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In this issue...

Meet your new President 2009/10
Professor Francis Hughes

Emeritus Member

BSP Serves up Masterclass

A Celebration of Sir Wilfred Fish

A great start to the Diamond Jubilee Year

Presidential Handover
At the Autumn Meeting 2009, Professor Gareth Griffiths handed over the reigns of the Presidency to Professor Francis Hughes.

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is once again proud to sponsor The BSP
Presidential Address 2009 “WOW!!”

Firstly I would like to thank all of you in the Society for the enormous honour you do me by asking me to serve as your president, particularly in this special Diamond Jubilee year.

My first challenge as your incoming president is to deliver a suitable address, something which has occupied my mind for some time. My very distinguished predecessors have ably tackled this task in many different ways such as adopting a range of autobiographical, clinical, scientific and political themes, typically in an erudite and witty way. By way of change I decided that I would make my own address into an advertisement, or perhaps more correctly an “infomercial,” to highlight some of the thinking behind the meetings I have planned for my presidential year, and along a rather tortuous way flag some other issues which excite or concern me.

I was initially inspired to follow a career in Periodontology by Frank Ashley at Guys, who by a delightful coincidence was BSP President 10 years ago when the society celebrated its Golden Jubilee. There are many others who have inspired me since including Fred Smurthwaite and Newell Johnson at The London. Today I continue to find periodontology an exciting discipline, which in scientific, research and clinical arenas is still able to make me feel “wow!”

I am confident that you all also have your own “wow factors” in periodontology. Thus we come to the WOW test to test yourself by starting with a non-periodontal example to warm up - this year England won the Ashes at cricket and qualified for the World Cup in football with 2 games to spare!

Periodontal disease is an extremely interesting disease in terms of the pathogenic mechanisms and disease outcomes. Figure 1 shows where much of the action takes place in this disease. This histological side of a periodontal pocket definitely has a wow factor for me!

My own research in the cell and molecular mechanisms of tissue formation excite me in many ways, from the sheer capabilities of modern research methods where it is possible to examine the expression of all the genes in a cell or tissue pretty much in an afternoon’s experiment, to the basic insights these experiments can provide. There is a basic clinical fact in periodontology which we all should remember well and that is just how effective periodontal treatment is. Essentially tooth survival rates following well conducted periodontal treatment, even in severe cases, are probably better than implant survival rates (figure 2).

Turning to the Society’s meetings this year, in Brighton we will assemble to discuss “20 years of Periodontal Regeneration – where are we now?” Since the introduction of Guided Tissue Regeneration about 20 years ago a number of innovations and techniques have come along. Certainly the explosion in the understanding of the biology of the regenerative processes involved contains much that is “wow” about it. However our clinical results and outcomes remain often frustratingly modest (and definitely not always “wow”).

The Autumn Scientific Meeting takes as its theme: “Periodontal Disease – Does Plaque Really Cause Periodontal Disease?”

For me this is not just a gimmicky title but a serious question – when we are starting to understand just how complex the aetiology of this disease is, is it right that we should continue to say that plaque is the cause of periodontal disease. For example it may be true that smoking does not cause periodontal disease in the absence of bacteria, but conversely it may well be true that bacteria do not cause periodontal disease without the presence of some other factors such as smoking. Here I suggest a few random statements that have a touch of wow about them:

- Smoking increases the risk of periodontitis by about 5 fold – what is most striking about this widely accepted statement is not that it might be true, but that 20 years ago we had no idea that this was the case, and thought it was all down to the bacteria.
- From the epidemiology, type II diabetes mellitus may be responsible for about half a million cases of periodontitis in the UK.
- Single gene mutations, without primary microbial alterations, can cause periodontitis both in animal models and in humans.
- A specific clone (JP2) of a specific bacterium (Aa) appears to cause periodontitis in a specific human population – perhaps the best evidence of a direct causal effect of bacteria in one type of periodontal disease.

Finally the word “wow” is sometimes used to denote something that is not necessarily exciting, but rather that is surprising or unexpected. A personal non-periodontal example is this:

In 1997 Radiohead released their seminal album “OK Computer,” widely regarded as one of the finest albums of all time. However that year the Mercury Music Prize was won by Roni Size and Reprazent for their album New Forms, which has not perhaps stood the test of time for that year’s judges.

In Periodontology there are many things that might fit this type of “wow” reaction. I have chosen a couple which précis information in the 1998 Adult Dental Health Survey. From this data and BSP Parameters of Care it can be estimated that up to 4 million people in the UK might benefit from some sort of Specialist Dental Care. Against this we have less than 100 periodontists on the Specialist list (approx 1:1 000) and around 900 members of the BSP (approx 1:4000).

What is even more disconcerting is that the prevalence of disease on this scale did not appear to be affected by dental attendance patterns. That is to say, you were just as likely to have periodontitis if you attended a dentist regularly compared with someone who never attended a dentist.

