> strain of *Sc. thermophilus*, which had a pungent and farmyard flavour, pungent odour,  
586 pungent throat and astringent sensations, and bitter taste. For both the control culture and  
587 adjunct-containing cultures, reducing the pH at whey drainage from 6.45 to 6.15 resulted in  
588 cheese that had lower levels of moisture and FAA, and was firmer. The results suggest that *Sc.*  
589 *thermophilus* as a starter culture adjunct may be used as a means of creating Cheddar cheese  
590 variants with distinctive flavour profiles; but when using Gal<sup>-</sup> variant *Sc. thermophilus*, the  
591 pH at whey drainage should be increased to avoid the accumulation of high levels of residual  
592 galactose during ripening.

593

594

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596

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600

601

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1 **Figure legends**

2

3 **Fig. 1.** Changes in the level of residual lactose (a and b), galactose (c and d) and total lactate  
4 (e and f) during ripening in low drain pH (broken line, open symbol) and high drain pH (solid  
5 line, closed symbol) Cheddar cheeses made with control starter culture (LDpHC,  $\Delta$ ;  
6 HDpHC,  $\blacktriangle$ ), control starter culture with galactose metabolising *Sc. thermophilus* culture  
7 adjunct (LDpHGal<sup>+</sup>,  $\circ$ ; HDpHGal<sup>+</sup>,  $\bullet$ ) or control starter culture with galactose non-  
8 metabolising *Sc. thermophilus* as culture adjunct (LDpHGal<sup>-</sup>,  $\square$ ; HDpHGal<sup>-</sup>,  $\blacksquare$ ). Values are  
9 the means of three replicate trials; error bars represent standard deviations of the mean.

10

11 **Fig. 2.** Changes in the counts of starter *Lactococcus* (a and b), *Sc. thermophilus* (c and d) and  
12 non-starter lactic acid bacteria (e and f) during ripening in low drain pH (broken line, open  
13 symbol) and high drain pH (solid line, closed symbol) Cheddar cheeses made with control  
14 starter culture (LDpHC,  $\Delta$ ; HDpHC,  $\blacktriangle$ ), control starter culture with galactose metabolising  
15 *Sc. thermophilus* culture adjunct (LDpHGal<sup>+</sup>,  $\circ$ ; HDpHGal<sup>+</sup>,  $\bullet$ ) or control starter culture  
16 with galactose non-metabolising *Sc. thermophilus* as culture adjunct (LDpHGal<sup>-</sup>,  $\square$ ;  
17 HDpHGal<sup>-</sup>,  $\blacksquare$ ). Values are the means of three replicate trials; error bars represent standard  
18 deviations of the mean.

19

20 **Fig. 3.** Changes in the concentrations of total free amino acids (FAA) during ripening in low  
21 drain pH (a, broken line, open symbol) and high drain pH (b, solid line, closed symbol)  
22 Cheddar cheeses made with control starter culture (LDpHC,  $\Delta$ ; HDpHC,  $\blacktriangle$ ), control starter  
23 culture with galactose metabolising *Sc. thermophilus* culture adjunct (LDpHGal<sup>+</sup>,  $\circ$ ;  
24 HDpHGal<sup>+</sup>,  $\bullet$ ) or control starter culture with galactose non-metabolising *Sc. thermophilus* as

25 culture adjunct (LDpHGal<sup>-</sup>, □; HDpHGal<sup>-</sup>, ■). Values are the means of three replicate trials;  
26 error bars represent standard deviations of the mean.

27

28 **Fig. 4.** PCA showing the first two principal components of volatile compounds in 270 day  
29 old low drain pH and high drain pH Cheddar cheeses made with control starter culture  
30 (LDpHC; HDpHC), control starter culture with galactose metabolising *Sc. thermophilus*  
31 culture adjunct (LDpHGal<sup>+</sup>; HDpHGal<sup>+</sup>) or control starter culture with galactose non-  
32 metabolising *Sc. thermophilus* as culture adjunct (LDpHGal<sup>-</sup>; HDpHGal<sup>-</sup>). Values are the  
33 means of three replicate trials.

