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University College Cork, Ireland
Coláiste na hOllscoile Corcaigh

Practice Links

Issue 45, December 2011

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Next edition: February 2012

Volunteer Position: Podcast Editor

Practice Links is looking for someone who can contribute to future editions of PL through recommendations of high-quality Podcasts and resources such as iTunes U to support practitioners in their work. Email k.burns@ucc.ie if interested.

Continuing Professional Development

Protecting Children Post Ryan: Real or Virtual Change in an Era of Social Crisis?

Download presenter slides (now) and watch videos of keynote speakers (mid-January 2012) on website. Also, listen back to RTE's Godslot interview recorded at the conference with Justice Sean Ryan, Chairperson of the Commission to Inquire into Child Abuse. <http://swconf.ucc.ie/> / <http://swconf.ucc.ie/videos/>

Eight Annual Cochrane in Ireland Conference

The Eighth Annual Cochrane in Ireland conference will be held on Friday, 27 January 2012 in DCU. Details on plenary presentations will be available when confirmed on: www4.dcu.ie/cochrane. http://www.icgp.ie/go/research/news_events/B23E0B61-19B9-E185-83B01542E89133A7.html

A Skills Based Approach to Treatment Resistant Depression

St Patrick's College Maynooth, 2 day workshop 12th-13th January 2012. €285 (£240) until 12th December, €320 (£270) from 13th December. Book here <http://www.grayrock.co.uk/product.php?xProd=46&xSec=1>. Getting to the heart of how depression is maintained, these mindfulness-based therapeutic techniques target the key features of behavioural over-control and emotional constriction.

In this workshop Professor Thomas Lynch will:

1. Describe how to help clients who have not responded to medication or standard CBT.
2. Share his underpinning theory, based on 15 years of clinical trials and research.
3. Provide patient-friendly materials which can be used in groups and with individuals.
4. Demonstrate how to coach clients to open up to emotional experiencing and reduce envy or bitterness, thereby raising their capacity for joy.
5. Expand your skill-set for treating other disorders in which over-control and emotional constriction is a feature, such as anorexia, OCD and social anxiety.

Professor Thomas Lynch is one of the world's leading researchers in mood and personality disorders and is an international expert in Dialectical Behaviour Therapy. He has been lead investigator on 7 RCTs, his latest of which is here: <http://www.netscc.ac.uk/news/item/08092011.asp> <<http://www.netscc.ac.uk/news/item/08092011.asp>> He is a Professor at the University of Southampton. Since 1997 he has had over 90 articles & book chapters published. He is a recipient of the John M. Rhoades Psychotherapy Research Endowment and is a Beck Institute Scholar. This workshop is a preview of his latest book „DBT for Treatment Resistant Depression; Targeting Behavioral Over-Control%o due for publication by Guilford Press in 2011. Professor Lynch is also well-known for being an authoritative, entertaining and charismatic speaker. This workshop has been designed for mental health professionals and will contribute 12 hours of Continuing Professional Development.

Inter-country Adoption - 21 Years On: Challenges, Complexities, Hopes for the Future

Vienna Woods Hotel, Glanmire, Cork. Thursday 19th January 2012.
Contact HSE South 021-4858626/650. IASW Members €20 / Non-members €25.

Continuing Professional Development

St. Louise's & St. Clare's Units Joint Annual Conference: Overcoming Challenges in Child Sexual Abuse Interventions

Friday March 2nd 2012 Ashling Hotel, Dublin.

Opening Address: Ms Frances Fitzgerald, Minister for Children & Youth Affairs

Confirmed Speakers:

Ms. Emily Logan, Ombudsman for Children

Mr. John Foden, National Counselling Service, Galway Stopping Cycles of Abuse: What can we learn from adults who were abused as children

Workshops from the Units (delegates can attend 2):

1. Social networking and CSA
2. CSA concerns in the context of acrimonious parental disputes
3. Working therapeutically with parents whose children have been sexually abused
4. Helping children who have exhibited problematic sexual behaviour
5. Exploring the "Myths" surrounding Credibility Assessments

To ensure you receive a brochure in January 2012, please email your details to st.louises@olchc.ie or telephone (01)409 6200.

CALL FOR PAPERS: Social Care Ireland Conference 2012. 'Taking Stock'

This year's conference will take place on Wednesday 28th and Thursday 29th March 2012 in the Kilkenny Ormonde Hotel.