Thus in conclusion it seems that in population terms we may be only scratching the surface of treatment need. The BSP, on its 60th Birthday, is a thriving, vibrant society with many things to be proud of. However as its membership we all still have lots of challenges and responsibilities to promote and develop our discipline further.

Francis Hughes
As President of the Society at the time, Bryan Wade wrote to me in December 2008 and early in his letter he said: “Don’t feel that we really know each other though we must have met”. We had met, but I was in my 20’s at the time and Bryan was in his 60’s, so it is not that surprising that I was aware of him, but he did not know me. I first became aware of Bryan through the British Society of Periodontology in 1981 when I attended my first BSP meeting. Bryan of course was a prominent figure in the Society. I then moved to London in 1983 and became more aware of Bryan, at meetings in the London area and through contact with the postgraduates he taught. Although I never worked with Bryan and was never taught by him personally, I know what high regard people who were fortunate enough to have enjoyed this experience held him in. Bryan was one of the founder members of the BSP; and was secretary 1954-1956. He was President of the Society for a number of years and held a second term of office in 1984-1985 when the BSP hosted the North Sea Conference in Cambridge in 1984. For younger members of the ‘Committee’/ ‘Conference’ precedes their names I was fortunate enough to have known 3, being worked closely with Graham and Bernie, but only encountering Bryan in the latter years of his career.

Bernie Kieser died in September having fought cancer over the last year. It was typical of Bernie that he defied all predictions of the course of his illness, surviving longer than expected. Bernie was President of the BSP in 1989-1990 and was made an Honorary Member in 2001. During his time as President, Bernie was instrumental in probably the Society’s biggest step, which was to introduce Anne Hallowes as Administrative Manager to the Society, a past Anne has just retired from. This was a step which changed us from an organisation run on goodwill, and great passion, to a more professionally run organisation which many of the other Societies envied. Bernie was a very active member of the Society who last presented his provocative thoughts at the Spring Meeting in Cambridge 2008 where one of his former students, Graham Smart, was President. I had the privilege of sharing an office with Bernie for many years at the Eastman and learnt a huge amount from him about periodontology, dentistry, teaching, sport and life. Many of the students passing through his hands have benefited similarly from his teaching and questioning approach. For a man who preached a non-surgical approach to Periodontal therapy, he also had one of “the best pairs of hands” for surgery that I have seen. It was Bernie’s funeral the day of our September meeting and several members were torn as to where they should be. However, with the title “Plaque on Trial” I know that Bernie was somewhere in the audience at that meeting, whether as a question or an argument to put forward. This is because Bernie was always a flamboyant ambassador for Perio who loved to challenge verbally and intellectually what was understood as accepted thinking. He provoked people into self-reflection, making you examine your beliefs and practices. He was a person you could go to for advice and he would be the first to help without expecting anything in return. Bernie liked and enjoyed people, particularly if he could help them in some way. He, like the Bryan and Graham will be a sad loss for us all.

A Big Thank You Ghilaine

Richard Palmer presented the work done within the EC to restructure the committees in order to meet the objectives identified in the Strategic Planning. The structure has been simplified and 4 committees have been identified: Congress, Education, Workshop and External Affairs. Among the objectives of the External Affairs committee are: to develop and improve communications with the National Societies; to ensure professional bodies; to develop and facilitate communication of key messages to the public; to promote the recognition of Periodontology as a Specialty; to promote good relations with the Industry and sponsors. This new structure as well as the proposal of Monica Guenale the EFP European Coordinator to offer her full time services to the EFP, were unanimously approved by the GA. Richard Palmer also pointed out the need for the EFP to go forward by updating the by-laws. An Extraordinary General Assembly will be held in September 2009 for the revision of the by-laws and the appointment of the new Secretary General.

The General Assembly closed with Secretary General, Joanne Kamma thanking the Executive Committee for their reports and the EFP Secretariat for the work done in the organisation of this GA. He also expressed the EFP’s gratitude to the President Richard Palmer and the British Society of Periodontology. A special mention was made to Steve Snauwaert for the work involved in hosting the EFP meetings in London, as the excellent organisation provided to EuroPerio and the General Assembly. The EFP’s sincere appreciation was also expressed for the support of Johnson & Johnson and Astra Tech, the EFP meetings co-sponsors.

EFP General Assembly, London

The most recent General Assembly (GA) was held in London on Saturday 28 February, 2009. Members of the Executive Committee and the General Assembly met at the Tudor Rose Room of the Sheraton Park Lane Hotel. The GA meeting agenda was very extensive, the President very briefly reported on the main activities during 2008 very much related to the Strategic Planning. Among items on the agenda were: Reports from the President, Secretary General, the Treasurer, and the Chairmen of the standing committees. Key issues which were addressed, discussed and approved were: Finance, Core Professional Congress Organiser (PCO) and management, EFP website.

