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- Effect of cracks on biscuit strength **was** explored.
- Failure by overstressing **was** compared to failure by crack propagation.
- Tensile strength and fracture toughness were measured experimentally.
- Experimental results were confirmed by theoretical analysis.

ACCEPTED MANUSCRIPT

# Analysis of the Failure of Cracked Biscuits

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## ABSTRACT

Cracks or checks in biscuits weaken the material and cause the product to break at low load levels that are perceived as injurious to product quality. In this work, the structural response of circular digestive biscuits, with diameter 72 mm and thickness 7.2 mm, simply supported around the circumference and loaded by a central concentrated force was investigated by experiment and theory. Tests were conducted to quantify the distribution in breakage strength for structurally sound biscuits, biscuits with natural checks and biscuits with a single known part-through crack. For sound biscuits the breakage force is Normally distributed with a mean of 12.5 N and standard deviation of 1.2 N. For biscuits with checks, the corresponding statistics are  $9.6 \text{ N} \pm 2.62 \text{ N}$  respectively. The presence of a crack weakens the biscuit and strength, as measured by breakage force falls almost linearly with crack length and crack depth. The orientation of the crack, whether radial or tangential, and its location (i.e. position of the crack mid-point on the biscuit surface) are also important. Deep, radial, cracks located close to the biscuit centre can reduce the strength by up to 50 %. Two separate failure criteria were examined for sound and cracked biscuits respectively. The results from these tests were in good accord with theory. For a biscuit without defects, breakage occurred when maximum biscuit stress reached or exceeded the failure stress of 420 kPa. **For a biscuit with cracks, breakage occurred as above or alternatively when its critical stress intensity factor of  $18 \text{ kPam}^{0.5}$  was reached.**

Keywords: Biscuits, Fracture, Cracks, Stress Intensity Factor

34

35

## NOTATION

36	a	Crack half length	m
37	b	Biscuit sample width	m
38	$g_1$	Crack depth to biscuit thickness parameter	-
39	$g_2$	Crack length to biscuit thickness parameter	-
40	$K_I$	Stress intensity factor	kPa m <sup>0.5</sup>
41	$K_{IC}$	Critical stress intensity factor	kPa m <sup>0.5</sup>
42	L	Support span length	m
43	P	Applied force	N
44	R	Biscuit radius	m
45	r	Radial distance	m
46	$r_c$	Crack radial location (mid-point)	m
47	$r_0$	Radius of applied load	m
48	$r_0'$	Equivalent loading radius	m
49	t	Biscuit thickness	m
50	w	Crack depth	m
51	x	Linear distance	m
52			
53			
54	$\alpha$	Crack angular orientation	rad
55	$\sigma$	Stress	kPa
56	$\nu$	Poisson's ratio	-
57	$\theta$	Angle	rad

58

59

60

## 1. INTRODUCTION

61 Biscuits are one of the most consumed snack-type products across the world by all levels of  
 62 society (Okpala and Okoli, 2013). Their popularity is mainly due to their sweet taste, ready-  
 63 to-eat nature, affordable cost, nutritional value and long shelf life (Sudha et al., 2007; Vujic et  
 64 al., 2014). One of the most important quality features of biscuits is texture (Mamat and Hill,  
 65 2012). Texture depends on many factors including the structure of the biscuit and methods of  
 66 manufacturing and handling during the process. Texture is the mechanical strength of the

67 biscuit quantified by the load required to produce failure by fracture. From a physical basis,  
68 this load can be taken as equivalent to the critical stress level at which an existing flaw  
69 propagates through the material and leads to breakage of the biscuit (Kim et al., 2012). Hence  
70 the fracture properties of the biscuit must be understood. Fracture properties relate the  
71 loading on a biscuit to its structural response and particularly to the propagation of cracks  
72 leading to failure. For biscuits this is also related to the phenomenon of checking.

73

74 For almost a century, biscuit manufacturers have sought to avoid ‘checking’ This can be  
75 defined as the appearance of small hairline cracks in biscuits after baking that affects fragility  
76 and product degradation (hence checks are naturally occurring cracks resulting from the  
77 baking process). This phenomenon of crack formation can occur during the industrial cooling  
78 of the biscuits as a consequence of the stresses generated by dimensional changes associated  
79 with equilibration of moisture due to moisture gradients within the freshly baked biscuit  
80 (Manley, 2000). These cracks extend from the centre towards the periphery, making the whole  
81 structure weak and giving the possibility for the biscuit to break spontaneously (Dunn &  
82 Bailey 1928). The drying process in the last zones of the baking oven inevitably causes the  
83 central and thicker parts of the biscuit to have slightly more moisture than the outer zones.  
84 During subsequent cooling and storage, moisture diffuses from regions of high moisture  
85 content (centre) to areas with less moisture (edges), which also take up moisture from the  
86 surrounding environment. This moisture migration leads to expansion towards the edge of the  
87 biscuit and contraction at the centre, causing stresses to build up in the biscuit. Depending on  
88 the physical properties of the biscuit structure as it cools, cracks may develop when these  
89 stresses exceed a critical value Manley, (1983).

90

91 In addition to the possible presence of checks or cracks, it should be understood that baked  
92 biscuits contain a very large number of pores ranging in size from 10  $\mu\text{m}$  up to 300  $\mu\text{m}$ ,  
93 (Pareyt et al., 2009). The pores are formed as a result of water vapour production and  
94 expansion during the baking process. Morphology of these pores can vary from rounded to  
95 very angular. Long narrow, notched pores can act as sites of stress concentration and hence as  
96 crack initiation points while large rounded pores in the structure offer the possibility of  
97 arresting the propagation of cracks. Thus the microstructure of the biscuit has an effect on its  
98 physical and sensory properties (Frisullo et al., 2010). The value and functionality of most of  
99 the brittle food products rely on their cellular foam structure that is strongly linked to texture  
100 (Lim and Barigou, 2004). The complex non-uniformity in the internal structure of the biscuit

101 means the process of crack propagation in such materials, compared to homogenous ones,  
102 possesses additional features due to their randomness. **The random distribution of pores in**  
103 **location, size and shape makes the fracture of porous materials difficult to predict.**  
104 Contradictory results are often reported in the fracture of porous materials; strengthening and  
105 weakening. **No simple relationship is possible as the fracture performance depends on the**  
106 **distribution in pore size, shape and location** (Legullion & Piat, 2007). These two effects of  
107 non-uniformity of the internal porous structure and randomness associated with the potential  
108 presence of checks causes the well-known scatter in strength and fracture parameters.

109

110 Superimposed on the phenomenon of fracture is the fact that the presence of pores also  
111 influences the effective elastic constants and a random redistribution in the nominal stress,  
112 (Ramakrishnan & Arunachalam, 1990). **Thus** many researchers who have examined brittle,  
113 porous foods have considered them to act as a homogeneous, elastic solid using nominal  
114 values for the mechanical properties of the homogenised sections (Rojo & Vincent, 2008).  
115 The other approach involves very detailed morphological structural modelling with finite  
116 element analysis (Guessasma et al., 2011). **Most previous work reported in the literature has**  
117 **involved the measurement of the strength and fracture properties of biscuits using the**  
118 **standard three point bending tests,** (Saleem, 2005). The aim of this work was to examine the  
119 dispersion in breakage force and breakage pattern for uncracked and cracked biscuits in an  
120 axisymmetric bending load test. **In addition, the effect of crack geometry on breakage force**  
121 **was explored and experimental tests used to identify an appropriate theoretical model of**  
122 **biscuit failure.**

123

124

## 2. THEORY

### 2.1 Biscuit Loading

126 **Each biscuit was loaded by applying a point force at its centre while its circumference rested**  
127 **on a smooth circular ring as illustrated in figure 1.** This method is not representative of the  
128 actual loading of biscuits during manufacture, storage and transportation; however it provided  
129 a rational basis to quantify the bending strength of circular biscuits. Based on this  
130 arrangement, each biscuit was considered a thin, flat circular plate, simply supported around  
131 its perimeter and loaded by a concentrated force,  $P$  applied at its centre. The lower surface of  
132 the biscuit is in a state of tension due to the induced two-dimensional bending response of the

133 biscuit with two orthogonal, normal, tensile stresses in the radial and circumferential  
 134 directions respectively. **These can be predicted as follows** (Benham et al., 1996):

135

$$136 \quad \sigma_r = \frac{3P(1+\nu)}{2\pi t^2} \ln\left(\frac{R}{r}\right) \quad \sigma_\theta = \frac{3P(1+\nu)}{2\pi t^2} \left[ \ln\left(\frac{R}{r}\right) + \frac{1-\nu}{1+\nu} \right] \quad \text{for } r \neq 0 \quad (1)$$

137

138 The circumferential (tangential) stress acts in the perpendicular direction to any radial line  
 139 while the radial stress is perpendicular to a circumferential curve. **Both stresses decrease**  
 140 **rapidly with radial distance and are considerably lower at the edge than at the centre of the**  
 141 **biscuit. The circumferential stress is always the larger of the two and the fractional difference**  
 142 **between  $\sigma_\theta$  and  $\sigma_r$  increases when moving from the centre of the biscuit to the perimeter. The**  
 143 **predictions for stress in equation 1 exhibits a discontinuity at the origin ( $r = 0$ ) and tend to**  
 144 **infinite magnitudes at that position.** This arises because the load is considered to act at a point  
 145 whereas in reality the load is applied over a small central area of radius,  $r_0$ . **It has been shown**  
 146 **that the maximum stresses in the plate (at either surface) are limited to the following levels**  
 147 **(Young, 2001)**

148

$$149 \quad \sigma_r = \frac{3P(1+\nu)}{2\pi t^2} \ln\left(\frac{R}{r'_0}\right) \quad \sigma_\theta = \frac{3P(1+\nu)}{2\pi t^2} \left[ \ln\left(\frac{R}{r'_0}\right) + \frac{1}{1+\nu} \right] \quad (2)$$

150

151 where  $r'_0$  is the equivalent loading radius defined as

152

$$153 \quad r'_0 = \sqrt{1.6r_0^2 + t^2} - 0.675t \quad (3)$$

154

155 **Hence in the central region of the biscuit ( $0 < r < r'_0$ ), if the predicted values of  $\sigma_\theta$  and  $\sigma_r$**   
 156 **from equation 1 are in excess of those estimated using equation 2, they are replaced by the**  
 157 **latter values. Figure 2 illustrates the variation of tangential and radial stress with radial**  
 158 **distance from the biscuit centre to the edge using data representative for the study.**

159

160 **The stress equations require knowledge of the Poisson's Ratio for these biscuits. Kim et al.,**  
 161 **(2012), suggested a value of 0.2 as appropriate for this material. This is an estimate but a**  
 162 **sensitivity analysis revealed that the level of uncertainty in the correct magnitude of**  
 163 **Poisson's Ratio does not meaningfully affect the predictions of stress; the fractional variation**



164 in resultant stress is considerably lower (more than 50 %) than the fractional uncertainty in  
 165 Poisson's Ratio. It should also be noted that material behaviour was considered to be  
 166 isotropic and so only a single value for the Poisson's Ratio was needed.