34

35 **Fig. 5.** PCA showing the first two principal components of descriptive sensory odour and  
36 flavour attribute in 270 day-old low drain pH and high drain pH Cheddar cheeses made with  
37 control starter culture (LDpHC; HDpHC), control starter culture with galactose metabolising  
38 *Sc. thermophilus* culture adjunct (LDpHGal<sup>+</sup>; HDpHGal<sup>+</sup>) or control starter culture with  
39 galactose non-metabolising *Sc. thermophilus* as culture adjunct (LDpHGal<sup>-</sup>; HDpHGal<sup>-</sup>).  
40 Values are the means of three replicate trials.

41

42

**Table 1**

Effect of different starter culture and pH at whey drainage on the composition of 14 day old Cheddar cheeses and the times required for different stages of manufacture. <sup>a</sup>

Parameter	Low drain pH cheese			High drain pH cheese		
	LDpHC	LDpHGal <sup>+</sup>	LDpHGal <sup>-</sup>	HDpHC	HDpHGal <sup>+</sup>	HDpHGal <sup>-</sup>
<i>Cheese composition</i>						
Moisture (% w/w)	38.5 <sup>a,A</sup>	38.7 <sup>a,A</sup>	38.7 <sup>a,B</sup>	40.1 <sup>a,A</sup>	40.9 <sup>a,A</sup>	41.0 <sup>a,A</sup>
Fat (% w/w)	30.7 <sup>a,A</sup>	30.5 <sup>a,A</sup>	30.7 <sup>a,A</sup>	29.5 <sup>a,A</sup>	29.1 <sup>a,A</sup>	29.1 <sup>a,B</sup>
Protein (% w/w)	25.4 <sup>a,A</sup>	25.1 <sup>a,A</sup>	25.3 <sup>a,A</sup>	24.8 <sup>a,A</sup>	24.4 <sup>a,A</sup>	24.3 <sup>a,B</sup>
Salt (% w/w)	1.74 <sup>a,A</sup>	1.93 <sup>a,A</sup>	1.84 <sup>a,A</sup>	1.73 <sup>a,A</sup>	1.66 <sup>a,A</sup>	1.64 <sup>a,A</sup>
Ca (mg 100 g <sup>-1</sup> )	755 <sup>a,A</sup>	757 <sup>a,A</sup>	742 <sup>a,A</sup>	771 <sup>a,A</sup>	769 <sup>a,A</sup>	746 <sup>a,A</sup>
Calcium to protein (mg g <sup>-1</sup> )	29.7 <sup>a,A</sup>	30.2 <sup>a,A</sup>	29.3 <sup>a,A</sup>	31.1 <sup>a,A</sup>	31.5 <sup>a,A</sup>	30.7 <sup>a,A</sup>
P (mg 100 g <sup>-1</sup> )	486 <sup>a,A</sup>	480 <sup>a,A</sup>	476 <sup>a,A</sup>	487 <sup>a,A</sup>	471 <sup>a,A</sup>	472 <sup>a,A</sup>
S/M (% w/w)	4.54 <sup>a,A</sup>	5.01 <sup>a,A</sup>	4.74 <sup>a,A</sup>	4.30 <sup>a,A</sup>	4.08 <sup>a,A</sup>	3.99 <sup>a,A</sup>
MNFS (% w/w)	55.5 <sup>a,A</sup>	55.6 <sup>a,A</sup>	55.8 <sup>a,B</sup>	56.9 <sup>a,A</sup>	57.6 <sup>a,A</sup>	57.8 <sup>a,A</sup>
FDM (% w/w)	49.9 <sup>a,A</sup>	49.7 <sup>a,A</sup>	50.0 <sup>a,A</sup>	49.2 <sup>a,A</sup>	49.2 <sup>a,A</sup>	49.3 <sup>a,A</sup>
pH	5.25 <sup>a,A</sup>	5.34 <sup>a,A</sup>	5.29 <sup>a,A</sup>	5.25 <sup>a,A</sup>	5.24 <sup>a,A</sup>	5.19 <sup>a,B</sup>
<i>Time for different stages of cheese manufacture (min)</i>						
Curd residence time	133 <sup>a,A</sup>	104 <sup>b,A</sup>	122 <sup>ab,A</sup>	54 <sup>a,B</sup>	54 <sup>a,B</sup>	53 <sup>a,B</sup>
Cheddaring time	71 <sup>a,B</sup>	75 <sup>a,A</sup>	87 <sup>a,B</sup>	150 <sup>a,A</sup>	124 <sup>b,A</sup>	151 <sup>a,A</sup>
Total make time	281 <sup>a,A</sup>	252 <sup>a,A</sup>	279 <sup>a,A</sup>	280 <sup>a,A</sup>	253 <sup>b,A</sup>	284 <sup>a,A</sup>