Bernie Kieser

The EFP representatives certainly enjoyed the sights and hospitality of London. On the Friday evening a social event was held at the famous wine merchants Berry Brothers and Rudd in St James’, established in 1698. There they were treated to fine wines, a presentation and a superb dinner in the Napoleon Gallery. On the following evening they were taken to the Royal Automobile Club where they were able to enjoy the amazing surroundings of a prestigious London Club. The quality reception was much appreciated. The hospitality shown to our EFP guests would not have been possible without the generous support of the BSP, Astra Tech and Johnson and Johnson. Thanks also go to Peter Floyd who made the RAC visit possible and the great organisation of Ghilaine. We believe that this experience of the UK, and London in particular, will certainly enhance the chances of any future bids to host EuroPerio.

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Maurizio Tonetti, Editor of the Journal of Clinical Periodontology, informed about an agreement with Wiley Blackwell that the 2009 IJCP subscription cost (print and online) would remain the same as for 2008. In 2010 there will be slight increase to the online subscription. He reported on the work done by the BSP, BSPP and EFP Secretariats from national societies to improve membership value of the Journal, and subscription. He reported on feedback received from national societies to improve membership value of the Journal, and subscription. It was reported on feedback received from national societies to improve membership value of the Journal, and subscription.

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Richard Palmer

Gareth Griffiths

A Celebration of Contributions

During the last year the Society has lost 3 prominent members with the passing of Bryan Wade, Graham Smart and Bernie Kieser. I was fortunate enough to have known all 3 having worked closely with Graham and Bernie, but only encountering Bryan in the latter years of his career.

Graham Smart died in June after a long battle with cancer. Graham was a member of the BSP for many years and was President of the Society in 2007-2008. Val Clerche (immediate past president to Graham) and myself (president elect) know how difficult it must have been for Graham to fulfill his role as President. Many have described Graham as a caring, kind, thoughtful, modest man who never raged or complained. Graham was always inspiringly positive about his illness and never alluded to any difficulties, so we were all delighted that he was able to complete a memorable year as President. This included the first Pan Society meeting in Birmingham and members will recall his excellent Spring Meeting in Cambridge, with a very successful conference programme and a most memorable dinner which will live long in the memory of all who were there. Graham was also known as a practising teacher and researcher and made a significant contribution to Periodontology in general and the Society specifically. I was fortunate enough to work with Graham when I was working for the Medical Research Council undertaking a study at RAF Halton. I also worked with him on a study of local delivery antisemicals, so we published together. Graham always had a thoughtful, considerate, meticulous approach and was a joy to work with. I would also recognise the valuable contribution that Graham made to me in my early days at the Eastman. The pair have educated and inspired many dentists and hygienists up and down the country. As a testament to his dedication Graham was fulfilling a teaching obligation a few weeks before he died. Many of the tributes that were sent to the family along with condolences messages highlighted many of Graham’s attributes but the things that stuck out for me were, that Graham was no pushover, but a good questioner with a very good listening ear. He was principled, tactful and showed good judgement. A true gentleman!

Graham Smart

Richard Palmer

The General Assembly closed with Secretary General, Joanne Kamma thanking the Executive Committee for their reports and the EFP Secretariat for the work done in the organisation of this GA. He also expressed the EFP’s gratitude to the President Richard Palmer and the British Society of Periodontology. A special mention was made to Steve Snauwaert for the work involved in hosting the EFP meetings in London, as the excellent organisation provided to EuroPerio and the General Assembly. The EFP’s sincere appreciation was also expressed for the support of Johnson & Johnson and Astra Tech, the EFP meetings co-sponsors.

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Himalayan Dental Adventure!

By Shekha Bhuvu

Shekha, a Periodontology MClin Dent trainee at Guys Dental Hospital took time out this summer to go on a once-in-a-lifetime trip to Nepal as a volunteer dentist. Here she talks about some of her experiences.

I had been looking for a volunteer dental project for some time before coming across “Smirkling”, a charity founded by a British based orthodontist Julian Hazard and Nepalese dentist Mingma Tamang. Trimming had carried out several successful dental missions in Nepal in the past as well as sponsored dental health education programmes. The latest trip however was to be the most ambitious so far. Add to the mix a remote Himalayan village, helicopter transport, a United Nations medical and dental camp with international volunteers. It sounded like just the adventure I was after - I was in!

The mission ran in conjunction with the UN Food Programme which supplied 11 months worth of rice and lentils to the area. Their initiative involved encouraging the local people to work and grow their own village in exchange for regular nutrition food. A great example of empowering people to help themselves.