167

## 168 2.2 Maximum Tensile Perpendicular Stress

169 For the subsequent fracture mechanics analysis, the maximum tensile stress acting  
 170 perpendicular to any line segment,  $\sigma_{\perp}$  of length  $2a$  on the biscuit lower surface must be  
 171 estimated. For a line (crack) acting in the radial direction, this stress will be the tangential  
 172 stress at the point in the crack closest to the biscuit centre, as illustrated in figure 3a. If the  
 173 line passes through the centre,  $\sigma_{\perp}$  will coincide with the limiting stress of equation 2. For a  
 174 line acting in the tangential direction, the situation is more complex. At the mid-point of the  
 175 line, the perpendicular stress is the radial stress at that location. At any other point along the  
 176 line, the perpendicular stress is a function of both the radial and tangential stress at the  
 177 location in question. At any distance,  $x$ , ( $x < r_c$ ) along the line that subtends an angle  $\theta$  as  
 178 shown in figure 3b, the tensile perpendicular stress will be (Benham et al., 1996):

179

$$180 \quad \sigma_{\perp} = \sigma_{\theta} \frac{1 + \cos 2\theta}{2} + \sigma_r \frac{1 - \cos 2\theta}{2} \quad (4)$$

181

$$182 \quad \text{Using the trigonometric relationships} \quad r = \sqrt{r_c^2 + x^2} \quad \tan \theta = \frac{r_c}{x} \quad (5)$$

183

184 The perpendicular stress along the line can be expressed as

185

$$186 \quad \sigma_{\perp} = \frac{3P(1+\nu)}{2\pi t^2} \left\{ \ln R + \frac{1-\nu}{1+\nu} \frac{x^2}{r_c^2 + x^2} - \ln(r_c^2 + x^2)^{\frac{1}{2}} \right\} \quad 0 \leq x \leq a \quad (6)$$

187

188 Equation 6 gives the tensile perpendicular stress at any point along a tangential line at a  
 189 distance,  $x$  from the midpoint of the crack. Figure 3c illustrates how  $\sigma_{\perp}$  varies with distance  
 190 along the line. The perpendicular stress rises from a value equal to the radial stress at the  
 191 midpoint, reaches a maximum value at some distance along the line and then falls off. For a  
 192 line segment defined by an angle other than  $0$  (radial line) and  $90^\circ$  (tangential line), the

193 perpendicular stress has a more complicated relationship with distance along the line and was  
194 evaluated numerically in this paper.

195

### 196 2.3 Biscuit Failure Criteria

197 To predict failure, the stress state in the biscuit must be combined with a valid failure  
198 criterion. A biscuit is linearly elastic and breaks suddenly with minimal plastic deformation  
199 indicating that it can be considered as a brittle material once its temperature is below the glass  
200 transition temperature for the product. For the digestive-type biscuits of this study, the glass  
201 transition temperature,  $T_g$  is well above room temperature ( $T_g = 62.8^\circ\text{C}$ ) (Kawai et al., 2014).

202 The following cases were considered; 1] the biscuit contained no cracks or defects and 2]  
203 cracks were present.

204

205 For the former, the appropriate failure theory is the maximum principal stress theory and for  
206 the loading situation described above, this corresponds to the maximum circumferential stress  
207 at the centre of the biscuit (predicted by equation 2) exceeding the tensile strength of the  
208 biscuit at failure,  $\sigma_f$  (Haghighi and Segerling, 1988).

209

$$210 \quad \sigma_{\max} \geq \sigma_f \quad \Rightarrow \quad \text{failure} \quad (7)$$

211 In other words the biscuit is predicted to fail when the applied load,  $P$  is sufficient to ensure  
212 the tangential stress,  $\sigma_\theta$  at the biscuit centre reaches a maximum value that equals the  
213 material strength of the biscuit,  $\sigma_f$ .

214

215 If the biscuit contained cracks, each crack was considered to have the geometry of a straight,  
216 part-through crack (crack depth being limited to less than half biscuit thickness) of finite  
217 length (crack half-length being limited to less than biscuit radius). A crack is defined by the  
218 following four geometric properties; length  $2a$ , depth  $w$ , radial distance from biscuit centre  
219 to the midpoint of the crack,  $r_c$  and angle subtended at the mid-point between a radial line  
220 and the crack line. The geometry is illustrated in figure 4. A crack or check will propagate if a  
221 sufficiently large in-plane tensile stress is applied normal to the crack plane (assuming mode  
222 I fracture i.e. the crack opening mode by tension). Specifically if the stress intensity factor,  
223  $K_I$  exceeds the critical stress intensity factor,  $K_{IC}$  for the crack, then failure by fracture is  
224 predicted, (Van Vliet, 2014).

225

$$226 \quad K_I \geq K_{IC} \quad \Rightarrow \quad failure \quad (8)$$

227

228 For this paper, the stress intensity factor proposed by Rice & Levy (1972) for a part-through  
 229 surface crack of finite length in an elastic plate under a bending load was selected as the  
 230 closest analysis to our case.  $K_I$  is shown to be a function of plate (biscuit) thickness, the  
 231 magnitude of the perpendicular stress, the ratio of crack depth to plate (biscuit) thickness and  
 232 the ratio of crack length to plate thickness:

233

$$234 \quad K_I = g_1 g_2 \sigma_{\perp} \sqrt{t} \quad (9)$$

235

236 For the analysis it is assumed that the presence of a crack does not significantly change the  
 237 overall stress distribution and only the local distribution in the crack region. Moreover as  
 238 biscuit thickness to biscuit diameter ratio is equal to 0.1, the biscuit is treated as a thin  
 239 cylinder subject to plane stress. The approximations made in discounting the 3D nature of  
 240 stress in the structure were discussed more fully by Rice & Levy (1972) and by Yang &  
 241 Shiva (2011). The dimensionless factors  $g_1$  and  $g_2$  are derived from the semi-analytical  
 242 analysis presented in the work of Rice & Levy (1972). Specifically  $g_1$  is solely a function of  
 243 the ratio of crack depth to plate thickness while  $g_2$  is additionally a function of crack length to  
 244 plate thickness ratio. The following modified 4<sup>th</sup> order polynomial was used to express the  $g_1$   
 245 parameter in terms of relative crack depth

246

$$247 \quad g_1 = \sqrt{\frac{w}{t}} \left( 1.99 - 2.47 \frac{w}{t} + 12.97 \left( \frac{w}{t} \right)^2 - 23.17 \left( \frac{w}{t} \right)^3 + 24.80 \left( \frac{w}{t} \right)^4 \right) \quad (10)$$

248

249 while the  $g_2$  parameter can be represented by a fitted empirical equation (for the range of data  
 250 of interest to this paper) extracted from Rice & Levy (1972) of the form

251

$$252 \quad g_2 = c_1 \ln(2a/t) + c_2 \quad (11)$$

253

254 where the constants  $c_1$  and  $c_2$  depend on the relative crack depth ( $w/t$ ). Table 1 gives the  
 255 magnitudes of these constants for a number of relative crack depth ratios. The  $g_1$  parameter

256 increases monotonically from 0 to close to 1.5 as the ratio of crack depth to biscuit thickness  
 257 increases from 0 (very shallow crack) to 0.5 (deep crack) quantifying the influence of crack  
 258 depth on the stress intensity factor. For shallow cracks, the  $g_2$  parameter and hence stress  
 259 intensity factor is relatively insensitive to crack length but for deeper cracks, the stress  
 260 intensity factor will increase significantly with crack length. Overall, the longer and deeper  
 261 the crack, the larger is the stress intensity factor and the greater the likelihood of biscuit  
 262 breakage.

263

264

#### 265 2.4 Determination of Critical Crack Size

266 The presence of cracks weakens the biscuit by reducing the required breakage force. Critical  
 267 crack size is the crack dimension at which the biscuit will fail by fracture rather than  
 268 overloading. The seriousness of a crack depends on its size (depth and length) and its radial  
 269 location and angular orientation on the biscuit surface. Qualitatively from the stress intensity  
 270 factor approach, the deeper the crack, the longer the crack, the more central the crack and the  
 271 more radial in inclination, the lower is the required breakage force. Also while all these  
 272 factors affect biscuit integrity, crack depth is more influential than crack length in  
 273 determining the response and crack radial location is more significant than crack orientation.  
 274 However because of the complexity of the stress intensity factor model and the non-  
 275 uniformity of the stress distribution in the biscuit, it is not possible to produce a simple  
 276 analytical formula for critical size for a general crack.

