<table>
<thead>
<tr>
<th><strong>Title</strong></th>
<th>A systematic review of tailored eHealth interventions for weight loss</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Author(s)</strong></td>
<td>Ryan, Kathleen; Dockray, Samantha; Linehan, Conor</td>
</tr>
<tr>
<td><strong>Publication date</strong></td>
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<td><strong>Type of publication</strong></td>
<td>Article (peer-reviewed)</td>
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</table>
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# PRISMA 2009 Checklist (Adapted for KIN 4400)

## Title

**Identify the report as a literature review.**

## Abstract

**Provide a structured summary including, as applicable: background; objectives; data sources; study eligibility criteria, participants, and interventions; study appraisal and synthesis methods; results; limitations; conclusions and implications of key findings;**

## Introduction

**Describe the rationale for the review in the context of what is already known about your topic.**

**Provide an explicit statement of questions being addressed with reference to participants, interventions, comparisons, outcomes, and study design (PICOS).**

## Methods

**Specify study characteristics (e.g., PICOS, length of follow-up) and report characteristics (e.g., years considered, language, publication status) used as criteria for eligibility, giving rationale.**

**Describe all information sources (e.g., databases with dates of coverage) in the search and date last searched.**

**Present full electronic search strategy for at least one database, including any limits used, such that it could be repeated.**

**State the process for selecting studies (i.e., screening, eligibility).**

**Describe methods used for assessing risk of bias of individual studies (including specification of whether this was done at the study or outcome level).**

**Specify any assessment of risk of bias that may affect the cumulative evidence (e.g., publication bias, selective reporting within studies).**

## Results

**Give numbers of studies screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally with a flow diagram.**
<table>
<thead>
<tr>
<th>Section/topic</th>
<th>#</th>
<th>Checklist item</th>
<th>Reported on page #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Study characteristics</td>
<td>12</td>
<td>For each study, present characteristics for which data were extracted (e.g., study size, PICOS, follow-up period) and provide the citations.</td>
<td>4</td>
</tr>
<tr>
<td>Synthesis of results of</td>
<td>13</td>
<td>For all outcomes considered (benefits or harms), present, for each study: (a) summary of results and (b) relationship to other studies under review (e.g. agreements or disagreements in methods, sampling, data collection or findings).</td>
<td>5</td>
</tr>
<tr>
<td>individual studies</td>
<td></td>
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<tr>
<td>DISCUSSION</td>
<td></td>
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<tr>
<td>Summary of evidence</td>
<td>14</td>
<td>Summarize the main findings including the strength of evidence for each main outcome; consider their relevance to key groups (e.g., healthcare providers, users, and policy makers).</td>
<td>7</td>
</tr>
<tr>
<td>Limitations</td>
<td>15</td>
<td>Discuss limitations at study and outcome level (e.g., risk of bias), and at review-level (e.g., incomplete retrieval of identified research, reporting bias).</td>
<td>8</td>
</tr>
<tr>
<td>CONCLUSION</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Conclusions</td>
<td>16</td>
<td>Provide a general interpretation of the results in the context of other evidence, and implications for future research.</td>
<td>8</td>
</tr>
</tbody>
</table>


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