

Title	Effect of galactose metabolising and non-metabolising strains of Streptococcus thermophilus as a starter culture adjunct on the properties of Cheddar cheese made with low or high pH at whey drainage
Authors	Hou, Jia;Hannon, John A.;McSweeney, Paul L. H.;Beresford, Thomas P.;Guinee, Timothy P.
Publication date	2016-10-20
Original Citation	Hou, J., Hannon, J. A., McSweeney, P. L. H., Beresford, T. P. & Guinee, T. P. 'Effect of galactose metabolising and non- metabolising strains of Streptococcus thermophilus as a starter culture adjunct on the properties of Cheddar cheese made with low or high pH at whey drainage', International Dairy Journal. doi: 10.1016/j.idairyj.2016.10.003. Article In Press.
Type of publication	Article (peer-reviewed)
Link to publisher's version	10.1016/j.idairyj.2016.10.003
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Download date	2025-06-26 16:52:43
Item downloaded from	https://hdl.handle.net/10468/3215



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# Accepted Manuscript

Effect of galactose metabolising and non-metabolising strains of *Streptococcus thermophilus* as a starter culture adjunct on the properties of Cheddar cheese made with low or high pH at whey drainage

Jia Hou, John A. Hannon, Paul L.H. McSweeney, Thomas P. Beresford, Timothy P. Guinee

PII: S0958-6946(16)30305-3

DOI: 10.1016/j.idairyj.2016.10.003

Reference: INDA 4083

To appear in: International Dairy Journal

Received Date: 10 July 2016

Revised Date: 6 October 2016

Accepted Date: 6 October 2016

Please cite this article as: Hou, J., Hannon, J.A., McSweeney, P.L.H., Beresford, T.P., Guinee, T.P., Effect of galactose metabolising and non-metabolising strains of *Streptococcus thermophilus* as a starter culture adjunct on the properties of Cheddar cheese made with low or high pH at whey drainage, *International Dairy Journal* (2016), doi: 10.1016/j.idairyj.2016.10.003.

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2	thermophilus as a starter culture adjunct on the properties of Cheddar cheese made
3	with low or high pH at whey drainage
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8	Jia Hou <sup>a</sup> , John A. Hannon <sup>a</sup> , Paul L. H. McSweeney <sup>b</sup> , Thomas P. Beresford <sup>a</sup> , Timothy P.
9	Guinee <sup>a,</sup> *
10	
11	
12	
13	
14	<sup>a</sup> Teagasc Food Research Centre Moorepark, Fermoy, Co. Cork, Ireland
15	<sup>b</sup> School of Food and Nutritional Sciences, University College, Cork, Ireland
16	
17	
18	
19	
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21	*Corresponding author. Tel.: +353 2542204
22	<i>E-mail address</i> : <u>tim.guinee@teagasc.ie</u> (T.P. Guinee)
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#### ABSTRACT

27	Cheddar cheese was made using control culture (Lactococcus lactis subsp. lactis), or with
28	control culture plus a galactose-metabolising (Gal <sup>+</sup> ) or galactose-non-metabolising (Gal <sup>-</sup> )
29	Streptococcus thermophilus adjunct; for each culture type, the pH at whey drainage was
30	either low (pH 6.15) or high (pH 6.45). Sc. thermophilus affected the levels of residual
31	lactose and galactose, and the volatile compound profile and sensory properties of the mature
32	cheese (270 d) to an extent dependent on the drain pH and phenotype (Gal <sup>+</sup> or Gal <sup>-</sup> ). For all
33	culture systems, reducing drain pH resulted in lower levels of moisture and lactic acid, a
34	higher concentration of free amino acids, and higher firmness. The results indicate that Sc.
35	thermophilus may be used to diversify the sensory properties of Cheddar cheese, for example
36	from a fruity buttery odour and creamy flavour to a more acid taste, rancid odour, and a
37	sweaty cheese flavour at high drain pH.
38	
39	

#### 40 **1.** Introduction

41

42 Cheddar cheese manufacture has changed much in recent decades with advances in 43 mechanisation and the increase in plant throughput. Specific features of large-scale modern 44 manufacture are the production of different variants (e.g., mild, mature, vintage), the 45 extensive use of direct vat starter (DVS) cultures, and a higher pH at whey drainage, for example, ~6.4–6.5 compared with ~6.1–6.2 in traditional Cheddar cheese made using bulk 46 47 starter culture. In such factories, even where milk protein standardisation using membrane 48 filtration is not practiced, the various cheesemaking steps, such as starter addition, rennet 49 addition, gel cutting and whey drainage, tend to be performed on the basis of time rather than 50 on some objective parameter such as pH of milk or curd at different stages of manufacture, or 51 gel firmness at cutting. Another feature, at least in Irish Cheddar cheese plants, is the routine 52 use of starter culture adjuncts, including *Streptococcus thermophilus*, which is used primarily 53 for its thermo- and phage- resistance properties, but also apparently to affect flavour. Sc. 54 thermophilus is also reported to give faster acid production during Cheddar manufacture (Michel & Martley, 2001), which is likely to be associated with a more effective protein 55 hydrolysis and peptide uptake (Cogan et al., 2007; Law & Haandrikman, 1997), and with the 56 57 non-utilisation of the galactose moiety of lactose, by most Sc. thermophilus strains (Thomas 58 & Crow, 1984; Tinson, Hillier, & Jago, 1982a). 59 Most strains of Sc. thermophilus used in the dairy industry are unable to metabolise 60 galactose (Hutkins, Halambeck, & Morris, 1986; Hutkins, Morris, & McKay, 1985; 61 Robitaille, Moineau, St-Gelais, Vadeboncoeur, & Britten, 2007; Thomas & Crow, 1984; 62 Vaillancourt, Moineau, Frenette, Lessard, & Vadeboncoeur, 2002). De Vin, Rådström,

63 Herman, and De Vuyst (2005) reported that only ~16% of 49 strains of *Sc. thermophilus* 

64 evaluated on M17 medium supplemented with galactose were galactose positive. Similarly,

65 preliminary studies in the authors' laboratory found that only 8% of 51 strains of Sc. thermophilus from the Moorepark culture collection metabolised galactose. Thomas and 66 67 Crow (1984) investigated the galactose-metabolising ability of Sc. thermophilus from 68 different sources and found that most were galactose negative (Gal<sup>-</sup>) because of failure to induce galactokinase, resulting in the excretion of galactose when grown in lactose-69 containing broth. When grown under lactose limitation in J8 broth containing 20 mM 70 galactose, partial galactose utilisation occurred and the proportion of galactose used depended 71 72 on the generation time of cells during incubation.

Hence, the use of Sc. thermophilus (which primarily metabolises only the glucose 73 74 moiety of lactose) as an adjunct culture usually results in the accumulation of galactose 75 during cheese manufacture (Michel & Martley, 2001; Thomas, Turner, & Crow, 1980; 76 Tinson et al., 1982a). Bley, Johnson, and Olson (1985) reported that the use of a 0.5% (w/w) 77 non-galactose-fermenting Sc. thermophilus as an adjunct resulted in higher level of residual 78 galactose in one month-old stirred curd Cheddar (compared with the control cheese) and 79 intensified the degree of browning in processed cheese made therefrom. Similarly, Michel and Martley (2001) found that Cheddar cheese made using Sc. thermophilus, as an adjunct 80 culture to Lactococcus lactis subsp. cremoris or Lactococcus lactis subsp. lactis strains, had a 81 high residual galactose level of ~26.6 mmol kg<sup>-1</sup> (0.48%, w/w) at 1 d. Moreover, the residual 82 galactose content increased as the scald temperature was increased from 38 °C to 41 °C (data 83 not reported). Tinson, Ratcliffe, Hillier, and Jago (1982b) reported that high levels of residual 84 galactose (33 mmol kg<sup>-1</sup>, 0.56%, w/w) in 8 wk-old Cheddar cheese made using Sc. 85 thermophilus (0.5%, w/w) as an adjunct to Lc. lactis subsp. cremoris coincided with a higher 86 production of CO<sub>2</sub>, leading to the development of slits and fractures in the cheese at 8 and 14 87 88 wks. This was most probably caused by the growth of non-starter lactic acid bacteria

89 (NSLAB) that are able to metabolise galactose.