Abstracts of less than 300 words for workshop presentations related generally to the above theme should be submitted by Friday 2nd December 2011. Proposals from those who wish to facilitate small group workshops based on a practice example or issue are also welcome. Submissions must include the title of the paper or workshop as well as the name of the author/s. Submissions should be sent to either Anne Marie Shier at annemarie.shier@ittdublin.ie or Vicki Anderson at andersov@itcarlow.ie. Acknowledgment of receipt will be emailed immediately and notifications of acceptance will be emailed before February 2012.

Please see www.socialcareireland.ie for further conference details.



SOCIAL CARE IRELAND

BAPSCAN 8th National Congress - 'Keeping Children Safe in an Uncertain World'

Sunday 15th - Wednesday 18th April 2012 in Belfast, Northern Ireland. BASPCAN has held a triennial Congress since 1991, providing an opportunity for professionals from a range of disciplines from across the United Kingdom and internationally to share the latest findings from research and to debate how families may be supported and children kept safe. I would like to extend a personal invitation for you to consider submitting an abstract to present some of your work. Alternatively, you may wish to attend Congress as a delegate, and to join in the debates and discussion with colleagues from across the world.

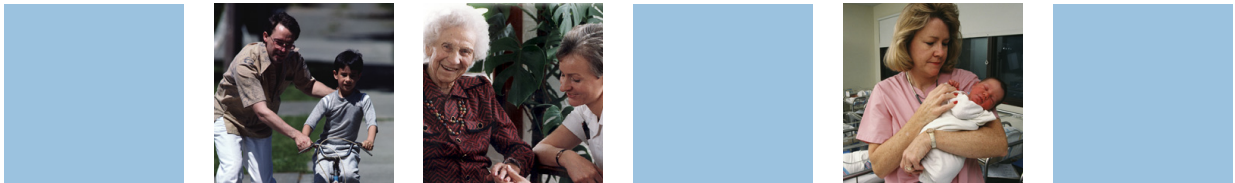
The Congress will take place at the historic Queen's University Belfast (<http://www.qub.ac.uk/>), close to the city centre and right in the cultural heart of the city. Belfast is well served by low cost flights from across the United Kingdom, Ireland and Europe, and ferries from Scotland and England. There are also direct flights from both Canada and the USA.

Continuing Professional Development



ADVANCE NOTICE
2nd International Symposium on:

Decisions, Assessment, Risk and Evidence in Social Work



Monday 2nd & Tuesday 3rd July 2012
Templeton Hotel, Templepatrick, Northern Ireland
(convenient to Belfast International Airport)

The first Symposium in 2010 attracted over 70 researchers, educators, policy makers, managers and senior practitioners to share current developments and to promote collaborative research, service development and teaching initiatives to improve professional knowledge and skills for the ultimate benefit of clients and families. This second Symposium is designed to build on that event.

Plenary Speakers:

Professor Hazel Kemshall, De Montfort University Leicester who has published widely on risk assessment and management with adult client groups including criminal justice.

Professor Aron Shlonsky, University of Toronto who has published widely on risk assessment and predicting harm in child welfare, and on evidence based practice in social work.

Call for abstracts is now open at <http://www.socsci.ulster.ac.uk/irss/dare2012/abstracts.html>

Further information will be added to our website over the coming months:

www.socsci.ulster.ac.uk/irss/dare2012

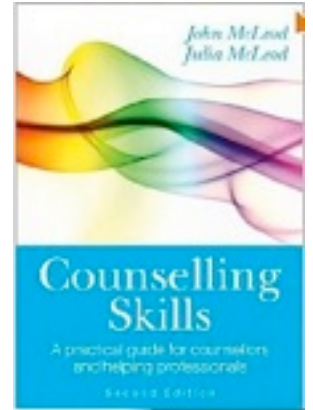
If you would like your name to be added to the list for publicity, email:

Mrs Sharon Lucas at: dare@ulster.ac.uk

New publications and policy reports

Counselling Skills: A Practical Guide for Counsellors and Helping Professionals 2nd Edition (2011)

