

Title	Pregnancy-specific stress, fetoplacental haemodynamics, and neonatal outcomes in women with small for gestational age pregnancies: a secondary analysis of the multicentre prospective observational trial to optimise paediatric health in intrauterine growth restriction
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Publication date	2017
Original Citation	Levine, T. A., Grunau, R. E., Segurado, R., Daly, S., Geary, M. P., Kennelly, M. M., O'Donoghue, K., Hunter, A., Morrison, J. J., Burke, G., Dicker, P., Tully, E. C., Malone, F. D., Alderdice, F. A. and McAuliffe, F. M. (2017) 'Pregnancy-specific stress, fetoplacental haemodynamics, and neonatal outcomes in women with small for gestational age pregnancies: a secondary analysis of the multicentre prospective observational trial to optimise paediatric health in intrauterine growth restriction', <i>BMJ Open</i> , 7(6). (12pp). doi: 10.1136/bmjopen-2016-015326
Type of publication	Article (peer-reviewed)
Link to publisher's version	http://bmjopen.bmj.com/content/7/6/e015326 - 10.1136/bmjopen-2016-015326
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Supplementary Table 1: Differences between Current Study Sample and Remaining PORTO Cohort

	Remaining PORTO Cohort (n=785)	p
<i>Maternal Characteristics</i>		
Deprivation Index score	0.61 ± 11.93	.596
Height (cm)	162.46 ± 6.62	.905
Weight (kg)	63.51 ± 13.11	.461
BMI	24.06 ± 4.71	.473
Age (years)	29.96 ± 6.11	.846
GA at enrollment in PORTO (w)	30.31 ± 3.85	.003
Diastolic blood pressure	68.46 ± 9.35	.139
Systolic blood pressure	112.67 ± 12.96	.048
European ethnicity	626 (79.8)	.044
Spontaneous conception	771 (98.2)	.130
Smoker	185 (23.6)	.827
Drinker	15 (1.9)	.912
Preeclampsia	81 (10.3)	.035
<i>Infant Characteristics</i>		
Birthweight (g)	2466.92 ± 665.34	.014
GA at delivery (w)	37.69 ± 3.05	.016
Preterm (<37 w)	197 (25.1)	.103
Late/moderately (32- <37 w)	144 (18.3)	
Very (28- <32 w)	38 (4.8)	
Extremely (<28 w)	15 (1.9)	
Admitted to NICU	235 (29.9)	.023
Adverse perinatal outcome	46 (5.9)	.079
Apgar score at 1 minute	8.49 ± 1.26	.176
Apgar score at 5 minutes	9.43 ± 0.92	.001
Abnormal UA PI (IUGR)	288 (36.7%)	.957
AEDF	54 (6.9)	.601
GA at AEDF diagnosis	28.80 ± 3.65	.505
Abnormal MCA PI	320 (50.3)	.087
Abnormal CPR	139 (22.1)	.999

Supplementary Table 2: Pregnancy-Specific Stress and Abnormal Maternal-Fetal Hemodynamics