277

278 For the restricted case of a very shallow crack that is long relative to biscuit thickness, an  
 279 analytical approach can be conducted. In this situation, for the selected SIF (Stress Intensity  
 280 Factor) of equation 9, the  $g_1$  parameter is approximately equal to  $2\sqrt{\frac{w}{t}}$  while the  $g_2$  parameter  
 281 has a value of almost 1. Hence the SIF is solely dependent on crack depth,  $w$  and is given as

282

$$283 K_I = 2\sigma_{\perp}\sqrt{w} \quad (12)$$

284

285 Also if this crack passes through the central region of the biscuit, where both the tangential  
 286 and radial stress are limited and furthermore in this region the perpendicular stress is almost  
 287 equal to the average of the radial and tangential stresses and can be approximated as

288

$$\sigma_{\perp} = \frac{3P(1+\nu)}{2\pi t^2} \left[ \ln\left(\frac{R}{r_0}\right) + \frac{1}{2(1+\nu)} \right] \quad (13)$$

290

291 Thus the criterion for biscuit failure by fracture will be

292

$$\frac{3P(1+\nu)}{2\pi t^2} \left[ \ln\left(\frac{R}{r_0}\right) + \frac{1}{2(1+\nu)} \right] 2\sqrt{w} = K_{IC} \quad (14)$$

294

295 While the criterion for failure by overloading is when the maximum stress (equal to the  
296 limited tangential stress) equals the failure stress

297

$$\frac{3P(1+\nu)}{2\pi t^2} \left[ \ln\left(\frac{R}{r_0}\right) + \frac{1}{1+\nu} \right] = \sigma_f \quad (15)$$

299

300 By combining equations 14 and 15, it was possible to estimate the necessary crack depth that  
301 will cause failure by fracture rather than overloading to occur

$$w \geq \frac{\left[ \ln\left(\frac{R}{r_0}\right) + \frac{1}{(1+\nu)} \right] K_{IC}}{\left[ \ln\left(\frac{R}{r_0}\right) + \frac{1}{2(1+\nu)} \right] 2\sigma_f} \quad (16)$$

303

304 Thus when the magnitude of crack depth exceeds the value predicted by the expression in  
305 equation 16, failure by fracture is predicted to occur. This formula is applicable to a long,  
306 shallow crack that passes through the central zone (where the load is applied) of any angular  
307 orientation.

308

309

310

### 3. MATERIALS & METHODS

#### 3.1 Materials

312 The biscuits used in this study were obtained from a commercial manufacturer (own brand  
313 supermarket variety) and were of the digestive type. Typical composition was 22.3 % fat,  
314 18.8 % sugars, 3.5 % fibre, 6.7 % protein and 1 % salt. The average moisture content was

315 measured by the oven dry test and found to be  $1.55 \pm 0.19$  % wet basis. The average porosity  
316 was measured using the Kawas and Moreira (2001) approach of using values of the bulk  
317 density and the solid density of the biscuit. Bulk density was obtained using a modified  
318 Archimedeian method replacing the displacement of a fluid for the displacement of 1 mm  
319 solid-glass spheres (Consolmagno and Britt, 1998); solid density was measured by placing a  
320 fragment of the biscuit in a compressed helium gas multivolume pycnometer (Micromeritics,  
321 Model 1305, USA). These tests were performed in five replicates. Each biscuit tested had its  
322 diameter and thickness recorded in which the average of three readings were taken with a  
323 Vernier digital caliper (Mitutoyo, model 500-151-30, Japan).

324

325 The biscuits were divided into three classes. **The first included all biscuits containing no**  
326 **visible checks these being most of the biscuits. The second class consisted of those biscuits**  
327 **that had visible checking.** The checks were all superficial i.e. very shallow on the surface of  
328 the biscuit. There were many checks (ten or more) on each biscuit. Each path was random in  
329 orientation and jagged as opposed to straight. These checks were present on all locations of  
330 the biscuit surface i.e. close to the edge and near the centre. **Typical lengths ranged from 10**  
331 **mm to 30 mm.** Finally tests were conducted on biscuits that had pre-defined cracks placed in  
332 them to explore the effect of cracks on biscuit structural response. The cracks were made with  
333 a thin blade having a thickness of 2 mm. Most of the cracks were either radial or tangential in  
334 orientation though a small number of tests were done with other crack angles. In total, 18  
335 different crack types (labelled A to R) were investigated with 15 replicates used for each  
336 type. Table 2 lists the geometrical parameters (orientation, length, mid-point location and  
337 depth) for each crack type. **Additionally the geometries of each crack type are graphically**  
338 **displayed in figure 5 where the length and orientation of the crack and the distance from its**  
339 **midpoint to the biscuit centre (when non-zero) are indicated by the arrowed line.**

340

### 341 3.2 Three Point Bending Tests

342 **The standard three point bending tests was first carried out to obtain values for the material**  
343 **properties of failure stress,  $\sigma_f$  and the critical stress intensity factor,  $K_{IC}$ .** Prismatic specimens  
344 were cut from the biscuits with rectangular sides of 60 mm by 20 mm and 7.2 mm thick.  
345 These were supported on parallel bars, 40 mm apart and loaded by a third bar (line load)  
346 equi-distant between the two support bars. The tests were performed on a Texture Analyser  
347 (TA.HDplus, Stable Micro Systems, UK). In total, 20 samples were tested. Force versus

348 deflection was recorded until the biscuit specimens broke. The failure stress can be quantified  
 349 from

350

$$351 \quad \sigma_f = \frac{3PL}{2bt^2} \quad (17)$$

352

353 where P is the measured load at failure, b is the cross section dimension of the beam (20  
 354 mm), t the beam depth (7.2 mm) and L the bar spacing or beam span (40 mm).

355

356 **Experiments were also conducted with these specimens to estimate the fracture toughness.** A  
 357 total of five samples were used. The sample was re-orientated so that equivalent beam depth,  
 358 t was 20 mm and beam cross section dimension, b 7.2 mm. A notch of 10mm depth and  
 359 running through the thickness of the sample was made at the bottom face. A line load was  
 360 applied at its centre of the span and for this work the supports spacings, L were 45 mm apart.

361 **Fracture toughness or critical stress intensity factor,  $K_{IC}$  was quantified in accordance**  
 362 **(ASTM, 2008)**

363

$$364 \quad K_{IC} = \frac{PL}{bt^2} f\left(\frac{w}{t}\right) \quad (18)$$

365

$$366 \quad \text{with } f\left(\frac{w}{t}\right) = \left[ 1.9 - \frac{w}{t} \left( 1 - \frac{w}{t} \right) \left( 2.15 - 3.93 \frac{w}{t} + 2.7 \left( \frac{w}{t} \right)^2 \right) \right] \frac{3\sqrt{\frac{w}{t}}}{2 \left( 1 + 2 \frac{w}{t} \right) \left( 1 - \frac{w}{t} \right)^{1.5}} \quad (19)$$

367

368 Owing to limitations of possible sample dimensions, the adopted test procedure was not in  
 369 strict accord with ASTM specification for the measurement of fracture toughness (as the  
 370 beam depth of 20 mm was too low). Hence the estimated levels of  $K_{IC}$  can only be regarded  
 371 as indicative.

372

### 373 3.3 Axi-Bending Tests

374 Regarding the axi-symmetric bending tests, three sets of loading tests were performed on the  
 375 texture analyser for biscuits with no visible checks, for biscuits with naturally occurring

376 checks and lastly for biscuits with pre-defined checks. In each case, the biscuit was  
377 supported by resting on a thin steel ring with a circumference of 34 mm radius. The loading  
378 indenter with a tip radius,  $r_0$  of 3 mm was applied at the centre of the biscuit. From equation 3  
379 (using a biscuit thickness of 7.2 mm) the equivalent loading radius  $r'_0$  was 3.28 mm which  
380 limits the maximum stress at the biscuit inside this zone. Loading speed was 1 mm/s. Force  
381 versus deflection was measured up to the point of breakage. The broken biscuit was  
382 photographed after fracture and the crack shape and fragment distribution analysed. For some  
383 tests, high speed photography was employed to investigate the dynamic progression of the  
384 crack at the point of breakage.

385

386

387

## 4. RESULTS & DISCUSSION

### 4.1 Physical & Mechanical Properties of Biscuits

388 The variation in diameter and thickness between biscuits was found to be described by the  
389 Normal distribution. Mean and standard deviation for diameter were  $71.7 \pm 0.9$  mm  
390 respectively and for thickness  $7.2 \pm 0.3$  mm, respectively. Bulk density was  $463.18 \text{ kg/m}^3$ ,  
391 solid density  $1401.4 \text{ kg/m}^3$  and hence porosity was estimated to be 67 % (0.67). From the  
392 three-point bending tests, the tensile strength of the biscuits had a mean value of 420 kPa and  
393 standard deviation of 31 kPa, ( $420 \pm 31$ ). These were in good agreement with values reported  
394 in the literature for semi-sweet biscuits (Kim et al., 2012), Ahmad (2001) and Saleem (2005).  
395 The average  $K_{IC}$  value obtained from notched bending test was  $18 \text{ kPam}^{0.5}$  with a standard  
396 deviation of  $3.0 \text{ kPam}^{0.5}$  ( $18.0 \pm 3.0$ ). While this value can only be regarded as an estimate, it  
397 does lie at the lower end in the range of values reported by Kim et al., (2012). The coefficient  
398 of variation is considerably larger for the fracture toughness than for tensile strength  
399 indicating a much higher level of natural dispersion for the former quantity. While this may  
400 reflect experimental sample size effects, it could also indicate that fracture toughness is more  
401 sensitive to the random and heterogeneous structure of the biscuit than tensile strength.

402

### 4.2 Failure of Un-Checked Biscuits

405 In total over 160 biscuits with no visible defects were loaded under axisymmetric bending  
406 until failure occurred. The distribution in maximum breakage force is shown in frequency  
407 histogram form in figure 6. The average magnitude of the breakage force was 12.5 N, the  
408 standard deviation was 1.2 N ( $12.5 \pm 1.2$ ) and it ranged from a minimum of 9.7 N to a



409 maximum value of 15.3 N. The distribution in failure force can be represented by the Normal  
410 distribution. Video analysis indicated that the cracks tended to start where the load was  
411 applied and propagate out along the radial direction to the edge. All the biscuits fractured in  
412 tension along a lower line at the lower surface where maximum stresses are predicted. Biscuit  
413 breakage patterns conformed to three basic types; two radial cracks (either collinear or non-  
414 collinear); three radial cracks and four radial cracks. Each type is illustrated in figure 7. The  
415 majority of the biscuits, 67 % failed with the formation of three cracks while 26 % produced  
416 two cracks with only 7 % giving four radial cracks. Higher breakage forces are associated  
417 with a larger number of fracture planes but not at a statistically significant level.

418

419 The validity of the proposed failure criterion for un-checked or sound biscuits given by  
420 equation 7 was then checked. A biscuit will fail when the predicted maximum stress (the  
421 limited circumferential stress predicted using equation (2) exceeds the tensile strength value  
422 reported in section 4.1 above. The issue is complicated because the measured value of tensile  
423 strength is statistically distributed and the distribution in biscuit thickness (and any other  
424 parameters in equation 2) affects the predicted stress value. Hence the validity of equation 7  
425 must be tested statistically. The experimentally measured tensile strength (from the 3 point  
426 bending test) is  $420 \pm 31$  kPa. The predicted failure stress (obtained from equation 2 using the  
427 measured failure force) is  $438 \pm 42.1$  kPa. While the predicted failure stress value is larger  
428 than the experimentally measured failure stress, the difference between them is not  
429 statistically significant (at the 5 % confidence level using the t statistic) demonstrating that  
430 the criterion of equation 7 is valid.