90	The accumulation of galactose in cheese can lead to problems such as (i) providing a
91	readily fermentable carbohydrate which could influence the development of NSLAB flora
92	and possibly lead to defects, (ii) the presence of a reducing sugar in cheese that can cause
93	excessive Maillard browning on heating, and (iii) early gas production in Cheddar cheese
94	(Mullan, 2000; Ortakci, Broadbent, Oberg, & McMahon, 2015). Moreover, the presence of
95	galactose in whey can affect the rate of growth of lactose crystals during whey processing
96	and increase the propensity of the resultant whey powder to browning during storage
97	(Dattatreya, Lee, & Rankin, 2010; Paterson & Smakman, 2011). While many of the foregoing
98	studies (Bley et al., 1985; Hutkins et al., 1986; Michel & Martley, 2001) studied the effects of
99	Sc. thermophilus as an adjunct on composition and sugar metabolism, we are unaware of any
100	that investigated their effects on proteolysis, rheology or sensory properties, despite its
101	apparent impact on flavour development. Moreover, there appear to be few, if any, studies on
102	the comparative effect of galactose positive (Gal <sup>+</sup> ) and galactose negative (Gal <sup>-</sup> ) $Sc$ .
103	thermophilus as adjunct culture on the latter aspects of cheese quality.
104	The objective of the current study was to compare the effects of Gal <sup>+</sup> and Gal <sup>-</sup> strains
105	of Sc. thermophilus as an adjunct culture on the composition, sugar metabolism, pH,
106	proteolysis, volatile compounds, texture, microbiology and sensory properties of Cheddar
107	cheeses prepared made with a high drain pH (6.45), as in modern manufacture, or a low drain
108	pH (6.15), as in more traditional manufacture.
109	
110	2. Materials and methods
111	
112	2.1. Preparation of cheese milk

Holstein-Friesian cows' milk (3000 kg) was obtained from a spring-calving herd
(Moorepark, Fermoy, Ireland). Milk samples were standardised to a protein to fat ratio of
0.96:1, stored overnight at 8 °C, pasteurised at 72 °C for 15 s, cooled to 31 °C, and pumped
to cheese vats (500 L).

118

119 2.2. Starter cultures for cheesemaking

120

121 Defined strain starter cultures were used in cheesemaking (*Lc. lactis* subsp. *lactis* 122 strains 227 and 303; Chr. Hansen Ireland Ltd., Little Island, Ireland). Both cultures were 123 grown overnight at 24 °C in reconstituted 10% (w/v), antibiotic-free skim milk powder 124 solution (Golden Vale Food Products Ltd., Charleville, Ireland) that had been heat treated at 125 95 °C for 30 min. When the pH of the inoculated milk reached between pH 4.5 to 5.0, the 126 cultures were cooled and stored at 4 °C until required for cheesemaking (1 d).

Adjunct starter cultures of *Sc. thermophilus* from the Moorepark culture collection were screened on the basis of sugar metabolism, acidification rate and salt sensitivity. One galactose metabolising (DPC 1796) and one galactose non-metabolising (DPC 5095) *Sc. thermophilus* strain were selected for cheesemaking. Both cultures were grown overnight at 37 °C in reconstituted 10% (w/v), antibiotic-free skim milk powder solution (Golden Vale

132 Food Products Ltd.) as described above.

For convenience, the cultures used in cheesemaking were denoted as follows: control culture C, consisting of *Lc. lactis* subsp. *lactis* strain 227 and 303, each inoculated at a level of 0.075% (w/w); Gal<sup>+</sup> culture, consisting of the control culture and a galactose-metabolising *Sc. thermophilus* DPTC 1796 (inoculated at a level of 0.25%, w/w); and Gal<sup>-</sup> culture, consisting of the control culture C plus galactose non-metabolising *Sc. thermophilus* DPTC

138 5095 (inoculated at a level of 0.25%, w/w).

139

- 2.3. Cheese manufacture and treatments
- 141

142 Six different treatment cheeses were manufactured in each of three replicate trials 143 undertaken over a three-week period from October 20 to November 11, 2011. The cheeses were denoted as: high-drain pH (6.45) made using culture C (HDpHC); high-drain pH with 144 Gal<sup>+</sup> culture (HDpHGal<sup>+</sup>); high-drain pH with Gal<sup>-</sup> culture (HDpHGal<sup>-</sup>); low-drain pH (6.15) 145 with culture C (LDpHC); low-drain pH with Gal<sup>+</sup> culture (LDpHGal<sup>+</sup>); low-drain pH with 146 147 Gal<sup>-</sup> culture (LDpHGal<sup>-</sup>). 148 The manufacture of cheese involved inoculation of cheesemilk with Lc. lactis subsp. 149 lactis strain 227 and 303, each at a level of 0.75% (w/w). Additionally, Sc. thermophilus 179 was added to milk for the HDpHGal<sup>+</sup> and LDpHGal<sup>+</sup> cheeses, and Sc. thermophilus 5095 to 150 151 milk for the LDpHGal<sup>-</sup> and HDpHGal<sup>-</sup> cheeses; Sc. thermophilus 179 and 5095 were each inoculated at a level of 0.25% (w/w). The mean initial count of the Lc. lactis subsp. lactis was 152 ~  $1 \times 10^7$  cfu mL<sup>-1</sup> in all milk lots, while that of the *Sc. thermophilus* was ~  $6.2 \times 10^6$  cfu mL<sup>-1</sup> 153 <sup>1</sup> in the LDpHGal<sup>+</sup>, LDpHGal<sup>-</sup>, HDpHGal<sup>+</sup> and HDpHGal<sup>-</sup> milk. Thirty minutes later, rennet 154 (Chymax Plus, Chr. Hansen Ireland Ltd., 200 IMCU mL<sup>-1</sup>), diluted 1:10 in de-ionised water, 155 was added at a level of 36 IMCU kg<sup>-1</sup> based on a protein level of 3.3 g 100 g<sup>-1</sup> milk, and 156 157 mixed in for 1.5 min to ensure uniform distribution. Immediately, a sample of the rennettreated cheese milk was taken from the cheese vat, and placed in an insulated glass container. 158 Within 2 min, a 13 g subsample was placed in the cell of a controlled stress rheometer (CSL2 159 160 500 Carri-Med, TA Instruments, Inc., New Castle, DE, USA) located in an adjacent laboratory, and subjected to a low oscillating strain of 0.025 at a frequency of 1 Hz at 31 °C. 161 162 The development of elastic shear modulus, G', a measure of gel stiffness, was measured as a function of time; when G' reached 54 Pa, cutting of the gel in the cheese vat was initiated. 163

164	Following a 1.5 min cutting programme, the resultant curd particle-whey mixture was
165	allowed to stand quiescently (heal) for 10 min, then stirred continuously, cooked at a rate of
166	$0.2 ^{\circ}\text{C min}^{-1}$ from 31 to 38.5 $^{\circ}\text{C}$ , which is typical of the scald temperature used in
167	commercial practice for Cheddar cheese made with, or without, Sc. thermophilus as an
168	adjunct culture. Whey was separated from the curd when the pH of the curd reached 6.45 for
169	the high-drain pH cheeses (HDpHC, HDpHGal <sup>+</sup> , HDpHGal <sup>-</sup> ) and 6.15 for the low-drain pH
170	cheeses (LDpHC, LDpHGal <sup>+</sup> , LDpHGal <sup>-</sup> ). The curds were Cheddared, milled at pH 5.35,
171	salted at a level of 2.7% (w/w), mellowed for 20 min, placed in rectangular moulds (23 kg),
172	and pre-pressed at 0.13 kPa for 30 min. The moulded cheeses were then placed in a
173	horizontal press and pressed overnight at 2.5 kPa. A total of two cheeses, each weighing ~20
174	kg, was obtained for each treatment on each of the three separate cheesemaking occasions
175	(trials).
176	Cheeses were vacuum-packed and stored at 4 °C for 14 d and at 8 °C thereafter.
177	
178	2.4. Sampling of cheese
179	
180	Cheeses (from 20 kg blocks) were sampled at different times (1, 14, 30, 90, 180, 270
181	d) over the 270 day ripening period, as described by Hou, McSweeney, Beresford, and
182	Guinee (2014b).
183	
184	2.5. Composition analysis of cheese
185	
186	Grated cheese samples were analysed at 14 d for moisture, protein, fat, NaCl,
187	moisture, ash, Ca and P using standard IDF methods (Guinee, Harrington, Corcoran,