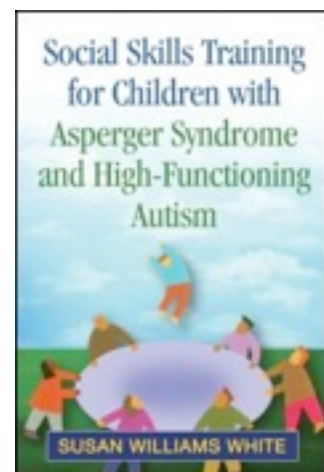
"For anyone in a caring, facilitative or managing role, *Counselling Skills* provides a uniquely comprehensive, accessible and practical guide to interpersonal helping. It introduces a way of working that is both focused and personalised: tailored to an individual client's specific goals and preferences. The book will be invaluable to anyone who wants to help others deal with their problems." Mick Cooper, University of Strathclyde, UK "Not everyone possesses the skills required to ensure that professional communication is compassionate and supportive, but the skills can be learned and this book on *Counselling Skills* provides just the resource needed. Its authors have the experience as practitioners and teachers to imbue the text with wisdom derived from life, academia and counselling. The book is carefully crafted and beautifully written; it includes exercises and examples that enhance learning; it is comprehensive and completely relevant for anyone who seeks to use counselling skills competently in their work." Professor Sue Wheeler, University of Leicester, UK This bestselling book is designed to help counselling trainees acquire and develop the skills and techniques needed to have therapeutic impact with their clients. It also provides those in the helping professions with an easy-to-follow model of 'embedded counselling' that provides tools and strategies for offering counselling relationships within a diversity of work settings. The new edition is thoroughly revised and features nine new chapters, addressing such topics as: an A-Z of practical counselling skills, dealing with difficult relationships, issues caused by cultural diversity or life transitions, and issues in loss and bereavement. The book also covers: Key counselling skills such as caring, listening, questioning and reframing, reflection, attunement to a client, challenging and giving advice Building a counselling relationship Developing understanding of clients' issues Resolving difficult feelings and emotions Ethical principles of counselling practice Working together to change behaviour *Counselling Skills*, 2nd edition is packed with exercises and information on recent studies, to help readers relate theory to their own practice. Written in an accessible, engaging style, with numerous case examples, this book is suitable for students taking courses or modules in counselling skills, counsellors in training, and any professionals who may provide counselling support within their roles, including teachers, doctors, community workers, social workers and nurses. <http://mcgraw-hill.co.uk/html/0335244262.html>



Social Skills Training for Children with Asperger Syndrome and High-Functioning Autism (2011)

This practical, research-based guide provides a wealth of tools and strategies for implementing social skills training in school or clinical settings. Numerous case examples illustrate common social difficulties experienced by children with Asperger syndrome and high-functioning autism; the impact on peer relationships, school performance, and behavior; and how social skills training can help. Chapters delve into the nuts and bolts of teaching and reinforcing core skills in classroom, small-group, or individual contexts, emphasizing ways to tailor interventions to each individual's needs. Ten reproducible forms and worksheets can also be downloaded and printed in a convenient 8 1/2" x 11" size (www.guilford.com/p/white2).

This book will be invaluable to clinical and school psychologists; counselors; social workers; child and adolescent psychiatrists; elementary and secondary special educators and classroom teachers. It may also serve as a supplemental text in graduate-level courses.



New publications and policy reports

Care Less Lives: The Story of the Rights Movement of Young People in Care

Care Less Lives tells the story of the rights movement of young people in care in England. It relates how, from 1973, young people came together to talk about their care, support each other and campaign to improve their lives in care. From the small beginnings of the Leeds Ad-lib group, the story tells how the word was spread by Who Cares?, the National Association of Young People in Care, Black and In Care, and currently by the campaigns of A National Voice. The story describes how young people during these years experienced their care, including their feelings of stigma and control, as well as, for some young people, abuse at the hands of those who were meant to care for them. But it is also a story of altruism and collective resilience, of how young people came together to improve the lives of other young people, to make their lives, less care less. All the proceeds from the sales of CARE LESS LIVES will go to support the work of A National Voice (ANV) and the National Care Advisory Service (NCAS) To receive a copy or copies of CARE LESS LIVES go to http://leavingcare.org/?page_ID=100083 and follow the links to the order form.