After a breathtaking helicopter ride over the Himalayas we reached Samagon, a remote village with 3500m above sea level; overlooked by the magnificent beauty of Mount Manaslu (the world’s eighth highest mountain 8163m). Samagon (population approx 600) is geographically isolated. The closest road to Kathmandu is a 6 day hike away. It has been called the Forgotten Kingdom; until 1992 there was a complete government restriction of foreigners into the area. Houses were simple one roomed stone and wood constructions. There were no shops. I felt fortunate that as a dentist to be able to offer some small service to this village. Leaving behind lives of our ‘normal’ lives for just a week really made me appreciate how much we take for granted. It is clear that life in Samagon is tough, with a great need for health and dental care, especially for the children. I feel fortunate that as a dentist to be able to offer some small service to this village. Leaving behind lives of our ‘normal’ lives for just a week really made me appreciate how much we take for granted.

Our restorative room had 2 wooden beds. Electricity only ran at specific times, so we had to make provisions to power our 2 handpieces. A headlight proved an invaluable aid. Here small cavities were restored with GC, I couldn’t help but get my scalars out to provide a much needed clean fill. Extractions were carried out outdoors, away from triage and the restorative area so other patients didn’t get scared by the blood and also to keep the flies away! All oral instruments underwent autoclave sterilisation so instruments were always available. Although this was the first dental experience for most locals, they let us carry out work without fuss and were so appreciative of the service we were able to offer. The main sugar intake was sweet tea, with few western sugary treats infiltrating into this remote area. Although a small percentage of children had healthy teeth, many villagers had suffered for a long time with untreated dental diseases, namely periodontitis and cavities.

In total we examined approximately 600 patients, some walking for 5 hours from surrounding villages and monasteries to reach us. We placed over 250 fillings and extracted 300 teeth. At least 700 toothbrushes and tooth pastes were distributed. A great initiative by one of the dentists was to give all the children animal balloons! I can’t even count how many of these we handed over! I feel fortunate that as a dentist to be able to offer some small service to this village. Leaving behind lives of our ‘normal’ lives for just a week really made me appreciate how much we take for granted.

This was a humbling and satisfying experience; full of adventure, breathing natural beauty, spirited and grateful local people and clinicians with a passion for this work. I feel honoured to have been part of such a great project and would go back without hesitation!

Acknowledgements

A huge thank you for all those who supported us through this mission. Braun Oral 8, Colgate, Denley Henry Schein, NSK, G&H Dentals, Loma Dental Practice, Hemet Hemptoad and all others. Thanks to the UN, WFP and Smirkling for supporting this mission. Also a big thank you to Mike Scott (Tanzanian Daily News) for taking lots of superb pictures and videos.

Congratulations Profs!

In August 2009, the honorary secretary of the Society, Phil Ower, was awarded a Chair at Newcastle University, and is now Professor of Periodontology and Dental Restorative Dentistry at Newcastle. He is also a UK Department of Health/Medical Research Council National Clinician Scientist. He received a distinguished scientist award from the International Association of Dental Research for which he was awarded a King James IV Professorship from the Royal College of Surgeons of Edinburgh in 2008 for his contributions to dental research. When not involved in research, he can often be found throwing plastic discs around woodland fields, as he plays ultimate frisbee for Newcastle’s team, The Brown, in the UK national tournaments. Congratulations on your promotion, Phil.

Membership News

The Society has had a successful year under the presidency of Professor Gareth Griffiths. The total membership has increased slightly since last year with 504 members, up from 896 last year (being an increase of around 3%). The membership comprises: 7 Honorary Members, 660 Full Members (of whom 83 are overseas), 29 Post-graduate Members, 33 Spts, 18 First 4 years members, 3 undergraduate members, 36 associate members, 137 Hygienists/ Therapists, Associates, and members of the Dental Health Practitioners Association. Although the total number of members has not changed much since last year, there have been 128 new members this last year in 2008. A total of 115 of our members are located overseas. There are 3 undergraduate members, who for a very beneficial membership rate of £25 per year, receive a copy the Newsletter as well as the benefit of access to the Members Only area of the website, and reduced registration fees for conferences.

Prizes Awarded

The Society awarded the 2008 Sir Wilfred Fish research prize to Dr Mike Milward of Birmingham University for his project “Modelling the immune response to periodontal pathogens using a natural anti- body”. The certificate was awarded at the Spring 2009 meeting in Sheffield.

Dr Louise O’Dowd of Newcastle Dentistry hospital was awarded a Certificate of Merit for her project “Patient perspectives on the impact of periodontal disease” and this certificate was presented at the Spring 2009 AGM.

There were 3 applications for the Ralph Atchley Undergraduate prize this year, all of which were of a high standard. The winner was Cameron Herphatt from Glasgow Dental School for his project “The antimicrobial activity of Tetracycline against periodontal pathogen, and its potential for immunomodulation”.

There were two applications for the rapid response audit award this year which supports audit proposals with funding to a maximum of £500 for each project.