	Unadjusted Model		Adjusted Model [‡]	
	n	OR (95% CI)	n	OR (95% CI)
<i>Abnormal Umbilical Artery Pulsatility Index</i>				
23-28 weeks	80	0.965 (0.911-1.022)	74	0.961 (0.898-1.029)
Concerns about Birth and the Health of the Baby	81	0.973 (0.885-1.069)	75	0.970 (0.868-1.083)
Concerns about Physical Symptoms and Body Image	82	0.874 (0.718-1.065)	76	0.870 (0.691-1.094)
Concerns about Relationships and Emotions	80	0.835 (0.669-1.041)	74	0.802 (0.612-1.052)
29-34 weeks	195	1.002 (0.962-1.044)	175	0.994 (0.949-1.042)
Concerns about Birth and the Health of the Baby	201	1.022 (0.957-1.091)	181	1.000 (0.926-1.080)
Concerns about Physical Symptoms and Body Image	203	0.889 (0.777-1.018)	183	0.896 (0.771-1.042)
Concerns about Relationships and Emotions	201	1.000 (0.867-1.154)	181	0.998 (0.852-1.168)
35-40 weeks	199	1.005 (0.963-1.050)	182	0.992 (0.946-1.040)
Concerns about Birth and the Health of the Baby	197	1.049 (0.982-1.121)	180	1.036 (0.961-1.116)
Concerns about Physical Symptoms and Body Image	203	0.876 (0.756-1.016)	185	0.826 (0.696-0.979)*
Concerns about Relationships and Emotions	204	0.968 (0.829-1.130)	186	0.945 (0.799-1.117)
<i>Abnormal Middle Cerebral Artery Pulsatility Index</i>				
23-28 weeks	55	1.038 (0.967-1.115)	52	1.057 (0.969-1.153)
Concerns about Birth and the Health of the Baby	56	1.089 (0.962-1.233)	53	1.136 (0.976-1.324)
Concerns about Physical Symptoms and Body Image	56	1.089 (0.845-1.351)	53	1.109 (0.842-1.462)
Concerns about Relationships and Emotions	55	1.013 (0.791-1.298)	52	0.999 (0.734-1.360)
29-34 weeks	144	1.058 (1.007-1.111)*	130	1.073 (1.012-1.137)*
Concerns about Birth and the Health of the Baby	148	1.100 (1.018-1.188)*	134	1.143 (1.037-1.260)**
Concerns about Physical Symptoms and	150	1.219 (1.040-	136	1.283 (1.070-

Body Image		1.428)*		1.538)**
Concerns about Relationships and Emotions	146	1.037 (0.877-1.225)	132	1.030 (0.851-1.247)
35-40 weeks	128	1.007 (0.951-1.066)	117	0.978 (0.911-1.049)
Concerns about Birth and the Health of the Baby	125	1.010 (0.928-1.100)	114	0.967 (0.870-1.075)
Concerns about Physical Symptoms and Body Image	131	1.155 (0.954-1.400)	119	1.032 (0.813-1.309)
Concerns about Relationships and Emotions	131	0.957 (0.775-1.183)	119	0.924 (0.715-1.195)

Abnormal Cerebroplacental Ratio

23-28 weeks	55	0.985 (0.910-1.067)	52	0.987 (0.893-1.092)
Concerns about Birth and the Health of the Baby	56	1.030 (0.902-1.176)	53	1.023 (0.872-1.200)
Concerns about Physical Symptoms and Body Image	56	0.802 (0.591-1.090)	53	0.814 (0.533-1.241)
Concerns about Relationships and Emotions	55	0.932 (0.703-1.236)	52	0.905 (0.606-1.353)
29-34 weeks	141	1.043 (0.979-1.112)	127	1.051 (0.972-1.138)
Concerns about Birth and the Health of the Baby	145	1.071 (0.969-1.183)	131	1.076 (0.946-1.225)
Concerns about Physical Symptoms and Body Image	147	1.058 (0.865-1.294)	133	1.091 (0.856-1.391)
Concerns about Relationships and Emotions	143	1.059 (0.854-1.312)	129	1.105 (0.846-1.445)
35-40 weeks	127	0.998 (0.906-1.099)	116	0.968 (0.845-1.108)
Concerns about Birth and the Health of the Baby	124	1.090 (0.941-1.262)	113	1.076 (0.897-1.292)
Concerns about Physical Symptoms and Body Image	130	0.818 (0.562-1.190)	118	0.680 (0.408-1.132)
Concerns about Relationships and Emotions	130	0.957 (0.663-1.381)	118	0.873 (0.496-1.538)

Absent End Diastolic Flow

23-28 weeks	80	1.008 (0.910-1.116)	74	1.031 (0.924-1.151)
Concerns about Birth and the Health of the Baby	81	1.054 (0.890-1.248)	75	1.077 (0.901-1.288)
Concerns about Physical Symptoms and Body Image	82	0.941 (0.651-1.361)	76	0.995 (0.657-1.507)
Concerns about Relationships and Emotions	80	0.937 (0.625-1.381)	74	1.038 (0.618-1.538)