<sup>a</sup> Cheeses were low drain pH (LDpH) or high drain pH (HDpH) cheeses made with control culture (LDpHC, HDpHC), galactose-metabolising *Sc. thermophilus* culture (LDpHGal<sup>+</sup>, HDpHGal<sup>+</sup>), or galactose-metabolising *Sc. thermophilus* culture (LDpHGal<sup>-</sup>, HDpHGal<sup>-</sup>). Values within a row relating to LDpH cheeses (LDpHC, LDpHGal<sup>+</sup>, LDpHGal<sup>-</sup>) or HDpH cheeses (HDpHC, HDpHGal<sup>+</sup>, HDpHGal<sup>-</sup>) and not sharing a common lower-case superscript differ significantly ( $P < 0.05$ ) for effect of starter culture; values within a row relating to cheeses made with control culture (LDpHC, HDpHC), galactose-metabolising *Sc. thermophilus* culture (LDpHGal<sup>+</sup>, HDpHGal<sup>+</sup>) or galactose-non-metabolising *Sc. thermophilus* culture (LDpHGal<sup>-</sup>, HDpHGal<sup>-</sup>), and not sharing a common upper-case superscript letter differ significantly ( $P < 0.05$ ) for effect of drain pH. Abbreviations are: S/M, salt in moisture; MNFS, moisture in non-fat substances; FDM, fat in dry matter.

**Table 2**

Statistical significances (*P* values) for effects of starter culture and ripening time on concentrations of lactose, galactose, total lactate and pH in Cheddar cheeses made using low- or high-drain pH. <sup>a</sup>

Factor	Lactose		Galactose		Lactose + galactose		Total lactate		pH	
	df	<i>P</i>	df	<i>P</i>	df	<i>P</i>	df	<i>P</i>	df	<i>P</i>
Low drain pH cheese										
Main plot										
Starter system	2	0.005	2	0.158	2	0.869	2	0.227	2	0.583
Sub-plot										
Ripening time	5	<0.001	5	<0.001	5	<0.001	5	<0.001	5	0.250
Interaction (starter system × ripening time)	10	0.0002	10	0.110	10	0.210	10	0.696	10	0.475
High drain pH cheese										
Main plot										
Starter system	2	0.073	2	0.036	2	0.394	2	0.371	2	0.207
Sub-plot										
Ripening time	5	<0.001	5	<0.001	5	<0.001	5	<0.001	5	0.554
Interaction (starter system × ripening time)	10	0.004	10	0.048	10	0.136	10	0.206	10	0.820

<sup>a</sup> Cheeses were made with different starter cultures (C, Gal<sup>+</sup> or Gal<sup>-</sup>, as described in Materials and methods) at low or high drain pH. Analysis of variance was carried out using the general linear model (GLM) procedure of SAS, where the effects of treatment, ripening time and their interaction were estimated; there were '2' degrees of freedom (df) for starter system and '5' for ripening time.