The two awards funded were to Kathy Durey, SHO at Aberdeen Royal Infirmary for her project “Audit of the quality of periodontal referral letters” and to Dr. Ubele van der Velden for Ubele van der Velden.

The Royal Bestowal and Decoration for Ubele van der Velden.

Ubele van der Velden, a great friend to the BSP and Honorary Member, has been decorated by the mayor of his home town (Amstelle), Ubele was clearly honoured to receive a Royal Bestowal and Decoration on September 18th, after presenting a retrospective talk at 40 years of periodontology with ideals for the future at a scientific symposium. Ubele was decorated with “Officer of the Order of Orange Nassau”. Apparently the mayor gave a very nice speech. I say ‘apparently’ as unfortunately our editor was not present and not familiar with the Dutch language. Those that are able to view the comments by Jan van Zaan, the mayor of the City of Amstelle, at the following website:

http://www.amstelveen.nl/web/show?id=231348&langid=43

Road shows continue...

The theme for the road shows is “Core Values for Treating Patients in Practice” focusing on Assessment, Diagnosis and Treatment. The road shows have been highly successful, and have been run in Dundee, Newcastle, Southampton, Liverpool and Manchester, with a total of 809 delegates attending to date. The feedback has been uniformly outstanding, and the next road shows will be held on 17 April 2010 as part of the Founders and Benefactors Event at Newcastle University.

Editorial Change

After many years as your Honorary Editor, an exhausted Dr Phil Ower has decided to hang up his editorial boots. I’m sure that you will all agree with me that the BSP Newsletter has evolved significantly during his tenure and the publication is now a credit to him, his contributors and the BSP. I would like to personally thank Phil for his meticulous attention to detail which became apparent during the planning which was done on a sunny morning in the Eastman court yard before a Council meeting. It was at that precise moment when it suddenly dawned on me what I had agreed to take on. Of course, Phil is a keen photographer and so he has kindly agreed to continue on as the BSP paparazzo. Many thanks Phil for all of your hard work and I will endeavour to continue in the same manner.

Gramh Smart Memorial Lecture

At the 2009 BSDHT annual conference in Bournemouth in October, Phil Ower delivered the Graham Smart Memorial Lecture to over 200 delegates, including a few BSP members. Graham and Phil had originally been asked to present by the BSDHT President, Marina Harris, and it was Marina’s suggestion that the title was modified as a tribute to Graham who had had a long association with the BSDHT and its predecessor, the BODHA. The theme of the lecture, planned by both Graham and Phil, was “Periodontal Therapy at the Crossroads: Infection or Inflammation?”
The President, Professor Gareth Griffiths, held his spring meeting for 265 delegates at Sheffield Hallam University on 13th & 14th April 2009. The theme of the meeting was ‘Aggressive Periodontitis’. After a welcome by the President, the session chair, Mr Raj Joshi, introduced the opening speaker, Professor Urs Brägger, who had agreed to extend his presentation because Professor Tonetti was not able to be with us as a result of family illness.

In his presentation, he discussed the biological and technical risks associated with tooth and implant supported fixed reconstructions in periodontally-affected dentitions. This was followed by an extended discussion session. The meeting closed following a good panel discussion led by the session chair Professor Andrew Rawlinson, with keen questioning from the audience.

Awards were also presented to Ghilaine Ower, who has retired, having served as Administrative manager, and Helen Clough, the new administrative manager, supported by Ghilaine Ower our conference manager, and Prof. Paul Hatton described how tissue engineering could be used to replace tissues lost as a result of periodontal disease, but highlighted the difficulties of trying to use these techniques within the hostile environment of the mouth and more specifically the periodontal pocket.

After tea Dr Ulpee Darbar discussed the use of dental implants to rehabilitate young patients who, as a result of aggressive periodontitis, suffer from early tooth loss. The meeting closed following a good panel discussion led by the session chair Professor Andrew Rawlinson, with keen questioning from the audience.

The Society is grateful to the major sponsors of the meeting, GlaxoSmithKline, Colgate and P&G Professional Oral Health. We are also grateful to Ghilaine Ower our conference manager and Helen Clough, the new administrative manager, for their help in the organisation of this meeting.
EuroPerio 6

2009 was a EuroPerio year, and Europerio 6 was held in Stockholm from 4-6 June 2009. This was an excellent meeting, with some outstanding presentations. There were also lots of learning opportunities for those who might think of hosting EuroPerio in the future, such as ensuring that lecture halls are big enough and that there are adequate catering facilities available. 232 delegates from the UK attended the meeting, a very impressive turnout. Professor Griffiths represented the Society well and his flag waving at the opening ceremony was second to none (see photo with Union Jack). As you can see from the photographs of the event, this was certainly a grand occasion, with many BSP members attending and presenting.