431

432

### 433 4.3 Failure of Checked Biscuits

434 Breakage force for biscuits with the presence of checking was also recorded. In total 50  
435 biscuits exhibiting checking were loaded and broken. Figure 8 illustrates such checked  
436 biscuits. Mean breakage force for the biscuits was 9.6 N and the standard deviation 2.62 N  
437 ( $9.6 \pm 2.62$ ) compared to ( $12.5 \pm 1.2$ ) N respectively for unchecked biscuits. The average  
438 breakage force for checked biscuits is 23 % lower than for the unchecked product  
439 demonstrating the significant influence of checking on biscuit integrity. Moreover the  
440 standard deviation in breakage force for checked biscuits is over twice as large as for  
441 unchecked indicating much greater dispersion in strength which is also an adverse quality

442 feature. Caution is required in interpreting these results because of the very heterogeneous  
443 nature of the checks that were present and lack of accurate characterisation of their precise  
444 geometry. Nonetheless it is clear that when checking occurs, it has a major impact on biscuit  
445 strength and resistance to breakage. No theoretical analysis was carried out into the failure of  
446 these biscuits. Each biscuit tended to have more than one check on its surface and each check  
447 had a complex, tortuous path precluding any analytical application of fracture mechanics  
448 theory. However these results clearly demonstrate that defects such as checks significantly  
449 affect biscuit strength and hence quality and underlie the importance of investigations in this  
450 area.

451

#### 452 4.4 Failure of Cracked Biscuits (Experimental)

453 In total, 18 different crack types were investigated. For each type, both the mean and standard  
454 deviation in breakage force was quantified. In addition, the reason for failure (overloading or  
455 crack propagation) was noted. The presence of a crack in the biscuit does not automatically  
456 mean that failure is as a result of crack propagation when the load is applied; if the maximum  
457 stress in the biscuit exceeds the failure stress before the local stress intensity factor exceeds  
458 the critical stress intensity factor, then failure is due to overloading. There are two aspects to  
459 breakage that indicate the failure mode; the location of the fracture plane and the magnitude  
460 of the failure force. If the fracture plane initiates at the biscuit centre (where stress is  
461 maximum), this is indicative of failure due to overloading as is the case for an uncracked  
462 biscuit. **If the fracture plane initiates at the defined crack, then this can be taken to be failure  
463 resulting from crack propagation.** Also an uncracked biscuit requires a breakage force of 12.5  
464 N. Breakage forces in this region are indicative of failure by overloading while as the  
465 measured breakage force falls away from these levels, failure by crack propagation is more  
466 likely. Owing to the intrinsic variability in the breakage force (which ranges from 10 N up to  
467 15 N), this parameter alone is not a definitive indicator. Table 3 summarises the experimental  
468 results for the cracks giving the crack type, breakage force statistics and failure mode. At the  
469 top of the table the corresponding results for a biscuit without cracks are shown for  
470 comparison.

471

472 As shown in table 3, crack types A, B, C, D are all radial cracks, with a midpoint at the  
473 biscuit centre and 1 mm deep. The breakage force fell consistently from 11.76 N (crack A) to  
474 8.27 N (crack D) as crack length increased from 5 mm to 70 mm respectively. Crack types E,

475 F, G, H differed from the above by just being 2 mm deep. Breakage force followed the same  
476 pattern as above, falling from 9.76 N (crack E) to 6.5 N (crack H) though in all cases was  
477 lower reflecting the fact that the cracks are deeper and so the biscuits failed more easily. For  
478 these eight crack types, failure was by crack propagation. Figure 9 plots breakage force  
479 versus crack length for the two crack depths that were analysed. There is a definite, almost  
480 linear, relationship between breakage force and the length of the crack and a clear  
481 relationship between crack depth and breakage force. Long, deep cracks can reduce the  
482 strength of a biscuit by up to 50 % compared to an uncracked biscuit.

483

484 Cracks I, J and K are also radial though all having a midpoint at 15 mm from the biscuit  
485 centre so the local stress at the crack will be lower than for the previous eight cracks. Crack  
486 type I was short (5 mm in length) and the biscuit did not fail by crack propagation but by  
487 overloading with a high breakage force of 11.82 N. The biscuits with crack types J and K  
488 failed by crack propagation with the breakage force of close to 9 N. Breakage force is  
489 generally higher for these three crack types than the previous radial cracks because they are  
490 less heavily stressed being away from the biscuit centre. Finally crack type L is also radial  
491 though short in length (5 mm), relatively shallow (1 mm) and quite removed from the biscuit  
492 centre with its midpoint at a radial distance of 27.5 mm. Thus the stress at it is relatively low  
493 and hence the biscuit failed by overloading with a high breakage force of 9.92 N.

494

495 Crack types M, N, O and P are all tangential in orientation. For tangential cracks, radial stress  
496 will be the critical perpendicular stress which is lower than tangential stress. These cracks are  
497 all 1 mm deep but the length and mid-point radial location vary. Crack types M, N and O are  
498 at a considerable distance from the biscuit centre where the maximum stress acting on the  
499 crack is low and so the biscuits all failed by overloading with the breakage force always  
500 exceeding 9 N. Only crack type P which was 5 mm from the centre caused the biscuit to fail  
501 by crack propagation and had the lowest breakage force of the four types of tangential crack.  
502 Finally the table gives the data for two cracks types (types Q and R) whose midpoint  
503 orientations are defined by the angles of 30° and 60° respectively. For these cracks it was not  
504 possible to definitively state the failure mechanism although the crack pattern was more  
505 indicative of failure by overload. For all the crack types explored, the standard deviation in  
506 breakage force was of the same order of magnitude as that for an uncracked biscuit (1.2 N).  
507 Hence the presence of a single crack in the biscuit did not appear to promote any greater

508 dispersion in biscuit breakage characteristics but rather just acted to lower the mean breakage  
509 force.

510

#### 511 4.5 Failure of Cracked Biscuits (Theoretical)

512 The validity of the failure criterion expressed by equation 8 was examined. Failure by  
513 fracture occurs when the calculated stress intensity factor,  $K_I$  equals the critical stress  
514 intensity factor (fracture toughness),  $K_{IC}$  of the biscuit. Because the magnitude of breakage  
515 forces for each crack is distributed (as quantified by the standard deviation in table 3) and the  
516 fracture toughness of the material itself varies (estimated mean value of  $18 \text{ kPam}^{0.5}$  with  
517 standard deviation of  $3 \text{ kPam}^{0.5}$ ), the level of agreement must be quantified statistically. From  
518 the experimental analysis presented in table 3, the cracked biscuits where failure was by  
519 fracture rather than crack propagation were identified. Table 4 summarises the results for  
520 these biscuits giving the crack identifier, the magnitudes of the relative depth,  $w/t$  and relative  
521 length,  $2a/t$ , the maximum perpendicular stress at the crack (obtained from the mean value of  
522 breakage force in each case and using equation 6) and the corresponding stress intensity  
523 factor. Generally the theoretical predictions agree very well with the experimental findings  
524 with the average stress intensity factor for each crack type being close to the mean level of  
525 fracture toughness ( $18 \text{ kPam}^{0.5}$ ). The only exceptions are the three crack types E, J and P.  
526 The reason for the discrepancy for crack E is the inability of the Rice & Levy method to  
527 calculate the correct magnitude of the stress intensity factor for very short cracks. For crack  
528 types J and P, where the calculated stress intensity factor is considerably less than the fracture  
529 toughness the reason for the poor agreement is unknown but could reflect a statistical outlier  
530 effect. To assess the failure criterion more rigorously, the data is displayed graphically in  
531 figure 10. The stress intensity factor for each crack type is shown with error bars  
532 corresponding to  $\pm 1$  standard deviation. Additionally the fracture toughness (critical stress  
533 intensity factor) is indicated by a solid line with the broken line representing its  $\pm 1$  standard  
534 deviation limits. Differences between the means of the stress intensity factor for each crack  
535 type and the mean critical stress intensity factor are quite small compared to the variability in  
536  $K_I$  within each crack type (apart from types E, J and P). Applying the F statistic from  
537 ANOVA, demonstrated that the validity of the failure model (equation 8) could be accepted  
538 at the 5 % confidence level.

539

540 For all biscuits containing cracks, the mode of failure (fracture versus overloading) can be  
541 predicted by two loading ratios; the SIF ratio ( $K_I/K_{IC}$ ) for the former and the failure stress  
542 ratio ( $\sigma_{max}/\sigma_f$ ) for the latter. Whichever ratio is closer to 1, should determine the failure  
543 response; crack propagation for the former and overloading for the latter. This is the case for  
544 most of the crack types with failure by overloading occurring when the stress ratio is high and  
545 the stress intensity ratio relatively low while failure by crack propagation occurs for the  
546 reverse condition. Figure 11 gives a scatter plot of the two failure criteria for each crack type.  
547 Biscuits that failed by crack propagation are indicated with square markers and those by  
548 overloading with triangular markers. There is good demarcation between the failure  
549 mechanisms with biscuits that failed by overloading lying at the lower, right quadrant and  
550 biscuits that failed by crack propagation at the upper, left quadrant. **Because the stress ratio**  
551 **lies with quite tight limits of 0.7 and 1.2 while the SIF ratio varies more widely (between 0.2**  
552 **and 1.2.), the influence of the stress ratio, while present, is more difficult to discern.** Finally  
553 regarding the critical crack size analysis of Section 2.4, inputting the data for our work gives  
554 a magnitude for the critical crack depth of 0.61 mm. In other words any long crack passing  
555 through the central zone with radius  $r_0$  (3.28 mm) that is deeper than 0.61 mm should result  
556 in failure by fracture. This is confirmed by the experimental data of this work.