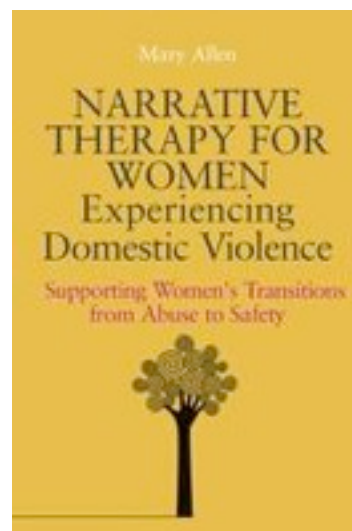


Narrative Therapy for Women Experiencing Domestic Violence: Supporting Women's Transitions from Abuse to Safety by Mary Allen

For women experiencing domestic violence, narrative therapy can be a powerful tool to help them gain self-confidence and a sense of identity, resist violence, and make the transition from abuse to safety.

Drawing on the narratives of women who have experienced domestic violence, this book explores how women employ strategies of resistance, and how strengthening their sense of identity can contribute to this resistance. It demonstrates how narrative therapy can be used as an effective intervention, helping women to leave abusive relationships and supporting them in moving on. The author outlines a model for intervention and discusses how to work with women whilst keeping their safety in mind.

This book will be invaluable to counsellors, social workers and others working with abused women, helping them to understand, engage with and fully support women to resist and move on from abuse.



November 2011, ISBN: 978-1-84905-190-3, 144 pages, paperback, £17.99 / US\$29.95. http://www.jkp.com/catalogue/book/9781849051903?utm_campaign=Allen_Narrative-Therapy-Domestic-Viol_Nov11_NUC&utm_medium=Email&utm_source=CM_jessica-kingsley-publishers&utm_content=Allen_Narrative-Therapy-Domestic-Viol_Nov11_NUC

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Practice signposts: data sources to support practice



Campbell Collaboration

The Campbell Collaboration (C2) helps people make well-informed decisions by preparing, maintaining and disseminating systematic reviews in education, crime and justice, and social welfare. Access to the database in the Republic of Ireland is free as the government of Ireland has purchased a license. <http://www.campbellcollaboration.org/>

Cochrane Collaboration

The Cochrane Collaboration, established in 1993, is an international network of more than 28,000 dedicated people from over 100 countries. We work together to help health care providers, policy makers, patients, their advocates and carers, make well-informed decisions about health care, based on the best available research evidence, by preparing, updating and promoting the accessibility of [Cochrane Reviews](#). Our work is internationally recognised as the benchmark for high quality information about the [effectiveness](#) of health care.

<http://www.cochrane.org/>

This is a new permanent page that will appear in every edition of *Practice Links*. The aim of this page is to provide sign posts to high quality research-informed databases. Some of the databases at a quick glance may seem too medical/health orientated, but also contain great resources to support social work and social care practice also.

National Institute for Health and Clinical Excellence (NICE) - NHS UK

The National Institute for Health and Clinical Excellence (NICE) provides guidance, sets quality standards and manages a national database to improve people's health and prevent and treat ill health. <http://www.nice.org.uk/> . Videocasts: <http://www.nice.org.uk/newsroom/videocasts/videocasts.jsp>. Podcasts: <http://www.nice.org.uk/newsroom/podcasts/index.jsp>

Health Intelligence Unit (HSE)

Health Intelligence is part of the Quality and Clinical Care Directorate within the Health Service Executive and is responsible for capturing and utilising knowledge to support decision-making to improve the health of the population. Website has links to HSE research, databases, facts (census etc.), publications and using evidence effectively. http://www.hse.ie/eng/about/Who/Population_Health/Health_Intelligence/

Evidence in Health and Social Care (NHS)

NHS Evidence is a service that enables access to authoritative clinical and non-clinical evidence and best practice through a web-based portal. It helps people from across the NHS, public health and social care sectors to make better decisions as a result. NHS Evidence is managed by the National Institute for Health and Clinical Excellence (NICE). <http://www.evidence.nhs.uk/>

Growing Up in Ireland

Growing Up in Ireland is a national study of children. It is the most significant of its kind ever to take place in this country and will help us to improve our understanding of all

aspects of children and their development.

The study will take place over seven years and follow the progress of two groups of children; 8500 nine-year-olds and 11,000 nine-month-olds. During this time we will carry out two rounds of research with each group of children.

The main aim of the study is to paint a full picture of children in Ireland and how they are developing in the current social, economic and cultural environment. This information will be used to assist in policy formation and in the provision of services which will ensure all children will have the best possible start in life.