**Table 3**

Statistical significances (*P* values) for effects of starter culture and ripening time on counts of *Lactococcus*, *Sc. thermophilus* and non-starter lactic acid bacteria (NSLAB) in Cheddar cheeses made using low or high drain pH. <sup>a</sup>

Factor	<i>Lactococcus</i>		<i>Sc. thermophilus</i>		NSLAB	
	df	<i>P</i>	df	<i>P</i>	df	<i>P</i>
Low drain pH cheese						
Main plot						
Starter system	2	0.883	2	0.028	2	0.002
Sub-plot						
Ripening time	5	<0.001	5	<0.001	5	<0.001
Interaction (starter system × ripening time)	10	0.759	10	<0.001	10	0.337
High drain pH cheese						
Main plot						
Starter system	2	0.120	2	<0.001	2	0.284
Sub-plot						
Ripening time	5	<0.001	5	<0.001	5	<0.001
Interaction (starter system × ripening time)	10	0.337	10	<0.001	10	0.145

<sup>a</sup> Cheeses were made with different starter cultures (C, Gal<sup>+</sup> or Gal<sup>-</sup>, as described in Materials and methods) at high or low drain pH. Analysis of variance was carried using the general linear model (GLM) procedure of SAS, where the effects of treatment, ripening time and their interaction were estimated; there were '2' degrees of freedom (df) for starter system and '5' for ripening time.

**Table 4**

Statistical significances (*P* values) for effects of starter culture and ripening time on levels of pH 4.6-soluble N (pH4.6-SN) and free amino acids (FAAs) in Cheddar cheeses made using low or high drain pH.<sup>a</sup>

Factor	pH4.6-SN		FAAs	
	df	<i>P</i>	df	<i>P</i>
Low drain pH cheese				
Main plot				
Starter system	2	0.883	2	0.499
Sub-plot				
Ripening time	4	<0.001	4	<0.001
Interaction (starter system × ripening time)	8	0.96	8	0.754
High drain pH cheese				
Main plot				
Starter system	2	<0.001	2	0.081
Sub-plot				
Ripening time	4	<0.001	4	<0.001
Interaction (starter system × ripening time)	8	0.978	8	0.122

<sup>a</sup> Cheeses were made with different starter cultures (C, Gal<sup>+</sup> or Gal<sup>-</sup>, as described in Materials and methods) at high or low drain pH. Analysis of variance was carried using the general linear model (GLM) procedure of SAS, where the effects of treatment, ripening time and their interaction were estimated; there were '2' for degrees of freedom (df) for starter system and '5' for ripening time.

**Table 5**

Statistical significances (*P* values) for effects of starter culture and ripening time on the firmness, facture stress and fracture strain of Cheddar cheese made using low or high drain pH.<sup>a</sup>

Factor	Firmness		Facture stress		Fracture strain	
	df	<i>P</i>	df	<i>P</i>	df	<i>P</i>
Low drain pH cheese						
Main plot						
Starter system	2	0.240	2	0.346	2	0.340
Sub-plot						
Ripening time	4	<0.001	4	<0.001	4	<0.001
Interaction (starter system × ripening time)	8	0.949	8	0.453	8	0.294
High drain pH cheese						
Main plot						
Starter system	2	0.066	2	0.163	2	0.773
Sub-plot						
Ripening time	4	<0.001	4	<0.001	4	<0.001
Interaction (starter system × ripening time)	8	0.923	8	0.483	8	0.949

<sup>a</sup> Cheeses were made with different starter cultures (C, Gal<sup>+</sup> or Gal<sup>-</sup>, as described in Materials and Methods) at high or low drain pH. Analysis of variance was carried using the general linear model (GLM) procedure of SAS, where the effects of treatment, ripening time and their interaction were estimated; there were '2' for degrees of freedom (df) for starter system and '5' for ripening time.