Emotions		1.405)		1.741)
29-34 weeks	197	1.082 (1.005-1.166)*	177	1.076 (0.984-1.178)
Concerns about Birth and the Health of the Baby	203	1.216 (1.074-1.376)**	183	1.202 (1.018-1.421)*
Concerns about Physical Symptoms and Body Image	205	0.971 (0.745-1.265)	185	1.098 (0.802-1.501)
Concerns about Relationships and Emotions	203	1.109 (0.863-1.426)	183	1.120 (0.823-1.524)
35-40 weeks	199	N/A	182	N/A
Concerns about Birth and the Health of the Baby	197	N/A	180	N/A
Concerns about Physical Symptoms and Body Image	203	N/A	185	N/A
Concerns about Relationships and Emotions	204	N/A	186	N/A

[‡]Models adjusted for maternal smoking, drinking, ethnicity, BMI, mean arterial pressure, deprivation index score, parity, and age. Adjusted binary logistic regression models for NICU admission also adjusted for prematurity. * $p \leq 0.05$, ** $p \leq 0.01$, *** $p \leq 0.001$.

Supplementary Table 3: Pregnancy-Specific Stress and Neonatal Outcomes

	Unadjusted Model			Adjusted Model [†]		
	n	OR (95% CI)		n	OR (95% CI)	
Prematurity						
23-28 weeks	80	1.010 (0.944-1.080)		74	1.031 (0.951-1.119)	
Concerns about Birth and the Health of the Baby	81	1.068 (0.954-1.196)		75	1.099 (0.957-1.262)	
Concerns about Physical Symptoms and Body Image	82	0.855 (0.658-1.111)		76	0.907 (0.659-1.250)	
Concerns about Relationships and Emotions	80	1.003 (0.780-1.290)		74	1.052 (0.769-1.440)	
29-34 weeks	197	1.027 (0.982-1.075)		177	1.001 (0.950-1.055)	
Concerns about Birth and the Health of the Baby	203	1.084 (1.008-1.166)*		183	1.035 (0.950-1.128)	
Concerns about Physical Symptoms and Body Image	205	0.955 (0.820-1.111)		185	0.908 (0.760-1.085)	
Concerns about Relationships and Emotions	203	1.014 (0.864-1.192)		183	0.986 (0.822-1.182)	
35-40 weeks	199	1.016 (0.945-1.093)		182	1.011 (0.932-1.097)	
Concerns about Birth and the Health of the Baby	197	1.048 (0.936-1.174)		180	1.061 (0.928-1.213)	
Concerns about Physical Symptoms and Body Image	203	1.063 (0.846-1.336)		185	1.070 (0.831-1.379)	
Concerns about Relationships and Emotions	204	0.873 (0.632-1.207)		186	0.765 (0.510-1.148)	
NICU Admission						
23-28 weeks	80	1.012 (0.949-1.079)		74	1.043 (0.916-1.187)	
Concerns about Birth and the Health of the Baby	81	1.037 (0.930-1.156)		75	1.002 (0.813-1.235)	
Concerns about Physical Symptoms and Body Image	82	0.942 (0.750-1.183)		76	1.308 (0.830-2.062)	
Concerns about Relationships and Emotions	80	1.079 (0.853-1.363)		74	1.304 (0.803-2.117)	
29-34 weeks	197	1.038 (0.994-1.083)		177	1.030 (0.960-1.105)	
Concerns about Birth and the Health of the Baby	203	1.096 (1.023-1.175)**		183	1.070 (0.951-1.205)	
Concerns about Physical Symptoms and Body Image	205	0.947 (0.822-1.092)		185	0.935 (0.740-1.180)	
Concerns about Relationships and Emotions	203	1.063 (0.915-1.234)		183	1.094 (0.857-1.397)	