188	Mulholland, & Mullins, 2000). The pH was measured after each sampling date on cheese
189	slurry prepared from 20 g of grated cheese and 12 g distilled water (Guinee et al., 2000).
190	
191	2.6. Microbial counts in cheese
192	
193	Starter lactococci were enumerated on LM17 agar after incubation at 20 °C for 5 d
194	and the Sc. thermophilus adjunct cultures were also enumerated on LM17 agar after
195	incubation at 43 °C for 3 d (ISO/IDF, 2010).
196	Cheeses were analysed for counts of non-starter lactic acid bacteria on LBS agar, as
197	described previously (Hou, Hannon, McSweeney, Beresford, & Guinee, 2012). Coliform
198	were enumerated by pour-plating on Violet Red Bile Agar (VRBA) incubated at 30 °C for 24
199	h.
200	
201	2.7. Lactose and lactate in cheese
202	
203	Lactose, glucose and galactose were extracted and measured using high performance
204	liquid chromatography (HPLC) as described previously by Hou et al. (2014b); HPLC was
205	performed using a $300 \times 7.8$ mm Aminex HPX-87C cation exchange carbohydrate column
206	(Bio-Rad Laboratories, Richmond, CA, USA) and detection with a Waters 2414 refractive
207	index detector (Waters, Bray, Ireland). The concentrations of sugars in the cheeses were
208	calculated by comparing the peak area of samples with standard curves. Sugar concentrations
209	were calculated as g 100 $g^{-1}$ cheese.
210	Similarly, $D(-)$ - and $L(+)$ - lactate were extracted and separated as described previously
211	by Hou et al. (2014b); HPLC was performed using a Phenomenex chirex 3126 cation
212	exchange silica column (Phenomenex, Hurdsfield Ind. Est., Macclesfield, UK) and detection

213	was with a Waters 2487 dual wavelength absorbance detector (Waters) as described
214	previously by Hou et al. (2014b). The concentration of total lactate was calculated as the sum
215	of $D(-)$ - and $L(+)$ - lactate; each analysis was carried out in duplicate.
216	
217	2.8. Proteolysis
218	
219	The level of pH 4.6-soluble nitrogen (pH4.6-SN) was measured as described by Hou,
220	Hannon, McSweeney, Beresford, & Guinee (2014a). The concentration of individual free
221	amino acids (FAAs) in the pH4.6-SN extract were determined using cation-exchange
222	chromatograhy on a Beckman 6300 High Performance Analyser (Beckman Instruments Ltd.,
223	High Wycombe, UK), as described by Fenelon, Guinee, Delahunty, Murray, and Crowe
224	(2000).
225	
226	2.9. Rheology
227	
228	Six cheeses cubes (25 mm <sup>3</sup> cubes) were cut from each treatment cheese using a
229	Cheese Blocker (Bos Kaasgreedschap, Bodengraven, Netherlands), wrapped in tin foil, and
230	stored at 8 °C overnight prior to analysis. Each cube was compressed by 70% on a texture
231	analyser (model TA-HDI, Stable Micro Systems, Godalming, UK) with a 5 mm compression
232	plate and a 100 kg load cell, as described previously (Hou et al., 2014a). The following
233	rheological parameters were calculated from the resultant force/displacement curves: fracture
234	stress (kPa), the stress at fracture, as indicated by the inflection point of the curve; fracture
235	strain, the fractional displacement at fracture; and firmness, the force required to compress
236	the cheese to 30% of its original height.

238 2.10. Volatile compounds

239

240 The 270 day old cheeses were analysed in triplicate for volatile compounds. For each 241 cheese, a 5 g sample was analysed by solid phase micro-extraction (SPME) coupled to a gas 242 chromatograph (GC)-mass spectrometer (MS). Volatile compounds were separated under the 243 conditions defined by Hannon, Kilcawley, Wilkinson, Delahunty, and Beresford (2007). 244 Descriptive sensory analysis 245 2.11. 246 247 The sensory properties of the 270 day old cheeses from each of the three replicate 248 trials were evaluated using descriptive sensory analysis, as described previously (Hou et al., 2014a). The results are presented as a principal component (PC) plot. Attributes scored for 249 250 odour included pungent, sweaty/cheesy, rancid, fruity, buttery and caramel; attributes for 251 flavour were pungent, farmyard, creamy, rancid, fruity, buttery, caramel and sweaty/cheesy, while those for taste comprised throat burn, sweet, acid, salt, bitter and astringent. 252 253 Statistical analysis 254 2.12. 255 256 Three replicate cheesemaking trials were undertaken, each with 6 treatment cheeses,

namely LDpHC, LDpHGal<sup>+</sup>, LDpHGal<sup>-</sup>, HDpHC, HDpHGal<sup>+</sup> and HDpHGal<sup>-</sup>. Analysis of
variance (ANOVA) was used to determine if the treatment cheeses differed with respect to
response variables, such as compositional factors, at specific time points (e.g., 14 d).
ANOVA was undertaken using SAS<sup>®</sup> version 9.1.2 (SAS Institute, 2004), where the effects
of treatment (different drain pH or starter system) and replicates were estimated for all

262	response variables. Tukey's multiple-comparison test was used for paired comparison of
263	treatment means and the level of significance was determined at $P < 0.05$ .
264	The data for changes in individual response variables (such as sugars and micro
265	counts) in the high and low drain pH cheeses over the duration of ripening were analysed
266	using a split-plot design to determine the effects of treatment, ripening time, and their
267	interaction. Analysis of variance for the split-plot design was carried out using a general
268	linear model (GLM) procedure of SAS (SAS Institute, 2004), and significance at $P < 0.05$
269	determined using Fisher's least significant difference test.
270	The data for volatile compounds and descriptive sensory analysis, measured at 270 d
271	only, were analysed using PCA by Unscrambler V 6.1 (CAMO AS, N-7041 Trondheim,
272	Norway). The results are presented as a principal component (PC) plot.
273	
274	3. Results
275	
276	3.1. Cheese manufacturing time
277	
278	The use of Sc. thermophilus adjunct cultures and alteration of pH at whey drainage
279	had varying effects on the times for the different stages of manufacture, namely the curd
280	residence time in cheese vat (time from gel cutting to whey drainage), Cheddaring time (time
281	from whey drainage to curd milling), and total make time (time from starter culture addition
282	to curd milling).
283	The curd residence time in the cheese vat for the HDpH cheeses (53–54 min) was
284	significantly lower than that for the LDpH cheeses (105–135 min). However, the Cheddaring
285	time for the HDpH cheeses (~125–150 min) was generally longer than that of the LDpH

286	cheeses (71-87 min) (Table 1). Hence, the overall make time for corresponding LDpH and
287	HDpH cheeses did not significantly differ.
288	Starter culture had a significant effect on the total make time of the HDpH chesses,
289	with that for the HDpHGal <sup>+</sup> cheese (260–288 min) being significantly shorter (by $\sim$ 30 min)
290	than that of the corresponding control HDpHC or HDpHGal <sup>-</sup> cheeses.
291	
292	3.2. Composition at 14 d
293	
294	The gross composition of the cheese was affected by pH but not by starter culture
295	type (Table 1). The moisture content of the LDpH cheeses was below the maximum level
296	(39%, w/w) specified for Cheddar cheese (HMSO, 1996), while that of the HDpH cheeses
297	was higher. Despite the difference in moisture content between the LDpH and HDpH cheeses
298	(1.6–2.3%, depending on starter culture system used), the higher moisture content of the
299	HDpH cheeses was significant only in the case of HDpHGal <sup>-</sup> cheese. A similar trend was
300	noted for content of moisture-in-fat substances (MNFS).
301	
302	3.3. Changes in sugars during ripening
303	
304	3.3.1. Lactose and galactose
305	The effects of drain pH and starter culture system on the changes in lactose and
306	galactose over the course of ripening are shown in Fig. 1a-d and Table 2. The mean level of
307	residual lactose in the LDpH cheeses over the 270 d ripening period was significantly
308	affected by starter culture system, ripening time and their interaction (Fig. 1a). The mean
309	lactose content in the HDpH cheeses was, similarly, influenced by ripening time, but not by
310	starter culture (Fig. 1b).