<http://www.growingup.ie/>

Social Care Institute for Excellence (SCIE)

The Social Care Institute for Excellence (SCIE) improves the lives of people who use care services by sharing knowledge about what works. We are an independent charity working with adults, families and children's social care and social work services across the UK. We also work closely with related services such as health care and housing. We gather and analyse knowledge about what works and translate that knowledge into practical resources, learning materials and services. Our work helps to improve the knowledge and skills of those working in care services. This includes managers, frontline staff, commissioners and trainers. People and their families who use these services also use our resources. All of our work is developed in collaboration with experts - including people who use care services and their carers. <http://www.scie.org.uk/>



Background: Attention-deficit/hyperactivity disorder (ADHD) is one of the most common developmental disorders experienced in childhood and can persist into adulthood. The disorder has early onset and is characterized by a combination of overactive, poorly modulated behavior with marked inattention. In the long term it can impair academic performance, vocational success and social-emotional development. Meditation is increasingly used for psychological conditions and could be used as a tool for attentional training in the ADHD population.

Objectives: To assess the effectiveness of meditation therapies as a treatment for ADHD.

Search strategy: Our extensive search included: CENTRAL, MEDLINE, EMBASE, CINAHL, ERIC, PsycINFO, C2-SPECTR, dissertation abstracts, LILACS, Virtual Health Library (VHL) in BIREME, Complementary and Alternative Medicine specific databases, HSTAT, Informit, JST, Thai Psychiatric databases and ISI Proceedings, plus grey literature and trial registries from inception to January 2010.

Selection criteria: Randomized controlled trials that investigated the efficacy of meditation therapy in children or adults diagnosed with ADHD.

Data collection and analysis: Two authors extracted data independently using a pre-designed data extraction form. We contacted study authors for additional information required. We analyzed data using mean difference (MD) to calculate the treatment effect. The results are presented in tables, figures and narrative form.

Main results: Four studies, including 83 participants, are included in this review. Two studies used mantra meditation while the other two used yoga compared with drugs, relaxation training, non-specific exercises and standard treatment control. Design limitations caused high risk of bias across the studies. Only one out of four studies provided data appropriate for analysis. For this study there was no statistically significant difference between the meditation therapy group and the drug therapy group on the teacher rating ADHD scale (MD -2.72, 95% CI -8.49 to 3.05, 15 patients). Likewise, there was no statistically significant difference between the meditation therapy group and the standard therapy group on the teacher rating ADHD scale (MD -0.52, 95% CI -5.88 to 4.84, 17 patients). There was also no statistically significant difference between the meditation therapy group and the standard therapy group in the distraction test (MD -8.34, 95% CI -107.05 to 90.37, 17 patients).

Authors' conclusions: As a result of the limited number of included studies, the small sample sizes and the high risk of bias, we are unable to draw any conclusions regarding the effectiveness of meditation therapy for ADHD. The adverse effects of meditation have not been reported. More trials are needed.

Plain language summary: Attention-deficit/hyperactivity disorder (ADHD) is a disorder that affects a significant number of children and adults in a variety of ways. It is characterized by chronic levels of inattention, impulsiveness and hyperactivity. Meditation therapy could be a beneficial treatment for those diagnosed with ADHD. The objective of this review was to assess the efficacy of this treatment. As a result of the small number of studies that we were able to include in this review and the limitations of those studies, we were unable to draw any conclusions regarding the effectiveness of meditation therapy for ADHD. No adverse effects of meditation in children have been reported. More trials are needed on meditation therapies for ADHD so that conclusions can be drawn regarding its effectiveness.

Link: <http://onlinelibrary.wiley.com/o/cochrane/clsysrev/articles/CD006507/frame.html>

Parent Training Support for Intellectually Disabled Parents, (2010)

Coren, Esther, Hutchfield, Jemeela, Thomae, Manuela, Gustafsson, Carina.



BACKGROUND: Intellectual disability may impact on an individual's capacity to parent a child effectively. Research suggests that the number of intellectually disabled people with children is increasing. Children of parents with intellectual disabilities may be at increased risk of neglectful care which could lead to health, developmental and behavioural problems, or increased risk of intellectual disability. However, there is some indication that some parents with intellectual disabilities are able to provide adequate child care if they are given appropriate training and support to do so.