Figure 1

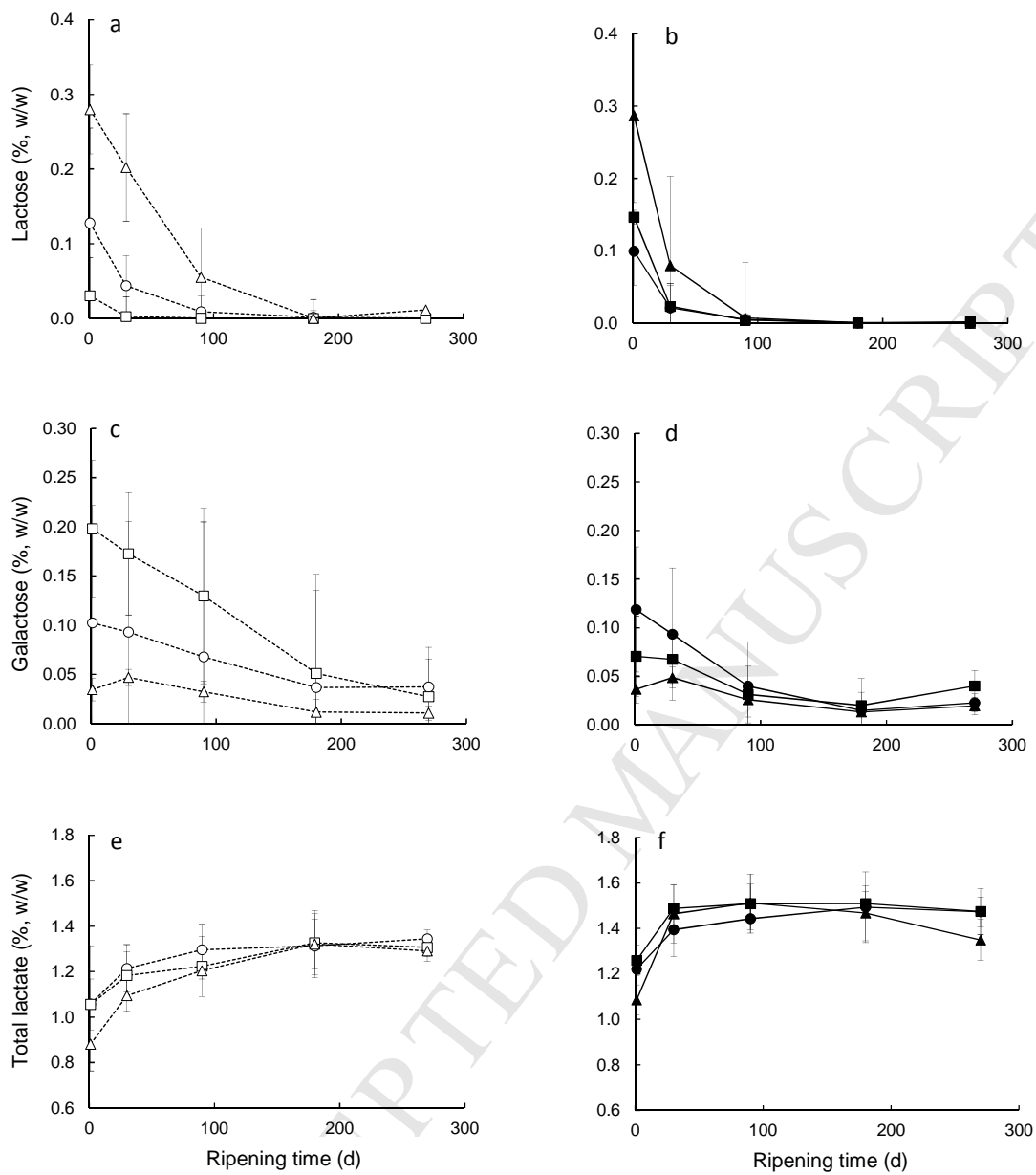


Figure 2.