Lactose content decreased during maturation (Fig. 1a, b), and was, essentially, fully 311 312 metabolised in all cheeses by 90 d, apart from the LDpHC cheese that had a significantly higher content than that of the corresponding LDpHGal<sup>+</sup> and LDpHGal<sup>-</sup> cheeses at this time. 313 314 The mean lactose level over the 270 d ripening period in the LDpHC cheese was significantly 315 higher than that in the corresponding LDpHGal<sup>+</sup> and LDpHGal<sup>-</sup> cheeses. The results indicate 316 that residual lactose content in Cheddar cheese (< 180 days old) can be reduced by the use of Sc. thermophilus (Gal<sup>+</sup> or Gal<sup>-</sup>) as a culture adjunct when the pH at whey drainage is low, or 317 by increasing the pH at whey drainage when the cheese is made using the control starter 318 319 culture.

320 The galactose content at 1 d varied from ~0.2–0.025%, remained relatively constant 321 between d 1 and 14, and thereafter decreased to  $\leq 0.05\%$  in all cheeses at 180 d (Fig. 1c,d). 322 Starter culture had a significant effect on the mean galactose level over the 270 d ripening period in the HDpH cheeses, with the mean concentration in the HDpHGal<sup>+</sup> cheese being 323 higher than that of the HDPHC or HDpHGal<sup>-</sup> cheeses (Table 2). While a similar overall 324 pattern was observed in the LDpH cheeses, the effect of starter culture was not significant, 325 probably because of the relatively large inter-trial variation in galactose content. Overall, the 326 results indicate that the use of the Gal<sup>+</sup> Sc. thermophilus led to higher residual galactose 327 328 content in young Cheddar cheese ( $\leq$  30 d), especially where the pH at whey drainage was 329 high, as frequently is the case in large modern cheese manufacturing facilities using DVS 330 cultures.

The mean levels of reducing sugars (lactose plus galactose) over ripening were unaffected by the addition of *Sc. thermophilus* (Table 2), indicating that the associated increase in galactose was offset by the concomitant decrease in lactose content; similarly, the drain pH did not significantly affect the level of reducing sugars for any of the cultures used.

*3.3.2.* Total lactate

337	The metabolism of lactose and galactose resulted in a significant increase in lactate
338	content during the first 30 d, from ~1 to 1.3% in the LDpH cheeses and 1.2–1.45% in the
339	HDpH cheeses; thereafter lactate levels remained relatively constant. The mean concentration
340	over the 270 d maturation period was significantly higher in the HDpH cheeses than that in
341	the corresponding LDpH cheeses for each culture type ( $P < 0.05$ ). This trend is consistent
342	with the higher level of moisture (which is the solvent for lactose) in the HDpH cheeses.
343	The mean level of total lactate in the LDpH or HDpH cheeses over the 270 d ripening
344	period was unaffected by the starter culture type (Table 2; Fig. 1e,f).
345	
346	3.4. pH changes during ripening
347	
348	The mean pH of the LDpH and HDpH cheeses over the 270 d ripening period was not
349	significantly affected by the starter culture, time or their interaction (Table 2). In contrast, the
350	pH at whey drainage had a significant effect, with the pH of the LDpH cheeses being slightly
351	(~0.07 pH units), but significantly ( $P < 0.05$ ), higher than that of the corresponding HDpH
352	cheeses at all times. The slightly higher pH of the LDpH cheeses concurs with their lower
353	contents of moisture and lactic acid.
354	
355	3.5. Microbial counts of starter and non-starter lactic acid bacteria (NSLAB) in cheese
356	
357	3.5.1. Starter bacteria (Lactococcus)
358	The mean count of starter lactococci decreased significantly ( $P < 0.05$ ) in all cheeses
359	during ripening, from ~1 $\times$ 10 <sup>10</sup> cfu g <sup>-1</sup> at 1 d to ~3.2 $\times$ 10 <sup>7</sup> cfu g <sup>-1</sup> at 270 d (Table 3; Fig.

2a,b). The inclusion of Gal<sup>+</sup> or Gal<sup>-</sup> *Sc. thermophilus* strains in the starter culture did not
influence the mean of count over the ripening period.

The lactococci count in the LDpHC cheese at 270 d was slightly, but significantly, higher than that of the corresponding HDpHC cheese (*P* < 0.05). As the counts in both cheeses (LDpHC, HDpHC) were similar at 1 d, the higher count in the LDpHC cheese at 270 d suggests a lower degree of starter cell autolysis, which could be associated with its lower mean level of lactic acid over the 270 d ripening period (Nájera-Domínguez & Gutiérrez-Méndez, 2013).

368

369 *3.5.2. Adjunct bacteria* (Sc. thermophilus)

The mean count of *Sc. thermophilus* over the 270 d ripening period was significantly affected by starter system and ripening time in both the LDpH and HDpH cheeses (Table 3; Fig. 2c,d).

373 Sc. thermophilus grew (from  $\sim 1 \times 10^6$  cfu g<sup>-1</sup> in the milk following inoculation) 374 during cheese manufacture and pressing to reach counts of  $\sim 1 \times 10^9$  cfu g<sup>-1</sup> in the Gal<sup>+</sup> and 375 Gal<sup>-</sup> cheeses at 1 d (Fig. 2c,d). The population in the Gal<sup>+</sup> and Gal<sup>-</sup> cheese decreased 376 significantly during ripening to  $\sim 1 \times 10^5$  cfu g<sup>-1</sup> at 270 d. While the mean count of *Sc*. 377 *thermophilus* over the 270 ripening period were similar in the LDpHGal<sup>+</sup> and LDpHGal<sup>-</sup> 378 cheeses, that in the HDpHGal<sup>-</sup> cheese was slightly, but significantly, lower than that in the 379 HDpHGal<sup>+</sup> cheese.

The mean count of *Sc. thermophilus* in the control cheeses (LDpHC, HDpHC) was significantly lower than that of the corresponding Gal<sup>+</sup> and Gal<sup>-</sup> cheeses, which had similar counts at 1 d ( $1 \times 10^9$  cfu g<sup>-1</sup>). Nevertheless, *Sc. thermophilus* was present in the control HDpHC and LDpHC cheeses at ~ $10^3$  cfu g<sup>-1</sup> cheese on 1 d, grew to ~ $1 \times 10^4$  cfu g<sup>-1</sup> between 1 and 5 d, and remained essentially constant at this level through the remainder of ripening.

- 385 The low *Sc. thermophilus* count in the control cheeses probably reflects cross-contamination
  386 during cheese manufacture, even though care was taken to avoid this.
- 387

388 3.5.3. Non-starter lactic acid bacteria (NSLAB)

NSLAB were present in all cheeses at  $\leq 3.2 \times 10^2$  cfu g<sup>-1</sup> at 1 d and grew during 389 ripening, reaching counts of ~  $3.2 \times 10^6$  cfu g<sup>-1</sup> –  $10^7$  cfu g<sup>-1</sup> at 180 d (Table 3; Fig. 2e,f). The 390 mean population in the LDpH cheeses over the 270 d ripening period was significantly 391 392 affected by starter culture system, with the mean count in the LDpHGal<sup>+</sup> cheese being significantly higher than that in the LDpHGal<sup>-</sup> cheese, and numerically, though not 393 394 significantly, higher than that in the LDpHC. Post-hoc analysis showed that the counts in the 395 LDpHGal<sup>+</sup> were significantly higher than that in the LDpHGal<sup>-</sup> cheese at 1, 14 and 30 d, but 396 similar at all other times.