557

558

559

## 5. CONCLUSIONS

560 This work primarily has explored the force needed to break sound and cracked biscuits. It  
561 also measured the breakage pattern (number and size of fragment pieces). In particular, the  
562 structural behaviour of circular biscuits supported around the circumference and loaded by a  
563 central concentrated force has been examined. For a biscuit without defects, breakage  
564 occurred when biscuit stress reached or exceeded the failure stress. For a biscuit with defects  
565 such as checks or cracks, breakage occurred as above or alternatively when the critical stress  
566 intensity factor was reached. For the latter case, the breakage force was considerably reduced  
567 showing that cracks or checks considerably weaken the strength and integrity of the biscuit.  
568 Furthermore, a stress intensity factor model to quantify the effect of a crack on biscuit  
569 response has been proposed and verified. The effect of a crack on biscuit strength is  
570 dependent on crack depth, length, orientation and location on the biscuit surface. Shallow,  
571 short, radial cracks near the biscuit centre are more injurious to its integrity than deep, long  
572 cracks out near the biscuit circumference. Variability in biscuit properties, principally the

573 tensile strength and critical stress intensity factor, complicate the issue and explain the scatter  
574 in the data. Biscuit breakage behaviour is closely connected to the quality parameter of  
575 texture. The results are relevant to understanding the maintenance of biscuit integrity through  
576 the post-manufacture, supply, distribution and transport chain that the biscuit endures prior to  
577 sale.  
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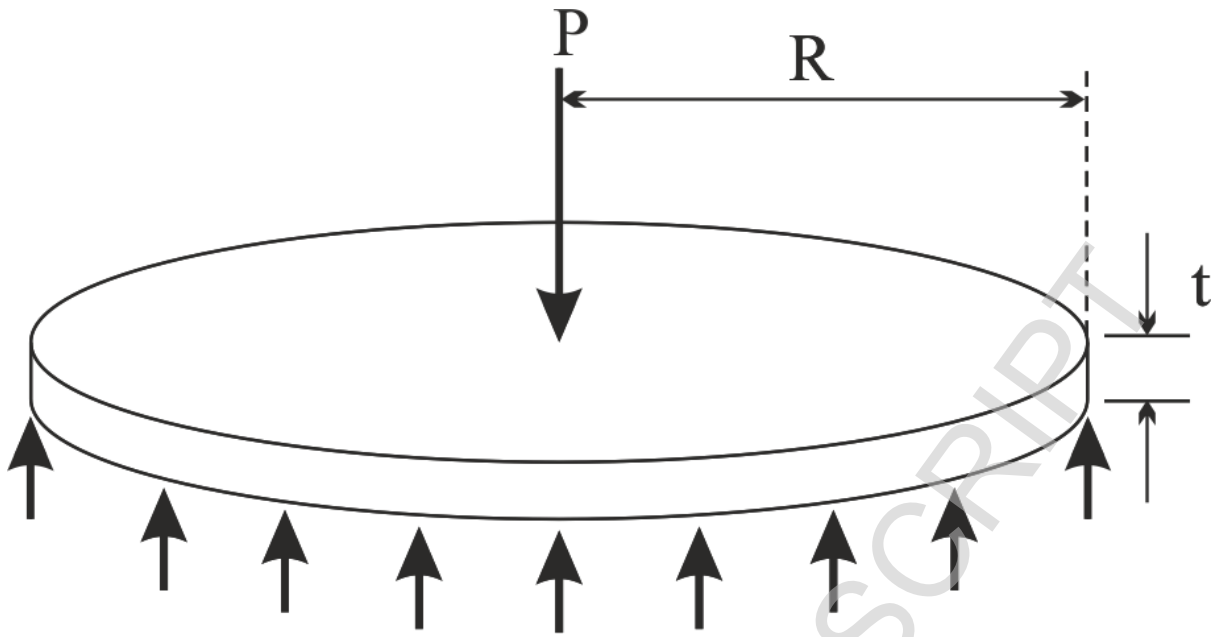


Figure 1 Biscuit loading geometry

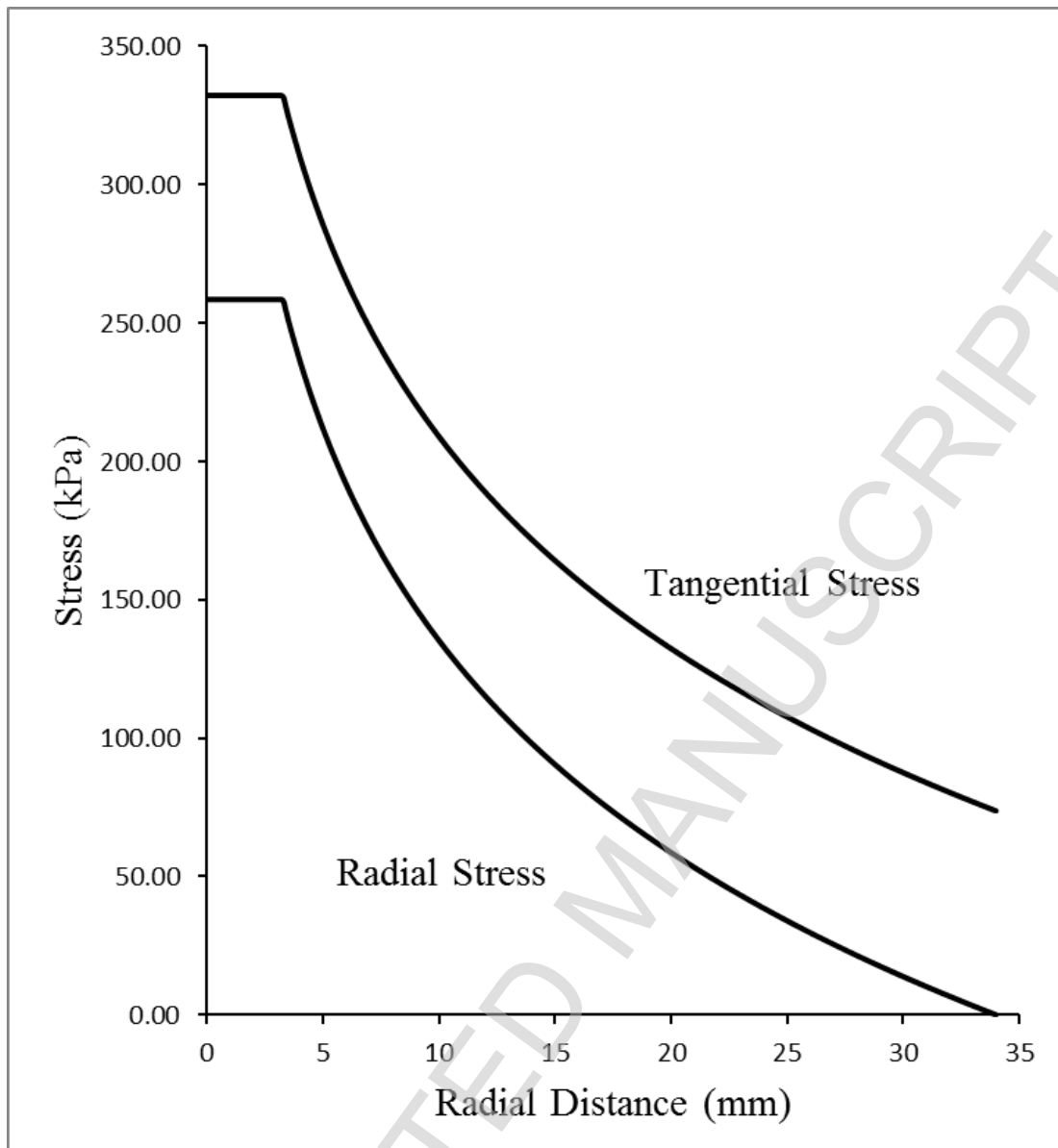


Figure 2: Typical variation of tangential and radial stress with radial distance ( $R = 34$  mm,  $t = 7.2$  mm,  $r_0 = 3$  mm,  $\nu = 0.2$ ,  $P = 10$  N).