The remainder of the day was spent putting one “for” and one “against” a change of name for the Society made by Professor Nikos Donos and Dr Isabel Madden. Professor Nikos Donos proposed that a change of name would align the BSP with a number of other EFP member societies. Conversely, Dr Isabel Madden supported the proposal that within the name BSP, all aspects of the field are included and that we should not limit ourselves to particular areas of the subject and therefore the name should remain unchanged. This was a healthy debate and it was great to see so many contributions from the audience. No doubt this will be an ongoing discussion.

To mark the occasion, a Diamond Jubilee Dinner was held at One Whitehall Place where a fabulous time was had by all.

Autumn Meeting

The incumbent President, Professor Francis Hughes held his Autumn Scientific Meeting at The Royal Institution of Great Britain in London on 24th and 25th September 2009. This was a Diamond Jubilee meeting and began on the Thursday afternoon with the Jubilee Celebration of the Sir Wilfred Fish Prize and subsequent competition. Following this, a debate ensued with two short presentations, one “for” and one “against” a change of name of the Fish Group. Dr Isobel Madden (Newcastle) and Curtis (London) then examined this area in detail. This was a great meeting and a wonderful Jubilee Celebration.

The Friday morning began with the Annual General Meeting which was followed by the presidential handover. Professor Hughes delivered his Presidential address “Wow!!??” see Page 2 in this newsletter.

The Sir Wilfred Fish Research Prize

The Sir Wilfred Fish Research Prize, instituted in 1970, is the most prestigious award bestowed by the Society. It is awarded annually with the object of encouraging researchers in the early stages of their career.

Delving into the BSP archives has uncovered the names of previous winners who will be familiar to many within the Society. These include our current President who was awarded the prize in 1985. The Autumn Diamond Jubilee meeting was a suitable forum for a celebration of this research activity with presentations from Professor lan Mackenzie (the very first winner of the prize) Professor Gregory Seymour, Professor Iain Chapple, Dr Yu-Kang Tu and Dr Anouseh Alavi. As always information for anyone interested in competing for this prestigious award in the future, details can be found at the BSP website. (http://www.bsperio.org.uk/awards.htm)

Previous Winners

IC Mackenzie JW Rippin J V Soames GJ Seymour
HF Sewell R Soglie N Sabag C Mery
KS Korrman DV Clerrehugh KA Eaton SJ Poole
JE Clague-Moore FJ Hughes JR Radford PA Heasman
DF Kinane BH Mullalv S Fritlove-Carson PJ Byrne
MT Gibson ILC Chapple M Lubbock CN Kennett
JS Ellis GN King JA James AJ Biddle
T Myrillas S Shirodaia F Lundy H Fraser
S Haworth G Brock M Llorente Yu-Kang Tu
L Nibali A Roberts N Bostanci M Milward

Helen Clough has been appointed as the Society’s new administrative manager

Helen has an illustrious and varied background which ensures she will be perfectly suited for her new position with the Society. She has over 30 years’ experience of health care in both the NHS and the private sector, as well as the business sector. Within the NHS, she has worked at a senior level both in nursing and general management, and has recently been appointed as a lay member to the PCT in Leeds. She has worked as a magistrate for the last 10 years, with a special interest in family work. While working for Bradford Hospital’s NHS Trust, she worked variously as a Systems Accountant, a Business Development Manager, and as the Complaints Manager for the Trust. She has also worked as the Legal Practice Manager for a firm of solicitors in West Yorkshire.

Helen lives in Yorkshire with Arthur and Dotty, with whom she enjoys fell walking in the Yorkshire dales. Arthur and Dotty are her two labradors. She spends what little free time she has cooking for friends, singing with her local choral society and indulging her passion for opera. She enjoys sailing and has recently discovered windsurfing although she admits it will be better when she learns how to turn. Helen brings a wealth of varied, and highly relevant expertise to her new position, and the Society is incredibly fortunate to have secured her services.

Helen Clough

The Fish Group

Prof. Nikos Donos

Dr Isobel Madden

Sir Wilfred Fish

Helen Clough

Presenters and Contributors

The Fish Group

IC Mackenzie JW Rippin J V Soames GJ Seymour
HF Sewell R Soglie N Sabag C Mery
KS Korrman DV Clerrehugh KA Eaton SJ Poole
JE Clague-Moore FJ Hughes JR Radford PA Heasman
DF Kinane BH Mullalv S Fritlove-Carson PJ Byrne
MT Gibson ILC Chapple M Lubbock CN Kennett
JS Ellis GN King JA James AJ Biddle
T Myrillas S Shirodaia F Lundy H Fraser
S Haworth G Brock M Llorente Yu-Kang Tu
L Nibali A Roberts N Bostanci M Milward
Au Revoir from Anne Hallowes

I shall always be indebted to Bernie Kieser who, in 1989 when he became President of the British Society of Periodontology, recommended to Council that I should become the Society’s administrator. I had worked with Bernie for many months on the preparation of his book “Periodontics: A Practical Approach” and he was aware of my experience as an administrator and medical secretary.