397

398 3.6. Proteolysis

399

The mean level of pH4.6-SN, which is indicative of hydrolysis of the insoluble intact 400 401 calcium phosphate *para*-casein into water soluble peptides by residual chymosin, increased 402 significantly in all cheeses during ripening from ~5% of total nitrogen at 1 d to ~26–29% at 403 270 d (data not shown). The mean level over the 270 d ripening was significantly affected by starter culture system in the HDpH cheeses (Table 4), with the mean level in the HDpHC 404 405 cheese being significantly lower than that in the HDpHGal<sup>+</sup> or HDpHGal<sup>-</sup> cheeses for which 406 it was similar; no such difference was found between the LDpH cheeses. However, these differences were quite small (0.6–1.3 %) and are unlikely to have had a notable effect on the 407 408 physical or sensory properties of the cheese. The pH at whey drainage did not affect the content of pH4.6-SN. 409

410	The concentration of FAAs increased significantly during ripening (Fig. 3), with
411	glutamic acid, leucine, phenylalanine and valine being the major FAAs present in all cheeses
412	(data not shown). The mean concentration of FAAs in the LDpH or HDpH cheeses over the
413	270 d ripening period was not affected by the starter culture (Table 4). In contrast, pH at
414	whey drainage had a significant effect, with the LDpH cheeses having significantly higher
415	mean levels of FAAs than the corresponding HDpH cheeses over the 270 d ripening period.
416	The 270 day old LDpH cheeses had significantly higher levels of total FAAs, glutamic acid,
417	valine, leucine, phenylalanine, proline and lysine than the corresponding HDpH cheeses. The
418	differences in FAA concentration between the cheeses may reflect inter-cheese differences in
419	peptidase activities as affected by pH, NSLAB species (Gobbetti et al., 1999), and degrees of
420	autolysis and permeability of starter and non-starter bacteria (Doolan & Wilkinson, 2009).
421	
422	3.7. Rheological properties
423	
424	The mean values of firmness, fracture stress and fracture strain of all cheeses
425	decreased significantly during ripening (Table 5). The decreases are consistent with the
426	increase in primary proteolysis of calcium phosphate para-casein network (data not shown),
427	which is the main structural component of the cheese matrix controlling the level of stress in
428	response to applied deformation, e.g., during compression (Guinee, 2016). Starter culture had
429	no effect on rheological properties of either the LDpH or HDpH cheeses (Table 5), a trend
430	compatible with the very small differences in pH4.6-SN between the LDpH cheeses or HDpH
431	cheeses. In contrast, the pH at drainage had a significant effect on firmness, with that of the
432	LDpH cheeses, which had lower moisture content (Table 1), being significantly higher than
433	that of the HDpH cheeses (data not shown).

435 3.8. Volatile compounds at 270 d

436

437 Thirty six different volatile compounds were identified in the 270 day old cheese. 438 These comprised 10 alcohols, 8 ketones, 3 esters, 3 aldehydes, 6 acids, 2 sulphur compounds, 439 2 alkanes, 1 alkene (octene) and 1 terpene (limonene) were identified in all of the cheeses. 440 PCA was undertaken to establish if the different cheeses could be separated by the types and concentrations of volatile compounds; a biplot of the volatile compounds is 441 presented in Fig. 4. Principal components PC1 and PC2 accounted for 47% and 25% of 442 443 explained variance between the cheeses, respectively. Three cheeses, i.e., the control 444 (LDpHC and HDpHC) and HDpHGal<sup>+</sup> cheeses, scored positively on PC1, and three 445 (LDpHGal<sup>+,</sup> LDpHGal<sup>-</sup> and HDpHGal<sup>-</sup>) scored negatively. In contrast, all cheeses, apart from 446 LDpHC and LDpHGal<sup>+</sup>, scored positively on PC2. Two groupings of cheeses were 447 identifiable based on their proximity on both PC1 and PC2, namely the cheeses made using Sc. thermophilus at high drain pH (HDpHGal<sup>+</sup> and HDpHGal<sup>-</sup>) or at low drain pH 448 (LDpHGal<sup>+</sup> and LDpHGal<sup>-</sup>). The HDpHGal<sup>+</sup> and HDpHGal<sup>-</sup> cheeses were associated 449 principally with ketones (butanone, acetoin), acetic acid, acetoin, and methyl sulphone. The 450 451 LDpHGal<sup>+</sup> and HDpHGal<sup>-</sup> cheeses were aligned with a large range of volatile compounds 452 including fatty acids (butanoic, pentanoic, heptanoic and octanoic acid), alcohols (butanol, 3 453 methyl-1-butanol, 2 heptanol, 1 hexanol), ethyl esters of fatty acids (butanoic, octanoic, 454 hexanoic), ketones (2 nonanone and 2 heptanone), aldehydes (benzeneacetaldehyde, nonanal) 455 and limonene.

The control cheeses (LDpHC and HDpHC) differed from the adjunct-containing cheeses and from each other with respect to volatile compounds. The LDpHC cheese was characterised by the presence of an array of volatiles including alcohols (ethanol, 1- and 2pentanol, 3-methyl-2-buten-1-ol and 3-methyl-3-buten-1-ol), ketones (acetone, 2-butanone),

460 hydrocarbons (octane, pentane, heptane), acids (butanoic, hexanoic) and carbon disulphide;
461 few volatile compounds were identified in the HDpHC cheese.

462

463 3.9. Descriptive sensory analysis at 270 d

464

The PCA biplot for the different odour and flavour attributes of the 270 d-old cheeses 465 is shown in Fig. 5. The first two PCs discriminated significantly between the cheeses and 466 accounted for a cumulative explained variance of 77%. Two distinct groupings were evident 467 based on proximity on PC1 and PC2, namely the HDpHGal<sup>+</sup> and HDpHGal<sup>-</sup> cheeses that had 468 469 a sweaty, rancid flavour, a rancid and sweaty odour, and acid taste, and the LDpHC and 470 LDpHGal<sup>+</sup> cheeses that had buttery flavour, caramel odour and sweet taste. In contrast, the HDpHC and LDpHGal<sup>-</sup> cheeses were separated from the above groupings and from each 471 472 other with respect to sensory characteristics. The former had a fruity, creamy flavour, and a fruity buttery odour, while the LDpHGal<sup>-</sup> cheese had a pungent and farmyard flavour, 473 474 pungent odour, pungent throat and astringent sensations, and bitter taste (Fig. 5). 475 4. Discussion 476

477

The current study investigated the effects of adding either a galactose metabolising (Gal<sup>+</sup>) or galactose non-metabolising (Gal<sup>-</sup>) strain of *Sc. thermophilus* on the properties of Cheddar cheese made using either a low (pH 6.15) or high (pH 6.45) pH at whey drainage. The study is of significance because of the growing use of *Sc. thermophilus* as an adjunct culture and the increase in pH at whey drainage, accompanying the transition from bulk mesophilic starter culture (*Lc. lactis* subsp. *cremoris* or *lactis*) to direct-vat starter mesophilic culture in large modern Cheddar cheese factories. *Sc. thermophilus* was inoculated at a level

485 of  $1 \times 10^{6}$  cfu mL<sup>-1</sup> milk, resulting in counts of  $1 \times 10^{9}$  cfu g<sup>-1</sup> cheese at 1 d, decreasing 486 gradually to  $\sim 1 \times 10^{5}$  cfu g<sup>-1</sup> at 270 d. The use of the *Sc. thermophilus* adjuncts had 487 significant effects on levels of residual sugars (lactose plus galactose), volatile compounds 488 and sensory properties of the 270 day old cheese to a degree dependent on its galactose-489 metabolising ability and pH, and altering the pH at whey drainage directly affected cheese 490 composition (contents of moisture, MNFS), lactic acid level, pH and firmness irrespective of 491 the culture systems used.