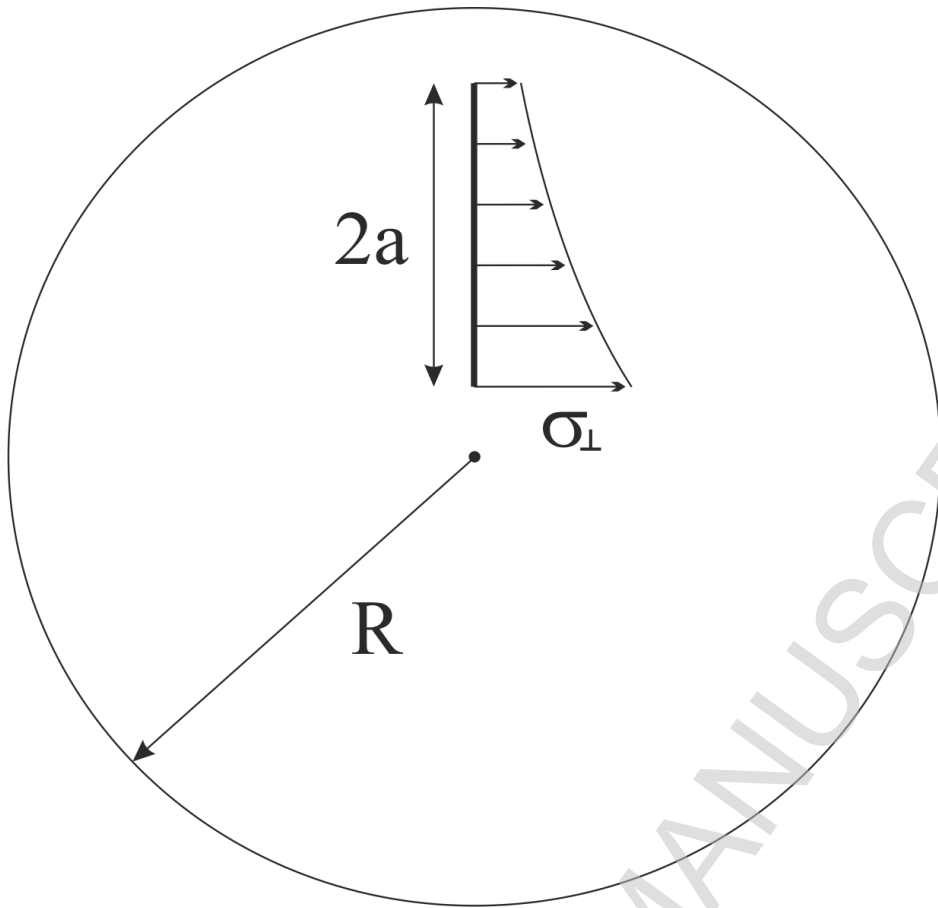


Figure 3a Perpendicular stress along a radial line

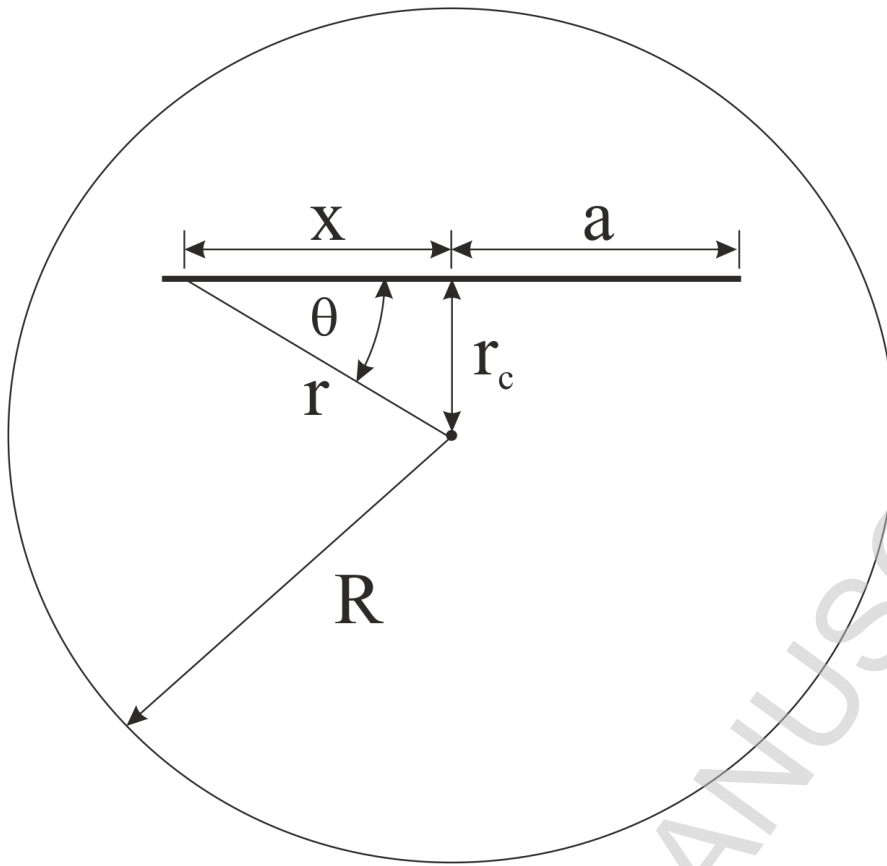


Figure 3b Tangential line geometry

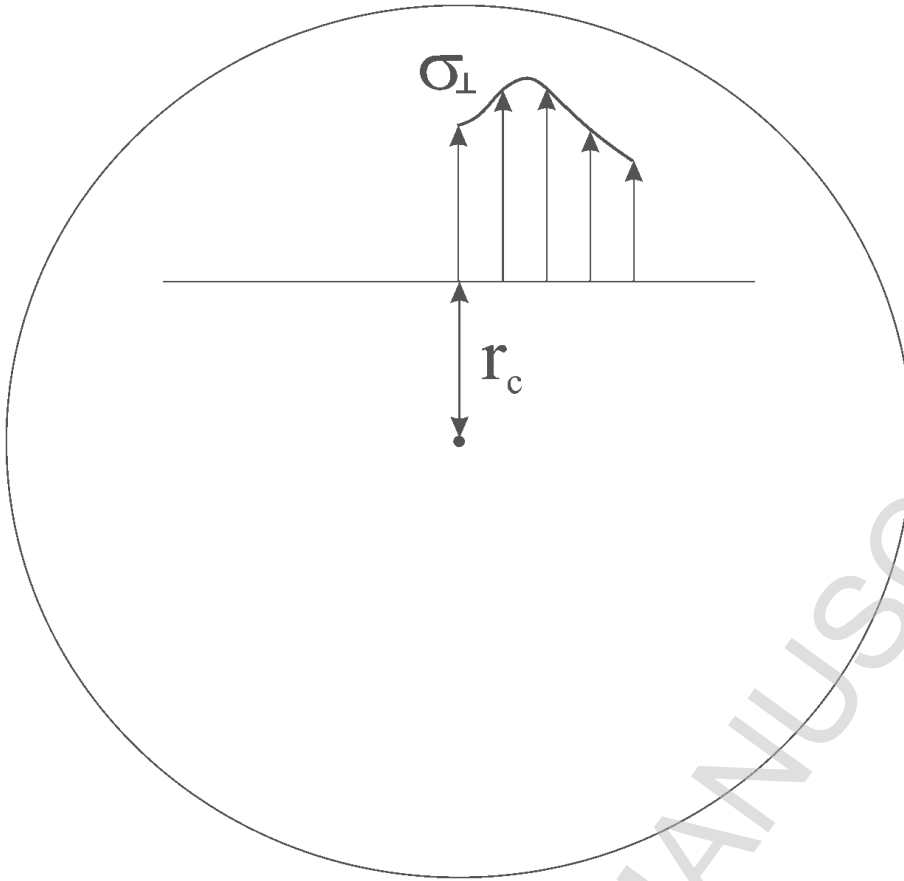


Figure 3c Perpendicular stress along a tangential line

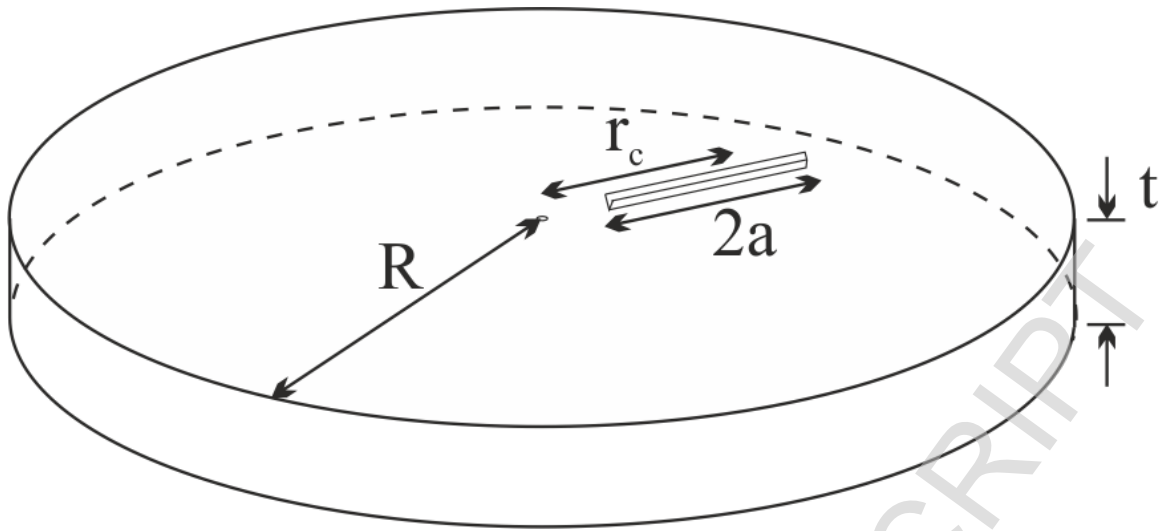


Figure 4 Crack geometrical parameters

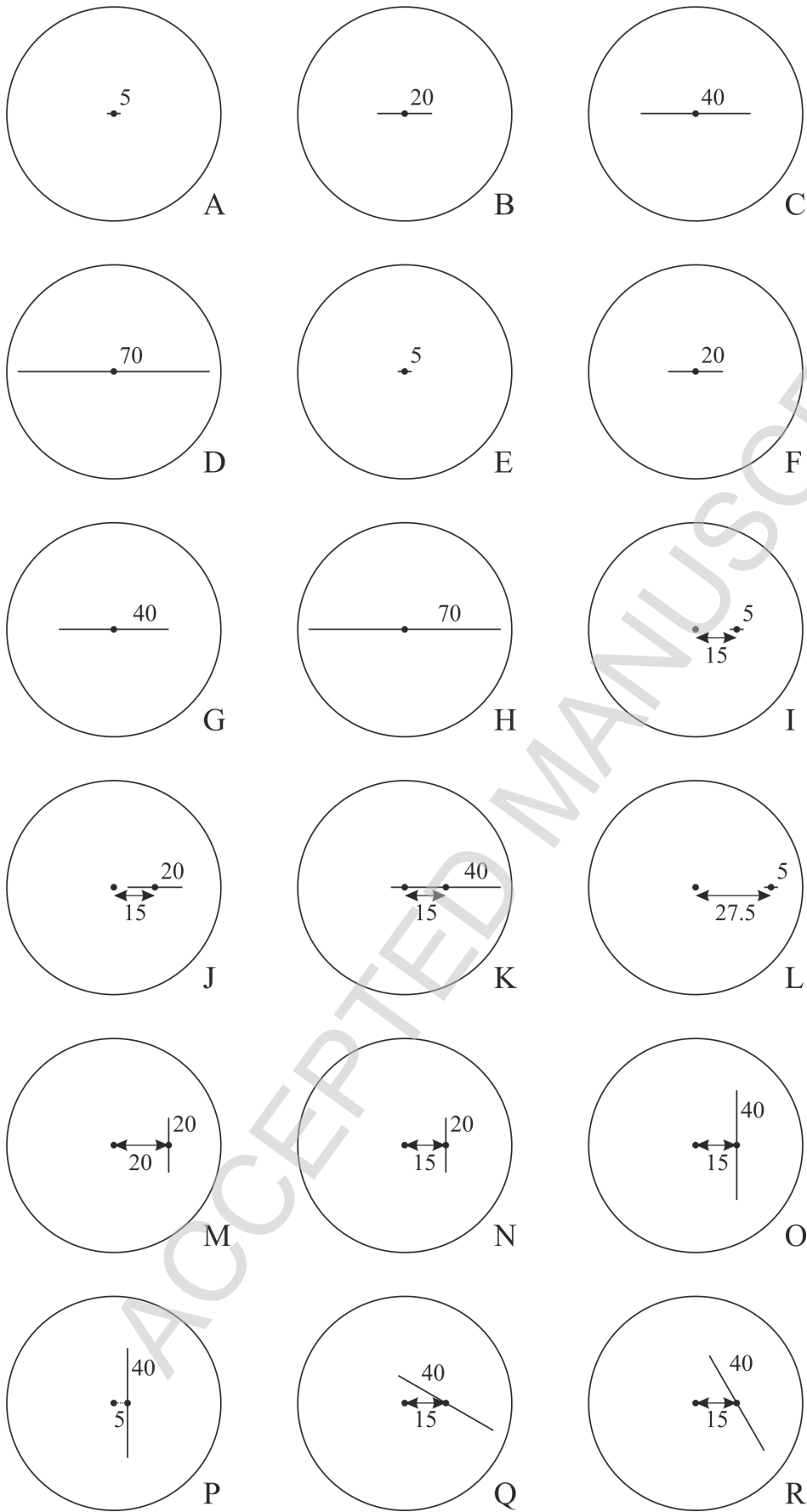


Figure 5: Crack geometries