In addition to the day to day administration of the Society I organised the Spring and Autumn meetings and the Roadshows, the largest meeting being the joint meeting with the BDHA and IAP in May 2001 when Hubert Newman was President and which was attended by 650 delegates. However with the demands of an increasing membership as the Society grew, Council came to the conclusion that the time had come to take on a Conference Manager and in 2004 Ghilaine Ower was appointed and it has been a pleasure to work along side her since then. Serving the Society has been a great honour and I have made many friends. It was a privilege to assist Frank Ashley in arranging the Society’s 50th Anniversary celebrations and to be invited to the Diamond Jubilee dinner held on 24 September 2009 as the Society’s first Emeritus Member.

My last official duty as the retiring Administrative Manager was to support members attending EuroPeriod in Stockholm where I was delighted to meet a number of overseas members with whom I had been communicating for many years but whom I had never met. I have enjoyed the close working relationship with Monica Guiney of the European Federation of Periodontology and with the staff of Munksgaard in Denmark and latterly with Blackwells in Oxford.

As I say au revoir, I wish to thank my husband, Ashley, for his unstinting support as well as our daughters, Suzanne and Kirsty, who helped with the preparation for meetings in the early years.

Finally thank you to the Society for bestowing on me the honour of becoming the first Emeritus Member, thank you for the gifts which were presented to me by Gareth Griffiths at Cutlers’ Hall, Sheffield in March 2009 and thank you to the many members who have wished me well in my retirement.

I wish the Society best wishes for its future as it faces new challenges and every good wish to Helen Clough, my successor.

Professor Val Clerehugh has kindly produced a taster of what is to come from her in the future:

Since 1986, the British Society of Periodontology has advocated that adults be screened for periodontal diseases in General Dental Practice. These original guidelines were updated in 2001 with the inception of the Basic Periodontal Examination (BPE) in the UK (1) and similar systems operate in Europe and the USA.

However, at present there are no universally agreed guidelines for periodontal screening of children and adolescents. Therefore, currently, the British Society of Periodontology and the British Society of Paediatric Dentistry are working on a joint initiative led by Professor Val Clerehugh and Dr Susan Kindelan with the aim of formulating and disseminating periodontal guidelines for the under 18s which are quick and easy to use in practice (2) and based on evidence-based principles.

The proposed system involves assessing six index teeth (UR6, UR1, UL6, LL6, LL1 and LR6) using the usual WHO 621 style probe with a 0.5 mm ball end and black band at 3.5 to 5.5 mm. BPE codes 0-2 will be used in the 7- to 11-year-olds and the full range of codes 0, 1, 2, 3, 4 and * will be used in the 12- to 17-year-olds (Figures 1 and 2) - use of the index teeth in these age groups is to avoid the problem of false pockets (3). Guidance will also be given on which cases warrant referral for specialist care, such as those shown in Figure 3.

Figure Legends

1. Simplified BPE
   - Index teeth (WHO partial recording for adolescents) UR6, UR1, UL6, LL6, LL1, LR6
   - BPE codes 0, 1, 2, ages 7-11 years (mixed dentition stage)
   - Full range BPE codes 0, 1, 2, 3, 4,* ages 12+ years (permanent teeth erupted)

2. Index teeth UR6, UR1, UL6, LL6, LL1, LR6 and grid for recording simplified BPE in the under 18s; b) WHO 621 probe; and c) probe being used to undertake simplified BPE on LL6 index tooth

References

Figure 1: BPE codes and index teeth for children and adolescents

Figure 2a: Index teeth UR6, UR1, UL6, LL6, LL1, LR6 and grid for recording simplified BPE in the under 18s

Figure 3: When to refer to a specialist
Website Update

The use of the BSP website continues to be at a high level with the number of hits now close on 1.4 million.

We have recently had a lot of new members join the BSP which is very encouraging. For those not familiar with the website there is a jobs page that enables you to post adverts. It is easy to use and you can also post jobs on behalf of non members. There is also a case studies page with 10 very interesting cases to view.

The website can also be used for posting details of periodontal courses. As a society we are keen to promote courses so if you have details of courses you want posting then you can send them to me to upload (addyld@cardiff.ac.uk). The website also has the presentations from last year’s road shows available for you to look at. Based on the attendance levels and the feedback these would be well worth a look at and can be accessed from the Meetings presentations download page.

One part of the website that is overlooked by members is the case studies page with 10 very interesting cases to view. The site has the presentations from last year’s road shows available for you to look at. Based on the attendance levels and the feedback these would be well worth a look at and can be accessed from the Meetings presentations download page.

A discussion topic entitled “should we change the name of the BSP to include implants?” is now on the website... an ideal opportunity to have your say.

Liam Addy, Webmaster

Caption Competition

This year’s competition photograph was captured at EuroPerio6 in Stockholm 2009.