492 While lowering the pH at whey drainage resulted in lower contents of moisture (1.6– 2.3%) and MNFS (~1.4–2.0%) in all cheeses, the effect was significant only in cheeses made 493 494 with the Gal<sup>-</sup> Sc. thermophilus strain. The lower moisture content of the LDpH cheeses was 495 consistent with the longer residence time of the curd particle-whey mixture in the cheese vat prior to whey drainage (Everard et al., 2011). Whey expulsion in the cheese vat is more 496 497 intense than that which occurs after whey drainage (e.g., during Cheddaring, salting and 498 moulding) because the higher surface area of the curd particles in the cheese vat (compared 499 with slabs of fused curd particles during Cheddaring in finishing vats or on Cheddaring belts) and the higher temperature (~3 °C) compared with that during curd Cheddaring (Dejmek & 500 501 Walstra, 2004). The numerically higher moisture content of the HDpH cheeses, though non-502 significant in the case of the HDpHC and HDpHGal<sup>+</sup> cheeses, could have practical 503 implications, in terms of compliance to compositional specification, quality and yield. However, normalisation of moisture content in cheese produced at different pH could easily 504 505 be achieved through process intervention, whereby factors such as firmness of gel at cutting, 506 curd particle size and rate of cooking are altered (Guinee & O'Callaghan, 2010).

507 Owing to their lower moisture content, the LDpH cheeses had a lower mean level of 508 lactic acid, higher pH and higher firmness than the corresponding HDpH cheeses. This trend 509 concurs with the findings of other studies (Chevanan, Muthukumarappan, Upreti, & Metzger,

510 2006; McCarthy, Wilkinson, Kelly, & Guinee, 2015, 2016; Rynne et al., 2004; Upreti, 511 Bühlmann, & Metzger, 2006). In contrast to the current results, Lee, Johnson, and Lucey (2005) found that a reduction in the pH at whey drainage from 6.17 to 5.82 led to a reduction 512 513 in pH of Cheddar cheese (from ~5.0 to 4.8), while Tunick, Guinee, van Hekken, Beresford, 514 and Malin (2007) reported no change in in the pH of half-fat Cheddar cheese when reducing the drain pH from 6.3 to 5.85. The inter-study discrepancy on the effect of drain pH on 515 cheese pH probably relates to differences in manufacturing conditions, such as the pH at set 516 517 and the range of pH investigated, that influence the concentration of calcium phosphate which buffers the pH of cheese upwards (Lucey & Fox, 1993). Reducing drain pH by 518 519 lowering the set pH (e.g., by pre-acidification of the cheese milk) is conducive to a reduction 520 in the ratio of calcium phosphate to casein, a lower buffering capacity and a lower cheese pH (Lee et al., 2005). Conversely, lowering drain pH by extending the curd residence time of the 521 522 curd/whey mixture in the cheese vat, as in the current study, is conducive to lower moisture 523 content, a slightly higher pH, and has little, or no, effect on the calcium-to-casein ratio (Table 524 1).

Lactose was present in all cheeses at 1 d, with levels in the control LDpHC and 525 HDpHC cheeses ( $\sim 0.25-0.3\%$ ) being higher than that (< 0.15%) in the corresponding cheeses 526 527 (LDpHGal<sup>+</sup>, LDpHGal<sup>-</sup>, HDpHGal<sup>+</sup>, HDpHGal<sup>-</sup>) made using the Gal<sup>+</sup> or Gal<sup>-</sup> strains of Sc. 528 thermophilus. Moreover, the use of the Sc. thermophilus adjuncts led to faster depletion of lactose, especially in the LDpH cheeses, in which lactose was fully metabolised at 90 d in the 529 530 LDpHGal<sup>+</sup> and LDpHGal<sup>-</sup> cheeses compared with 180 d in the LDpHC cheese. High residual 531 lactose content in Cheddar cheeses has been previously reported by others (Hou et al., 2012; Shakeel-Ur-Rehman, Waldron, & Fox, 2004; Upreti & Metzger, 2006). The current study 532 533 indicated that increasing the pH at whey drainage in the control Cheddar cheese (made with mesophilic culture) and the use of Gal<sup>+</sup> culture are effective means of reducing the residual 534

535 lactose content in Cheddar cheese. In contrast to the trend noted for lactose, cheeses made 536 using Sc. thermophilus (LDpHGal<sup>+</sup>, LDpHGal<sup>-</sup>, HDpHGal<sup>+</sup> and HDpHGal<sup>-</sup>) had relatively high levels of residual galactose (~0.075–0.2% or 4.2–11.34 mM at 1 d) compared with 537 538 control LDpHC or HDpHC cheeses (~0.025% or 1.3 mM at 1 d), especially at times  $\leq 30$  d. 539 While the combined concentration of reducing sugars (lactose and galactose) were unaffected 540 by Sc. thermophilus, the Sc. thermophilus-containing cheese may have a greater propensity to browning on cooking because of the higher concentration of galactose, which has lower 541 molecular mass than lactose and, hence, higher number of reducing groups per unit weight of 542 543 reducing sugars.

544 The addition of *Sc. thermophilus* had a notable effect on both the type volatile 545 compounds and sensory properties of the 270 day old cheeses, with the effect dependent on culture phenotype and pH. At high drain pH, the addition of Sc. thermophilus increased the 546 547 range of volatile compounds associated with the cheeses (HDpHGal<sup>+</sup>, HDpHGal<sup>-</sup>), including butanoic acid, butanone, acetoin, dimethyl sulphone, and acetic acid; by comparison, the 548 549 control HDpHC cheese had few relatively few volatile compounds, apart from acetic acid and 550 acetoin. The change in profile of volatile compounds coincided with a marked transition in 551 sensory properties, from a buttery/fruity odour and creamy/fruity flavour in the HDpHC 552 cheese to a sweaty, cheesy and rancid odour and sweaty, cheesy, rancid flavour. Such a trend 553 is consistent with the strong sweaty, cheesy aroma of butanoic acid, and the sour aroma of acetic acid (Kilcawley, 2016; Singh, Drake, & Cadwallader, 2003). Similarly, the addition of 554 555 Sc. thermophilus to the low drain pH cheeses resulted in a major shift in the profile of volatile compounds, from a predominance of short-chain alcohols (ethanol, methyl-butene-ols, 556 557 pentanol), hydrocarbons and ketones in the control LDpHC cheese to short chain fatty acids 558 (butanoic, pentanoic, heptanoic and octanoic acid), ethyl esters of fatty acids, alcohols, 559 ketones and aldehydes (benzene acetaldehyde, nonanal), in the LDpHGal<sup>+</sup> and LDpHGal<sup>-</sup>

560 cheeses; nevertheless, the latter cheeses varied with the short chain fatty acids being more closely aligned with the LDpHGal<sup>-</sup> cheese and aldehydes and ketones with the HDpHGal<sup>+</sup> 561 cheeses. Unlike the trend observed in the HDpH cheeses, the effect of Sc. thermophilus on 562 563 the sensory properties on the LDpH cheeses was dependent on its galactose metabolising ability. Based on their closeness on both PC1 and PC2, the LDpHGal<sup>+</sup> and LDpHC cheese 564 565 were distinguished as a group and characterised as having a caramel odour, sweet taste and buttery flavour, with the intensity of these attributes being higher in the former than the latter. 566 In contrast, the LDpHGal<sup>-</sup> had a pungent odour, with a bitter, throat burn, astringent farmyard 567 flavour. Hence, despite the LDpHC and LDpHGal<sup>+</sup> cheeses belonging to the same PCA 568 569 grouping for volatile compounds, they belonged to a different grouping for the corresponding 570 descriptive sensory analyses. This confirms that sensory perception of cheese at any time is 571 complex, being determined by volatile compounds, taste compounds, texture and their 572 interaction (Szczesniak, 2002).