35-40 weeks	199	0.969 (1.040)	(0.903-	182	0.972 (1.064)	(0.887-
Concerns about Birth and the Health of the Baby	197	1.011 (1.118)	(0.914-	180	1.034 (1.174)	(0.911-
Concerns about Physical Symptoms and Body Image	203	0.724 (0.969)*	(0.541-	185	0.635 (0.927)*	(0.435-
Concerns about Relationships and Emotions	204	0.866 (1.147)	(0.654-	186	0.927 (1.284)	(0.669-

Birthweight < 2,500g

23-28 weeks	80	1.001 (1.060)	(0.945-	74	0.998 (1.070)	(0.930-
Concerns about Birth and the Health of the Baby	81	1.041 (1.147)	(0.945-	75	1.037 (1.165)	(0.923-
Concerns about Physical Symptoms and Body Image	82	0.841 (1.045)	(0.678-	76	0.824 (1.055)	(0.644-
Concerns about Relationships and Emotions	80	1.026 (1.268)	(0.830-	74	1.041 (1.344)	(0.806-
29-34 weeks	197	1.030 (1.072)	(0.989-	177	1.016 (1.064)	(0.970-
Concerns about Birth and the Health of the Baby	203	1.080 (1.153)*	(1.012-	183	1.065 (1.151)	(0.985-
Concerns about Physical Symptoms and Body Image	205	0.981 (1.115)	(0.864-	185	0.970 (1.125)	(0.837-
Concerns about Relationships and Emotions	203	0.992 (1.142)	(0.861-	183	0.959 (1.126)	(0.817-
35-40 weeks	199	1.013 (1.058)	(0.969-	182	1.009 (1.060)	(0.960-
Concerns about Birth and the Health of the Baby	197	1.051 (1.125)	(0.982-	180	1.047 (1.133)	(0.968-
Concerns about Physical Symptoms and Body Image	203	0.930 (1.078)	(0.802-	185	0.958 (1.127)	(0.814-
Concerns about Relationships and Emotions	204	0.998 (1.169)	(0.851-	186	0.977 (1.164)	(0.820-

Composite Adverse Perinatal Outcome

23-28 weeks	80	1.035 (1.142)	(0.938-	74	1.044 (1.179)	(0.925-
Concerns about Birth and the Health of the Baby	81	1.046 (1.239)	(0.883-	75	1.016 (1.228)	(0.842-
Concerns about Physical Symptoms and Body Image	82	1.076 (1.490)	(0.777-	76	1.258 (1.944)	(0.814-
Concerns about Relationships and Emotions	80	1.202 (1.705)	(0.847-	74	1.496 (2.716)	(0.824-
29-34 weeks	197	1.013 (1.144)	(0.896-	177	1.000 (1.164)	(0.859-

Concerns about Birth and the Health of the Baby	203	0.987 1.212)	(0.803-	183	0.974 1.257)	(0.756-
Concerns about Physical Symptoms and Body Image	205	1.137 1.626)	(0.795-	185	1.009 1.706)	(0.597-
Concerns about Relationships and Emotions	203	1.065 1.607)	(0.706-	183	1.102 1.783)	(0.681-
35-40 weeks	199	1.022 1.249)	(0.836-	182	1.023 1.401)	(0.747-
Concerns about Birth and the Health of the Baby	197	1.193 1.601)	(0.888-	180	1.345 2.290)	(0.789-
Concerns about Physical Symptoms and Body Image	203	0.270 1.940)	(0.038-	185	N/A	
Concerns about Relationships and Emotions	204	0.767 2.209)	(0.267-	186	0.809 2.330)	(0.281-

[†]Models adjusted for maternal smoking, drinking, ethnicity, BMI, mean arterial pressure, deprivation index score, parity, and age. Adjusted binary logistic regression models for NICU admission also adjusted for prematurity. * $p \leq 0.05$, ** $p \leq 0.01$, *** $p \leq 0.001$.