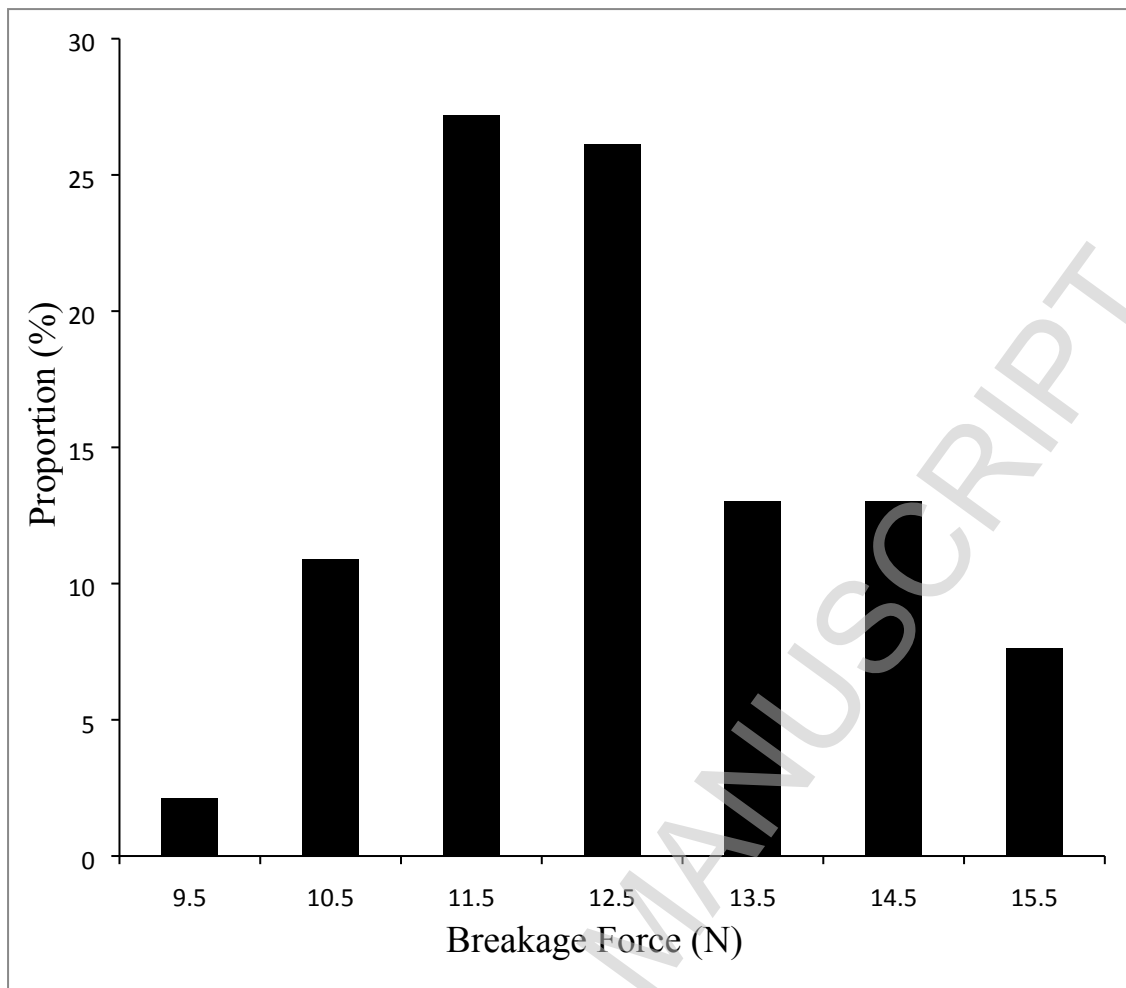


Figure 6 Distribution of the breakage force for biscuits without checks



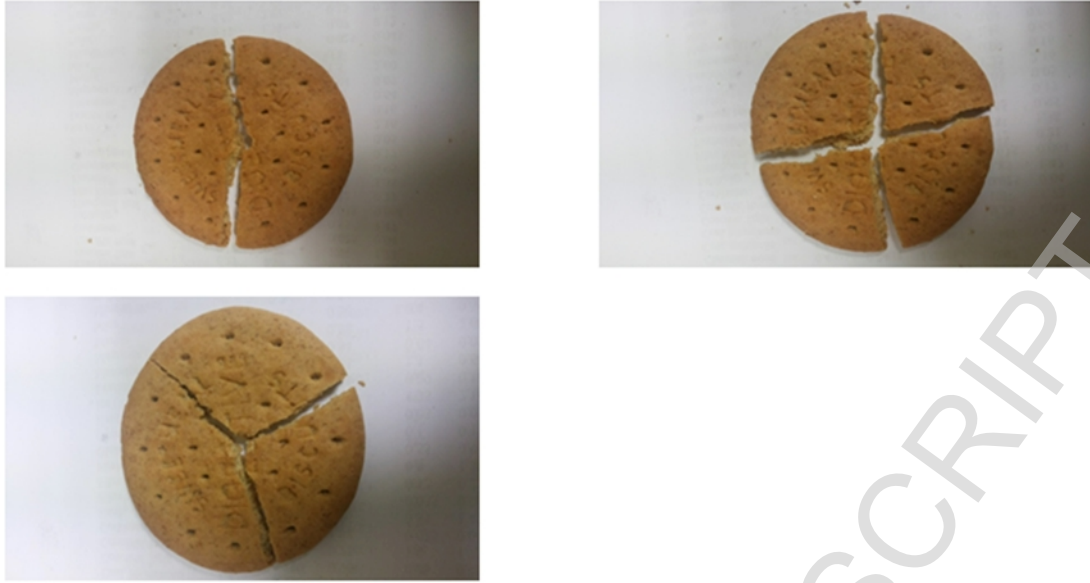


Figure 7 Breakage modes for biscuits without checks (Two radial cracks, Three radial cracks, Four radial cracks)



Figure 8 Checked biscuits

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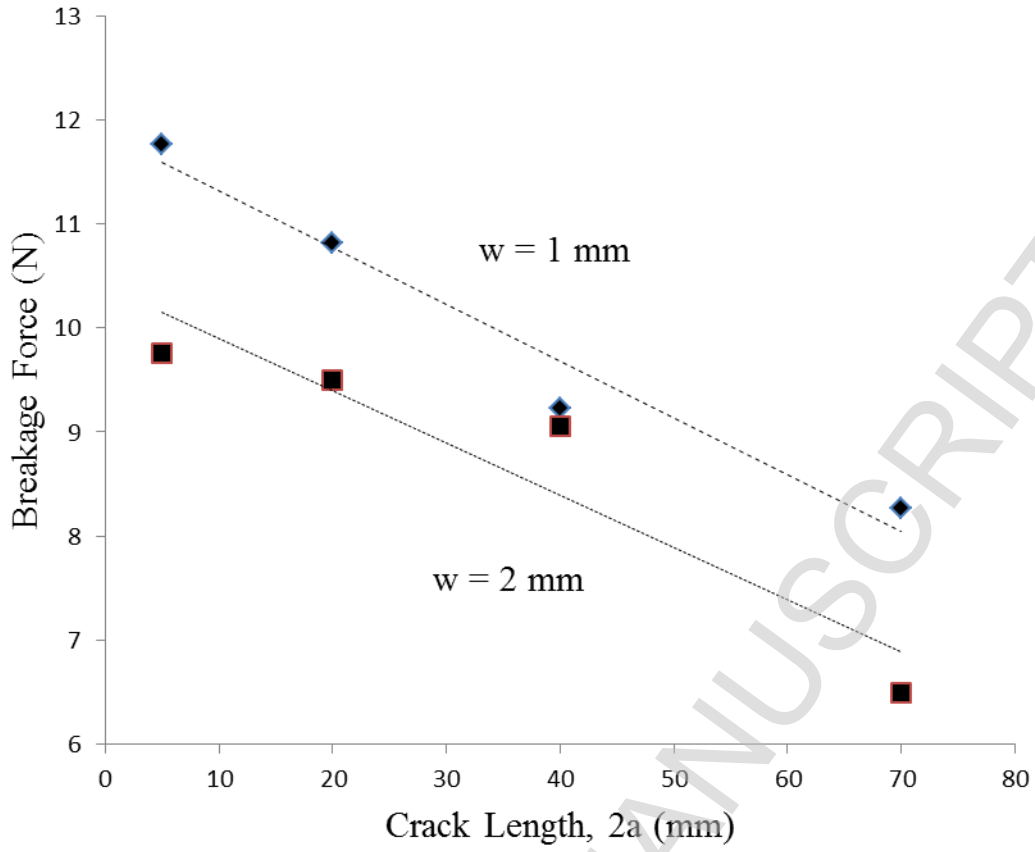