573

#### 574 **5.** Conclusion

575

The use of Sc. thermophilus as an adjunct culture (to Lc. lactis subsp. lactis) affected 576 577 the levels of residual lactose and galactose, the profile of volatile compounds and sensory 578 properties of Cheddar cheese to an extent dependent on the drain pH and Sc. thermophilus phenotype (Gal<sup>+</sup> or Gal<sup>-</sup>). At high drainage pH (6.45), the use of both Gal<sup>-</sup> or Gal<sup>+</sup> strains of 579 Sc. thermophilus gave Cheddar cheese that had a sweaty, rancid flavour, a rancid and sweaty 580 odour, and acid taste at 270 d, compared with control cheese (without adjunct) that had a 581 fruity, creamy flavour, and a fruity butter odour. Conversely, at low drain pH (6.15), the 582 583 control cheese and cheese made using Gal<sup>+</sup> strain of *Sc. thermophilus* were closer in sensory properties (buttery flavour, caramel odour and sweet taste) than the cheese made using the 584

585	Gal <sup>-</sup> strain of Sc. thermophilus, which had a pungent and farmyard flavour, pungent odour,
586	pungent throat and astringent sensations, and bitter taste. For both the control culture and
587	adjunct-containing cultures, reducing the pH at whey drainage from 6.45 to 6.15 resulted in
588	cheese that had lower levels of moisture and FAA, and was firmer. The results suggest that Sc.
589	thermophilus as a starter culture adjunct may be used as a means of creating Cheddar cheese
590	variants with distinctive flavour profiles; but when using Gal <sup>-</sup> variant Sc. thermophilus, the
591	pH at whey drainage should be increased to avoid the accumulation of high levels of residual
592	galactose during ripening.
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594	
595	Acknowledgements
596	
597	This work was funded by the Department of Agriculture, Fisheries and Food, under
598	the National Development Plan and Food Institutional Research Measure with project
599	reference no. 08RDC604.
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#### 1 Figure legends

2

3 Fig. 1. Changes in the level of residual lactose (a and b), galactose (c and d) and total lactate 4 (e and f) during ripening in low drain pH (broken line, open symbol) and high drain pH (solid line, closed symbol) Cheddar cheeses made with control starter culture (LDpHC,  $\Delta$ ; 5 HDpHC,  $\blacktriangle$ ), control starter culture with galactose metabolising *Sc. thermophilus* culture 6 adjunct (LDpHGal<sup>+</sup>, $\bigcirc$ ; HDpHGal<sup>+</sup>, $\bigcirc$ ) or control starter culture with galactose non-7 8 metabolising *Sc. thermophilus* as culture adjunct (LDpHGal<sup>-</sup>,□; HDpHGal<sup>-</sup>, ■). Values are 9 the means of three replicate trials; error bars represent standard deviations of the mean. 10 11 Fig. 2. Changes in the counts of starter Lactococcus (a and b), Sc. thermophilus (c and d) and 12 non-starter lactic acid bacteria (e and f) during ripening in low drain pH (broken line, open 13 symbol) and high drain pH (solid line, closed symbol) Cheddar cheeses made with control starter culture (LDpHC, $\triangle$ ; HDpHC,  $\blacktriangle$ ), control starter culture with galactose metabolising 14 15 Sc. thermophilus culture adjunct (LDpHGal<sup>+</sup>, $\bigcirc$ ; HDpHGal<sup>+</sup>, $\bigcirc$ ) or control starter culture 16 with galactose non-metabolising *Sc. thermophilus* as culture adjunct (LDpHGal, $\Box$ ; HDpHGal<sup>-</sup>, ■). Values are the means of three replicate trials; error bars represent standard 17 18 deviations of the mean.

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Fig. 3. Changes in the concentrations of total free amino acids (FAA) during ripening in low
drain pH (a, broken line, open symbol) and high drain pH (b, solid line, closed symbol)
Cheddar cheeses made with control starter culture (LDpHC, △; HDpHC, ▲), control starter
culture with galactose metabolising *Sc. thermophilus* culture adjunct (LDpHGal<sup>+</sup>, ○;
HDpHGal<sup>+</sup>, ●) or control starter culture with galactose non-metabolising *Sc. thermophilus* as

culture adjunct (LDpHGal<sup>-</sup>, □; HDpHGal<sup>-</sup>, ■). Values are the means of three replicate trials;
error bars represent standard deviations of the mean.

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28 Fig. 4. PCA showing the first two principal components of volatile compounds in 270 day 29 old low drain pH and high drain pH Cheddar cheeses made with control starter culture (LDpHC; HDpHC), control starter culture with galactose metabolising Sc. thermophilus 30 31 culture adjunct (LDpHGal<sup>+</sup>; HDpHGal<sup>+</sup>) or control starter culture with galactose non-32 metabolising Sc. thermophilus as culture adjunct (LDpHGal<sup>-</sup>; HDpHGal<sup>-</sup>). Values are the 33 means of three replicate trials. 34 35 Fig. 5. PCA showing the first two principal components of descriptive sensory odour and flavour attribute in 270 day-old low drain pH and high drain pH Cheddar cheeses made with 36 37 control starter culture (LDpHC; HDpHC), control starter culture with galactose metabolising 38 *Sc. thermophilus* culture adjunct (LDpHGal<sup>+</sup>; HDpHGal<sup>+</sup>) or control starter culture with galactose non-metabolising Sc. thermophilus as culture adjunct (LDpHGal<sup>-</sup>; HDpHGal<sup>-</sup>). 39 40 Values are the means of three replicate trials. 41 5 42

#### Table 1

Effect of different starter culture and pH at whey drainage on the composition of 14 day old Cheddar cheeses and the times required for different stages of manufacture. <sup>a</sup>

Parameter	Low drain	pH cheese		High drain pH cheese			
	LDpHC	$LDpHGal^+$	LDpHGal <sup>-</sup>	HDpHC	$HDpHGal^+$	HDpHGal <sup>-</sup>	
Cheese composition						Y	
Moisture (%, w/w)	38.5 <sup>a,A</sup>	38.7 <sup>a,A</sup>	38.7 <sup>a,B</sup>	40.1 <sup>a,A</sup>	40.9 <sup>a,A</sup>	41.0 <sup>a,A</sup>	
Fat (%, w/w)	30.7 <sup>a,A</sup>	30.5 <sup>a,A</sup>	30.7 <sup>a,A</sup>	29.5 <sup>a,A</sup>	29.1 <sup>a,A</sup>	29.1 <sup>a,B</sup>	
Protein (%, w/w)	25.4 <sup>a,A</sup>	25.1 <sup>a,A</sup>	25.3 <sup>a,A</sup>	24.8 <sup>a,A</sup>	$24.4^{a,A}$	24.3 <sup>a,B</sup>	
Salt (%, w/w)	1.74 <sup>a,A</sup>	1.93 <sup>a,A</sup>	$1.84^{a,A}$	1.73 <sup>a,A</sup>	$1.66^{a,A}$	$1.64^{a,A}$	
Ca (mg 100 g <sup>-1</sup> )	$755^{a,A}$	757 <sup>a,A</sup>	742 <sup>a,A</sup>	771 <sup>a,A</sup>	769 <sup>a,A</sup>	746 <sup>a,A</sup>	
Calcium to protein (mg $g^{-1}$ )	29.7 <sup>a,A</sup>	30.2 <sup>a,A</sup>	29.3 <sup>a,A</sup>	31.1 <sup>a,A</sup>	31.5 <sup>a,A</sup>	30.7 <sup>a,A</sup>	
$P (mg \ 100 \ g^{-1})$	486 <sup>a,A</sup>	480 <sup>a,A</sup>	476 <sup>a,A</sup>	487 <sup>a,A</sup>	471 <sup>a,A</sup>	472 <sup>a,A</sup>	
S/M (%, w/w)	4.54 <sup>a,A</sup>	5.01 <sup>a,A</sup>	4.74 <sup>a,A</sup>	4.30 <sup>a,A</sup>	4.08 <sup>a,A</sup>	3.99 <sup>a,A</sup>	
MNFS (%, w/w)	55.5 <sup>a,A</sup>	55.6 <sup>a,A</sup>	55.8 <sup>a,B</sup>	56.9 <sup>a,A</sup>	57.6 <sup>a,A</sup>	57.8 <sup>a,A</sup>	
FDM (%, w/w)	49.9 <sup>a,A</sup>	49.7 <sup>a,A</sup>	50.0 <sup>a,A</sup>	49.2 <sup>a,A</sup>	49.2 <sup>a,A</sup>	49.3 <sup>a,A</sup>	
рН	5.25 <sup>a,A</sup>	5.34 <sup>a,A</sup>	5.29 <sup>a,A</sup>	5.25 <sup>a,A</sup>	5.24 <sup>a,A</sup>	5.19 <sup>a,B</sup>	
Time for different stages of che	ese manufa	cture (min)					
Curd residence time	133 <sup>a,A</sup>	104 <sup>b,A</sup>	122 <sup>ab,A</sup>	54 <sup>a,B</sup>	54 <sup>a,B</sup>	53 <sup>a,B</sup>	
Cheddaring time	71 <sup>a,B</sup>	75 <sup>a,A</sup>	87 <sup>a,B</sup>	150 <sup>a,A</sup>	124 <sup>b,A</sup>	151 <sup>a,A</sup>	
Total make time	281 <sup>a,A</sup>	252 <sup>a,A</sup>	279 <sup>a,A</sup>	280 <sup>a,A</sup>	253 <sup>b,A</sup>	284 <sup>a,A</sup>	