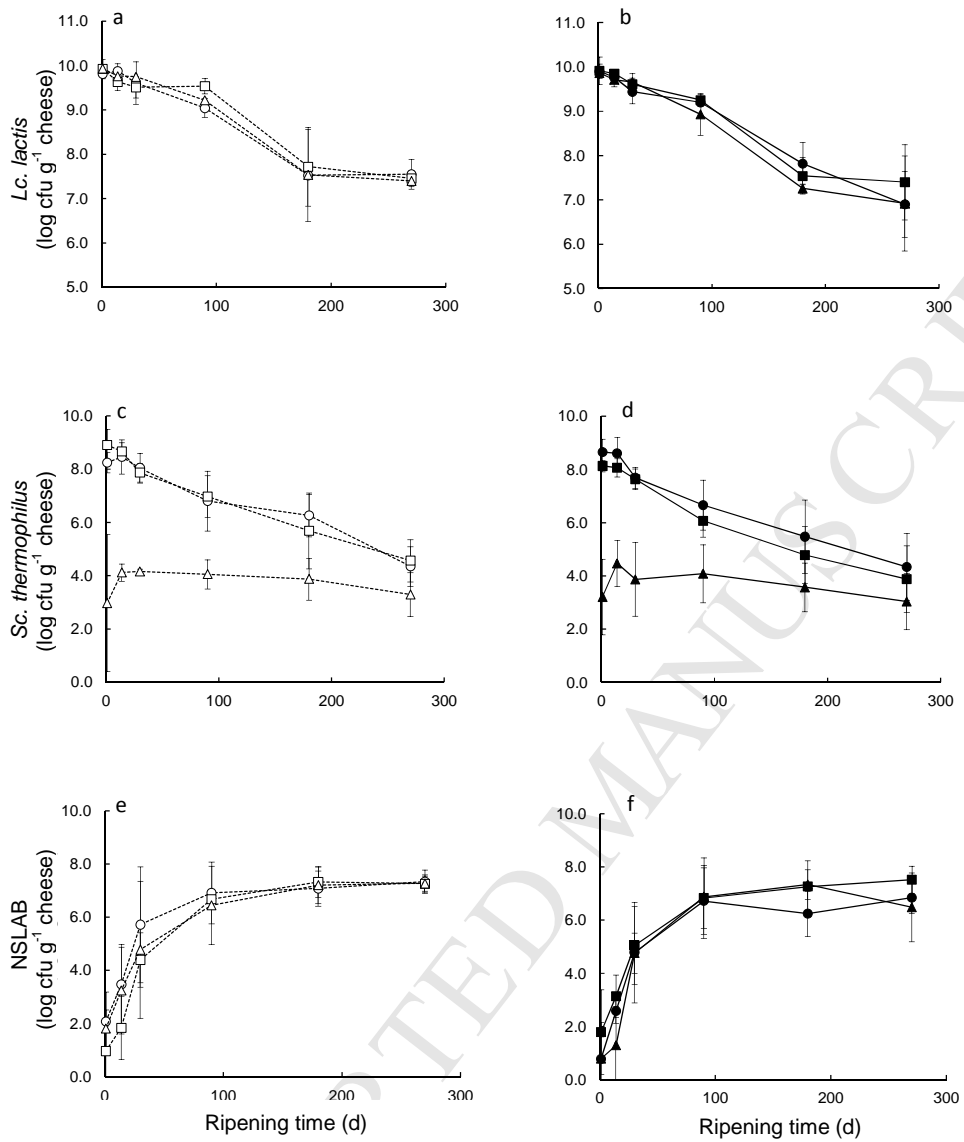


Figure 3.