Entries to the editor please at anthony.roberts@manchester.ac.uk

All entries may be published… and the Editor’s decision is final!

Coffee Time

For those of you with a few moments during a patient cancellation, try and find the names of all of the current Council members. If you are really struggling, the Editor would suggest that you remind yourselves who is on council by looking at the last page of this newsletter.

c e e h i i r w i n d o s n n a t u r e n r o h e d e f o o e t f n g n b h d t r m d n o i r r e d h n o d c o s r a i u g s s a a p h l w b f h f t u r n a e u a d f p a y f r e y l a g m u i s o a e d i e h n h g i h e b d n n a m s a e h a i l o e a d e a w e d s l e i r e p e e l s y r d e i g b n a n o l s e w p y n

Future Meetings

Spring Meeting

Brighton 26 – 27th April 2009

20 years of Periodontal Regeneration - where are we now?

It is just over 20 years since periodontal regeneration techniques became a reality for our patients. Over this time there have been a number of techniques and products come along for this therapy yet at times results of these procedures can be disappointing. Recent scientific advances have also identified the possibility of new generations of regenerative therapies with wider application and more predictable outcomes, including the possible use of growth factors, tissue engineering scaffolds, and further down the line of stem cell and gene therapies.

We have assembled a stellar cast of some of the foremost clinicians and scientists in the world in this field to speak at the meeting. These include PierPaolo Cortellini, Leonardo Trombelli, Chris McCulloch, William Gannobile, Richard Palmer and Dieter Bosshardt. The programme will consider the history of regenerative techniques both clinically and biologically, where we are today including practical tips and evidence on outcomes, and considering the potential for new therapies based on emerging regenerative technologies. We particularly hope that the programme will give an excellent mix of clinical detail and scientific background. In addition we will be running one parallel session on periodontal maintenance to be addressed by Phil Ower, Jeanie Suvan and Peter Heasman which we hope will be of particular interest to members of the dental team including dental hygienists.

The meeting will be held in the Brighton Dome, a venue very suitable for the society’s diamond jubilee celebrations and indeed the very stage on which ABBA won the Eurovision song contest! We expect also to have a large trade exhibition present. The Conference dinner will be held in the Hilton Brighton Metropole and will be followed by dancing to a great band – “Jamtastic”

Brighton in spring is a great setting for this meeting so we hope you will put the event in your diaries now!

British Society of Periodontology Masterclass

Advanced Instrumentation Skills with Jeanie Suvan and Ruth Glover

Venue: Eastman Dental Hospital, London

Eastman Clinical Investigation Centre, 256 Grays Inn Road

Date: Saturday January 30th 2010 09.30 - 16.30

Cost: £275 to include refreshments and lunch

This course is designed for individuals who will be teaching instrumentation skills for subgingival debridement to young practitioners and hygienists.

The course will include:

- A review of current instrumentation techniques
- A variety of innovative hands-on teaching aids & practical exercises
- The use of a variety of hand and ultrasonic instrumentation
- Hints for increasing instrumentation efficiency
- The use and limitations of various model systems for teaching
- Teaching motivation

Maximum numbers: 20

6.5 hrs verifiable CPD

Booking opens on-line from 1st December 2009: www.bsperio.org.uk
Honorary Treasurer’s Report

Report of the Honorary Treasurer of the British Society of Periodontology
2008 Accounts presented at the Annual General Meeting
Royal Institute of Great Britain, 25th September 2009

Professor Heasman opened his report to the membership by confirming that the accounting period was for the financial year 1st January to 31st December 2008 and that the accounts had been prepared in accordance with applicable Accounting Standards and the Statement of Recommended Practice – Accounting and Reporting by Charities (2005).

The financial summary for 2008 showed a deficit of (£55,083) due to a total expenditure of £286,413 outweighing the income of £231,330. Almost all of the deficit was because of the increased costs of running the Society which were associated with a number of items: Fellowship grants, prizes, Council expenses and accountancy costs. The cost of the electronic journal had also increased in relative terms as a direct consequence of the weak pound against the Euro and because this payment is made annually in Euros. The meetings in 2008 were run at a small deficit of £3,655 but this was reduced from the previous year.

The Treasurer recommended:

• To increase the subscriptions for all levels of membership the Society by £10.00 in 2010
• That Council, on behalf of the membership considers carefully appropriate measures to make savings for 2010
• That we retain the services of Richard Barwick as accountant to the Society
• That we retain the services of Herbert Parnell as independent auditors to the Society

The AGM voted to support the Honorary Treasurer and Council’s recommendation that the Society retain the services of Mr Richard Barwick in the preparation of the accounts and of Herbert Parnell, Chartered Accountants, in the independent examiner or audit of the accounts.

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A special mention to Professor Val Cereghugh,
Dr Philip Ower and Dr Mike Milward for their excellent photographs used in this newsletter.