OBJECTIVES: To assess the effectiveness of parent training interventions to support the parenting of parents with intellectual disabilities.

SEARCH STRATEGY: We searched the following databases: Cochrane Central Register of Controlled Trials (CENTRAL, The Cochrane Library), MEDLINE, EMBASE, CINAHL, PsycINFO, ASSIA, Sociological Abstracts, Dissertation Abstracts International, MetaRegister of Controlled Trials, and ZETOC.

SELECTION CRITERIA: Randomised controlled trials comparing parent training interventions for parents with intellectual disabilities with usual care or with a control group. Outcomes of interest were: the attainment of parenting skills specific to the intervention, safe home practices and the understanding of child health.

DATA COLLECTION AND ANALYSIS: Two review authors independently assessed risk of bias and undertook data extraction.

MAIN RESULTS: Three trials met the inclusion criteria for this review but no meta-analysis was possible. One study reported improved maternal-child interaction following group parent training compared with the control group. The second study reported some improvements in parents knowledge of life threatening emergencies, ability to recognise dangers and identify precautions and smaller improvements in their ability to implement precautions, use medicines safely and recognise child illness and symptoms. The third study reported improvement in child care and safety skills following the intervention.

AUTHORS' CONCLUSIONS: There is some risk of bias in the included studies, with limited information available to assess possible bias and to fully assess the findings of one included study. Whilst the evidence presented here does seem promising with regard to the ability of such interventions to improve parenting knowledge and skill in this population, there is a need for larger RCTs of interventions before conclusions can be drawn about the effectiveness of parent training for this group of parents.

PLAIN LANGUAGE SUMMARY: Parents with intellectual or learning disabilities may need support to provide adequate care for their children and prevent problems that can arise in children's welfare or development. Parent training programmes may help them to learn the parenting skills they need. This review found three randomised controlled trials that met the inclusion criteria. The quality of the evidence in the studies is moderate to low. One study found improvement in mother-child interaction compared with the control group, whilst the second found improvement in safe home practices, recognition of child illness and safe use of medicines. The third study found improvement in child care and safety. More research is needed to assess the effects of these interventions before conclusions can be drawn.

Web Links and Electronic Publications

Mental health service transitions for young people (SCIE Resource)

This guide is for all staff working with young people with mental health problems who need to move from one service to another that is, to make a 'transition'. In the guide you will find underlying principles, information about making services accessible and easy to use, transition planning and practice, working together, and performance management and monitoring; all key areas where improvements will make a real difference to the lives of young people, their families and carers. The guide is based on research and practice knowledge from a SCIE practice enquiry and a research briefing. http://www.scie.org.uk/publications/guides/guide44/?dm_i=4O5,MI4I,ZTOD2,1TMTQ,1

Protecting Children Post Ryan Conference. Watch keynote videos back online (2012)

Download presenter slides (now) and watch videos of keynote speakers (mid-January 2012) on the conference website. Also, listen back to RTE's Godslot interview with Justice Sean Ryan, Chairperson of the Commission to Inquire into Child Abuse, recorded at the conference on the website. <http://swconf.ucc.ie> / <http://swconf.ucc.ie/videos/>

Preparation for birth and beyond: a resource pack for leaders of community groups and activities

As part of its commitment to the promotion of preparation for parenthood, the Department of Health has launched Preparing for Birth and Beyond: a resource pack for leaders of community groups and activities - a couple-focused resource that covers the physical, emotional and practical issues faced during pregnancy and the early years.

One Plus One was delighted to be part of the expert group, which met over the last two years to pool knowledge and produce this important resource.

The resource pack is a practical tool designed to assist those involved in planning or leading preparation for parenthood groups, such as midwives, health visitors, children's centre staff and voluntary organisations.

It is linked to Supporting Families in the Foundation Years, a key Government policy document which highlights the importance of relationship support in improving outcomes for children and families in the early years. One Plus One contributed to the writing of two of the resource's six themes: 'Changes for me and us' and 'People who are there for us'.

Preparing for parenthood is an important transition in couple relationships and One Plus One was well-placed to offer 40 years of relationship expertise to the development of the resource.

One Plus One is committed to strengthening couple relationships during the transition to parenthood and has developed a range of DIY resources for new and expectant parents, including articles, quizzes and courses available online at <http://thecoupleconnection.net>.

