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**Table S1.** Regression analysis of potential predictors of response of systolic blood pressure.

| Predictor | B | Standard Error | *P*-value |
|---|---|---|---|
| Dietary salt period | -6.23 | 1.81 | 0.001 |
| Sex | 0.75 | 1.89 | 0.69 |
| Smoking status | -0.47 | 2.82 | 0.87 |
| Vitamin D status | -0.10 | 0.07 | 0.19 |
| Age | 0.07 | 0.11 | 0.51 |
| BMI | -0.20 | 0.226 | 0.38 |

*Additional model including urinary sodium and systolic blood pressure at baseline showed these were non-significant determinants (*P*=0.14 and *P*=0.95, respectively) and dietary salt periods remained a significant predictor (*P*=0.008).