Figure 9 Breakage force versus crack length for two crack depths

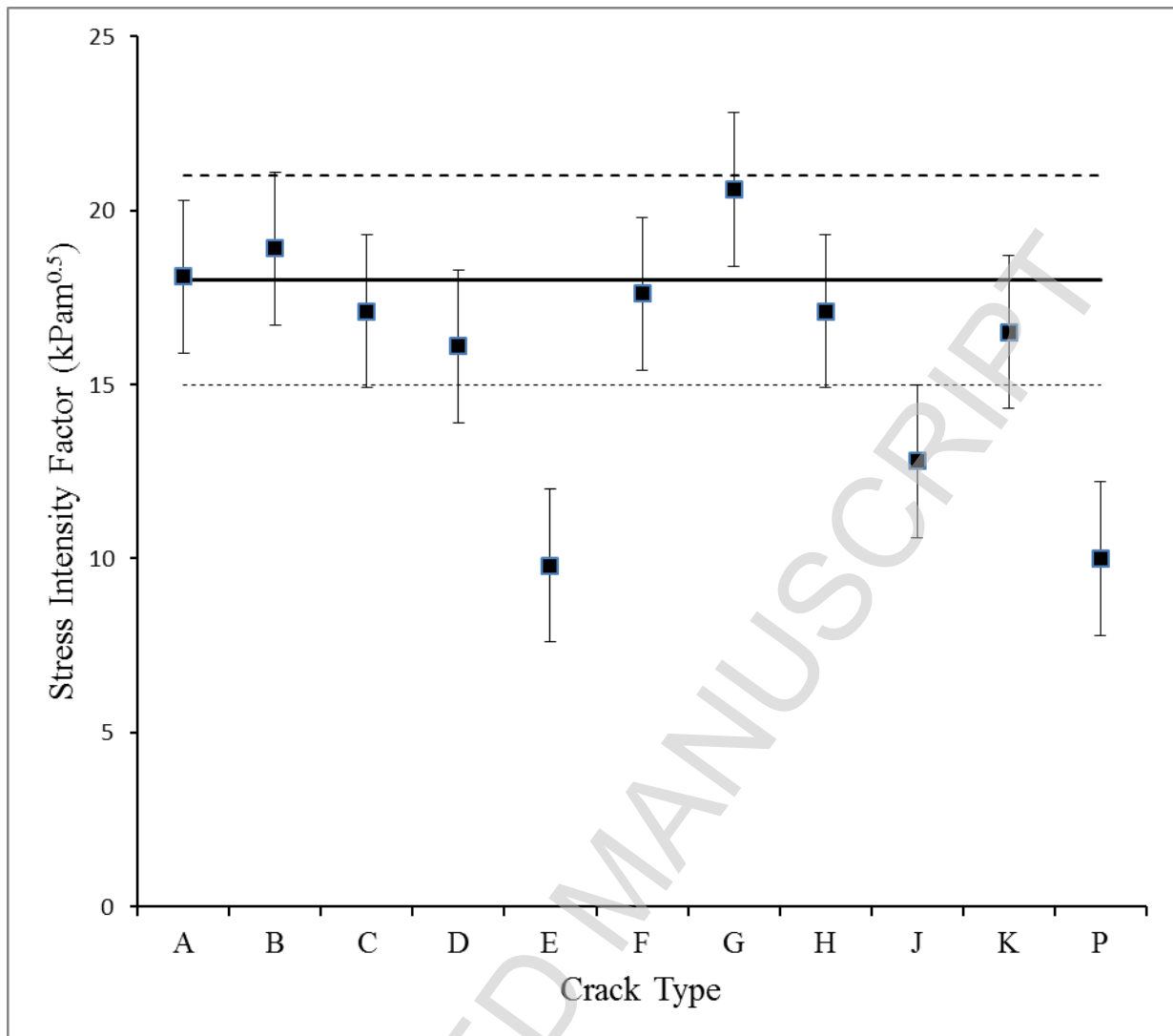


Figure 10: Failure analysis of cracked biscuits

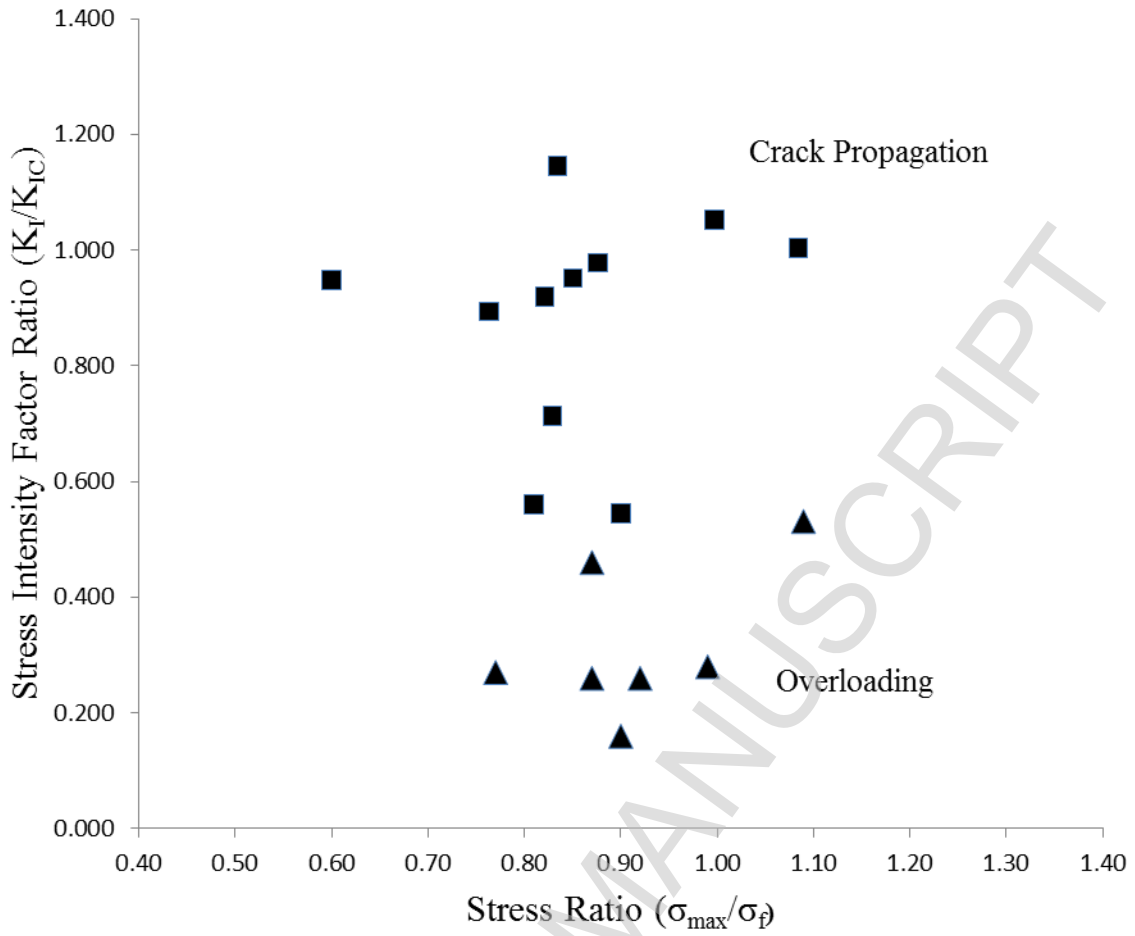


Figure 11 Analysis of biscuit failure modes

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Relative crack depth (w/t)	$c_1$ Parameter	$c_2$ Parameter
0.14	0.0755	0.7795
0.28	0.2004	0.4006
0.46	0.2105	0.0869

Table 1: Values of the fracture model parameters  $c_1$  and  $c_2$  (extracted from Rice & Levy, 1972)

Crack Identifier	Crack Orientation	Mid-Point Location mm	Crack Length mm	Crack Depth mm
A	Radial	0	5	1
B	Radial	0	20	1
C	Radial	0	40	1
D	Radial	0	70	1
E	Radial	0	5	2
F	Radial	0	20	2
G	Radial	0	40	2
H	Radial	0	70	2
I	Radial	15	5	1
J	Radial	15	20	1
K	Radial	15	40	1
L	Radial	27.5	5	1
M	Tangential	20	20	1
N	Tangential	15	20	1
O	Tangential	15	40	1
P	Tangential	5	40	1
Q	30° Angle	15	40	1
R	60° Angle	15	40	1

Table 2: Crack geometrical parameters



Crack Identifier	Crack Type	Breakage Force	Failure Mode
		N	
	Uncracked Biscuit	$12.5 \pm 1.2$	Overload
A	Radial	$11.76 \pm 1.15$	Crack Prop.
B	Radial	$10.82 \pm 1.39$	Crack Prop.
C	Radial	$9.23 \pm 1.41$	Crack Prop.
D	Radial	$8.27 \pm 1.35$	Crack Prop.
E	Radial	$9.76 \pm 0.33$	Crack Prop.
F	Radial	$9.5 \pm 2.68$	Crack Prop.
G	Radial	$9.06 \pm 1.13$	Crack Prop.
H	Radial	$6.5 \pm 0.82$	Crack Prop.
I	Radial	$11.82 \pm 1.05$	Overload
J	Radial	$9.0 \pm 1.78$	Crack Prop.
K	Radial	$8.89 \pm 1.33$	Crack Prop.
L	Radial	$9.92 \pm 1.07$	Overload
M	Tangential	$9.72 \pm 0.7$	Overload
N	Tangential	$10.7 \pm 0.54$	Overload
O	Tangential	$9.36 \pm 1.05$	Overload
P	Tangential	$8.79 \pm 0.93$	Crack Prop.
Q	30°	$9.36 \pm 1.05$	Overload
R	60°	$8.34 \pm 0.75$	Overload

Table 3: Failure loads and mechanisms for cracks

Crack Identifier	w/t	2a/t	$\sigma_{\perp \max}$	$K_I$
			kPa	kPam <sup>0.5</sup>
A	0.139	0.694	412	18.1
B	0.139	2.778	379	18.9
C	0.139	5.556	323	17.1
D	0.139	9.722	290	16.1
E	0.278	0.694	342	9.8
F	0.278	2.778	333	17.6
G	0.278	5.556	317	20.6
H	0.278	9.722	228	17.1
J	0.139	2.778	257	12.8
K	0.139	5.556	312	16.5
P	0.139	5.556	188.5	10.0

Table 4: Cracked biscuit failure analysis

## List of Tables

Table 1: Values of the fracture model parameters  $c_1$  and  $c_2$  (extracted from Rice & Levy 1972)

Table 2: Crack geometrical parameters

Table 3: Failure loads and mechanisms for cracks

Table 4: Cracked biscuit failure analysis