Preparing for Birth and Beyond: a resource pack for leaders of community groups and activities is available to download on the Department of Health website: http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_130565

Child Protection and Welfare Practice handbook

'The Child Protection and Welfare Practice handbook has been published by the Health Service Executive and has been written as a resource to support best practice in frontline Child Protection and Welfare work. It is designed to compliment Children First National Guidance 2011 and sets out the key issues in the areas of recognising abuse, responding to referrals, risk factors, assessment, planning and intervention. A copy of the handbook can be downloaded from www.hse.ie/eng/services/newscentre/2011archive/sept2011/childprotectionandwelfarepracticehandbooklaunched.html

Podcasts

The Hon. Mr. Justice Sean Ryan (RTE, Godslot Show)

This is the only interview Justice Ryan has given about his experience of chairing the Commission to Inquire into Child Abuse. The interview recorded at the Biennial Child Protection and Welfare Social Work conference at UCC in 2011 is available to listen back on this link (scroll down the RTE webpage to find the interview) <http://www.rte.ie/radio1/thegodslot/>

The Social Work Podcast

The Social Work Podcast provides information on all things social work, including direct practice (both clinical and community organizing), research, policy, education... and everything in between. Join your host, Jonathan Singer, Ph.D., LCSW, as he explores topics near and dear to every social worker's heart. The purpose of the podcast is to present useful information in a user-friendly format. Although the intended audience is social workers, the information will be useful to anyone in a helping profession (including psychology, nursing, psychiatry, counseling, and education). The general public might also find these podcasts useful as a way of learning what social workers understand to be important. If you have ideas for future podcasts, please send an email to jonathan at socialworkpodcast dot com. <http://socialworkpodcast.blogspot.com/> Archive of Podcasts: <http://socialworkpodcast.blogspot.com/p/podcast-archives.html>

Centre for the History of Medicine in Ireland

This podcast features recordings of academic papers on the history of medicine and medical humanities which were given to audiences in University College Dublin as part of the Centre for the History of Medicine in Ireland seminar series, including papers on history of mental health services in Ireland. <http://itunes.apple.com/ie/podcast/centre-for-history-medicine/id458306348>

Looking at evidence-based practice: How did we get here? Dr. Bruce Thyer

This is a recording of a lecture by Dr. Thyer on the roots of the evidence-based practice process in the USA. He grounds it in the tradition of clinical social work, from the early development of scientific social work to empirically supported treatments.

Number 65, episode 21 (hover mouse over the number "65" and click the play button): <http://itunes.apple.com/ie/podcast/episode-18-dr.-bruce-thyer/id286198045?i=53893198>

Doing Evidence-Based Social Work Practice Dr. Denise Bronson

Evidence-based social work is discussed as both a philosophy of practice and an approach to practice. Dr. Bronson discusses the steps in the EBP process and describes the importance of practitioner/researcher collaboration in response to the age old question, "What works, with whom, under what circumstances"?

Number 68, episode 18 (hover mouse over number "68" and click the play button): <http://itunes.apple.com/ie/podcast/episode-21-dr.-denise-bronson/id286198045?i=55363912>



About Practice Links

Practice Links is a free e-publication for practitioners working in Irish social services, voluntary and non-governmental sectors. *Practice Links* was created to help practitioners in these areas to keep up-to-date with new publications, electronic publications, conferences and continuing professional development opportunities. *Practice Links* is published every other month in Adobe Acrobat (.pdf file). Distribution is by email and on the *Practice Links* website <http://www.ucc.ie/en/appsoc/aboutus/activities/pl/>.

Submissions

Submission for publication should be received two weeks prior to the next publication date. Please forward submissions by email to k.burns@ucc.ie.

SWDU

Practice Links is a publication of the Social Work Development Unit, University College Cork, Ireland. <http://swdu.ucc.ie>

Subscriptions

To subscribe for free to the *Practice Links* email distribution list, whereby you will automatically receive each edition, click on this link <http://lists.ucc.ie/lists/archives/pl-l.html> and press the *Join or Leave PL-L* button. Follow the same process to unsubscribe from the list.

Disclaimer

The inclusion of an item in *Practice Links* does not represent an endorsement and items may not necessarily reflect the views of the editor and/or the University.

Contributors

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