<sup>a</sup> Cheeses were low drain pH (LDpH) or high drain pH (HDpH) cheeses made with control culture (LDpHC, HDpHC), galactose-metabolising *Sc. thermophilus* culture (LDpHGal<sup>+</sup>, HDpHGal<sup>+</sup>), or galactosemetabolising *Sc. thermophilus* culture (LDpHGal<sup>-</sup>, HDpHGal<sup>-</sup>). Values within a row relating to LDpH cheeses (LDpHC, LDpHGal<sup>+</sup>, LDpHGal<sup>-</sup>) or HDpH cheeses (HDpHC, HDpHGal<sup>+</sup>, HDpHGal<sup>-</sup>) and not sharing a common lower-case superscript differ significantly (P < 0.05) for effect of starter culture; values within a row relating to cheeses made with control culture (LDpHC, HDpHC), galactose-metabolising *Sc. thermophilus* culture(LDpHGal<sup>+</sup>, HDpHGal<sup>+</sup>) or galactose-non-metabolising *Sc. thermophilus* culture (LDpHGal<sup>-</sup>, HDpHGal<sup>-</sup>), and not sharing a common upper-case superscript letter differ significantly (P < 0.05) for effect of drain pH. Abbreviations are: S/M, salt in moisture; MNFS, moisture in non-fat substances; FDM, fat in dry matter.

# Table 2

Statistical significances (P values) for effects of starter culture and ripening time on concentrations of lactose, galactose, total lactate and pH in Cheddar cheeses

Factor		tose	Galactose		Lactose + galactose		Total lactate		pН	
	df	Р	df	Р	df	Р	df	Р	df	Р
Low drain pH cheese					Co.					
Main plot				, A	$\langle \gamma \rangle$					
Starter system	2	0.005	2	0.158	2	0.869	2	0.227	2	0.583
Sub-plot										
Ripening time	5	< 0.001	5	< 0.001	5	< 0.001	5	< 0.001	5	0.250
Interaction (starter system × ripening time)	10	0.0002	10	0.110	10	0.210	10	0.696	10	0.475
High drain pH cheese				Y						
Main plot										
Starter system	2	0.073	2	0.036	2	0.394	2	0.371	2	0.207
Sub-plot										
Ripening time	5	< 0.001	5	< 0.001	5	< 0.001	5	< 0.001	5	0.554
Interaction (starter system × ripening time)	10	0.004	10	0.048	10	0.136	10	0.206	10	0.820

made using low- or high-drain pH.<sup>a</sup>

<sup>a</sup> Cheeses were made with different starter cultures (C, Gal<sup>+</sup> or Gal<sup>-</sup>, as described in Materials and methods) at low or high drain pH. Analysis of variance was carried out using the general linear model (GLM) procedure of SAS, where the effects of treatment, ripening time and their interaction were estimated; there were '2' degrees of freedom (df) for starter system and '5' for ripening time.

#### Table 3

Statistical significances (*P* values) for effects of starter culture and ripening time on counts of *Lactococcus*, *Sc. thermophilus* and non-starter lactic acid bacteria (NSLAB) in Cheddar cheeses made using low or high drain pH.<sup>a</sup>

Lac	tococcus	Sc. th	hermophilus	NS	NSLAB	
df	Р	df	Р	df	P	
2	0.883	2	0.028	2	0.002	
5	< 0.001	5	< 0.001	5	< 0.001	
10	0.759	10	< 0.001	10	0.337	
2	0.120	2	< 0.001	2	0.284	
5	< 0.001	5	< 0.001	5	< 0.001	
10	0.337	10	< 0.001	10	0.145	
	Lac df 2 5 10 2 5 10	Lactococcus           df         P           2         0.883           5         <0.001	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	

<sup>a</sup> Cheeses were made with different starter cultures (C, Gal<sup>+</sup> or Gal<sup>-</sup>, as described in Materials and methods) at high or low drain pH. Analysis of variance was carried using the general linear model (GLM) procedure of SAS, where the effects of treatment, ripening time and their interaction were estimated; there were '2' degrees of freedom (df) for starter system and '5' for ripening time.

#### Table 4

Statistical significances (*P* values) for effects of starter culture and ripening time on levels of pH 4.6-soluble N (pH4.6-SN) and free amino acids (FAAs) in Cheddar cheeses made using low or high drain pH.<sup>a</sup>

Factor	pH4.6-5	SN	FAAs	
	df	Р	df	Р
Low drain pH cheese				
Main plot				
Starter system	2	0.883	2	0.499
Sub-plot				
Ripening time	4	< 0.001	4	< 0.001
Interaction (starter system × ripening time)	8	0.96	8	0.754
High drain pH cheese				
Main plot				
Starter system	2	< 0.001	2	0.081
Sub-plot				
Ripening time	4	< 0.001	4	< 0.001
Interaction (starter system × ripening time)	8	0.978	8	0.122

<sup>a</sup> Cheeses were made with different starter cultures (C, Gal<sup>+</sup> or Gal<sup>-</sup>, as described in Materials and methods) at high or low drain pH. Analysis of variance was carried using the general linear model (GLM) procedure of SAS, where the effects of treatment, ripening time and their interaction were estimated; there were '2' for degrees of freedom (df) for starter system and '5' for ripening time.

#### Table 5

Statistical significances (P values) for effects of starter culture and ripening time on the firmness,

facture stress and fracture strain of Cheddar cheese made using low or high drain pH.<sup>a</sup>

Factor	Fir	mness	Facture stress		Fractur	re strain	
	df	Р	df	Р	df	Р	
Low drain pH cheese							
Main plot							
Starter system	2	0.240	2	0.346	2	0.340	
Sub-plot							
Ripening time	4	< 0.001	4	< 0.001	4	< 0.001	
Interaction (starter system × ripening time)		0.949	8	0.453	8	0.294	
High drain pH cheese							
Main plot							
Starter system	2	0.066	2	0.163	2	0.773	
Sub-plot							
Ripening time	4	< 0.001	4	< 0.001	4	< 0.001	
Interaction (starter system $\times$ ripening time)	8	0.923	8	0.483	8	0.949	

<sup>a</sup> Cheeses were made with different starter cultures (C, Gal<sup>+</sup> or Gal<sup>-</sup>, as described in Materials and Methods) at high or low drain pH. Analysis of variance was carried using the general linear model (GLM) procedure of SAS, where the effects of treatment, ripening time and their interaction were estimated; there were '2' for degrees of freedom (df) for starter system and '5' for ripening time.

