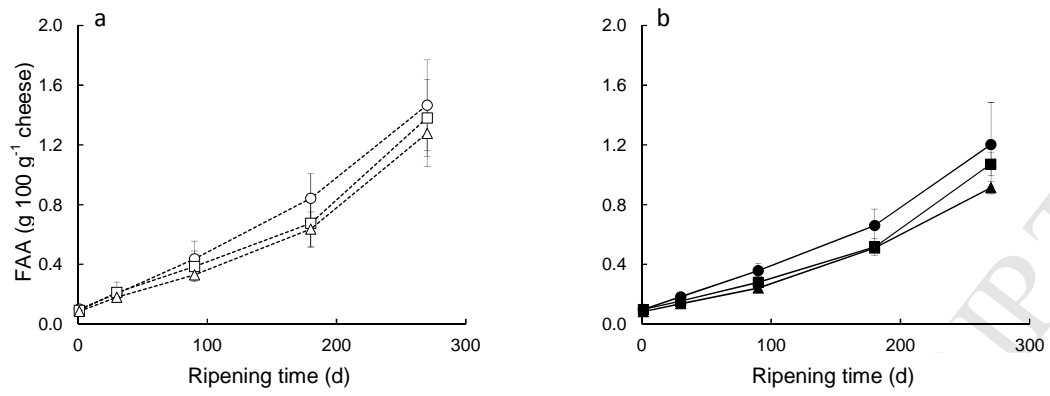


Figure 4.

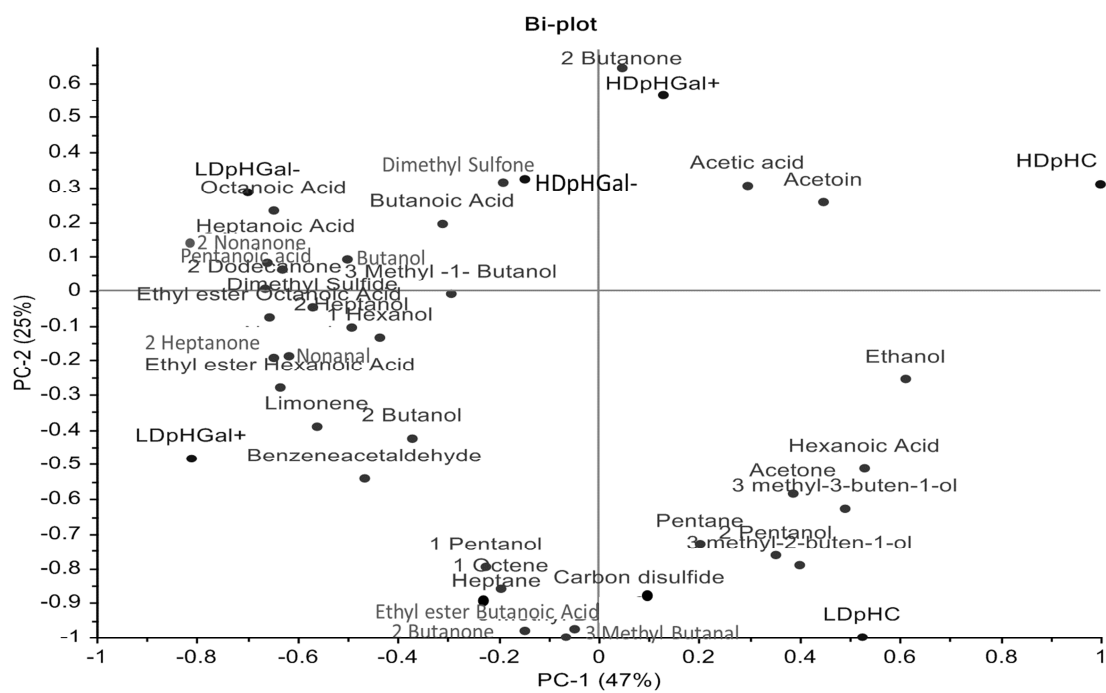


Figure 5.

