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Authors	Resconi, Virginia C.;Keenan, Derek F.;García, Elisa;Allen, Paul;Kerry, Joseph P.;Hamill, Ruth M.
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1 **THE EFFECTS OF POTATO AND RICE STARCH AS SUBSTITUTES FOR**
2 **PHOSPHATE IN AND DEGREE OF COMMINUTION ON THE TECHNOLOGICAL,**
3 **INSTRUMENTAL AND SENSORY CHARACTERISTICS OF RESTRUCTURED HAM**
4

5 Virginia C. Resconi^{1,&}, Derek F. Keenan¹, Elisa García¹, Paul Allen¹, Joe P. Kerry² and Ruth M.
6 Hamill^{1,*}

7 ¹Teagasc, Food Research Centre Ashtown, Dublin 15, Ireland.

8 ²Department of Food and Nutritional Sciences, University College Cork, Cork, Ireland.

9 * Tel.: +353 - 8059500; fax: +353 - 8059550. E-mail address: ruth.hamill@teagasc.ie
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11

12 **ABSTRACT**

13 The effects of sodium tripolyphosphate (STPP), two sources of starch (potato starch: PS and rice
14 starch: RS) and comminution degree (CD) on the technological, instrumental and sensory
15 characteristics of reformed hams were studied using response surface methodology. Both starches
16 reduced cook loss and **decreased** ham flavour intensity, but RS had stronger effects on instrumental
17 measures of texture, while PS was associated with improved juiciness when low/no added STPP
18 was included. Coarsely ground meat, processed 100 % with the kidney **plate** was associated with
19 slightly increased cook loss, reduced **texture profile analysis** parameters and a more intense ham
20 flavour compared to **the other** treatment (80 % ground with a kidney plate plus 20 % with a 9 mm
21 **plate**). STPP was the sole factor affecting overall liking. If starch is included in the formulation,
22 the standard level of STPP (0.3%) can be reduced by half with no increase in cook losses, but
23 some decline in sensory quality cannot be avoided.
24

25 **& Present address: Departamento de Producción Animal y Ciencia de los Alimentos, Universidad**
26 **de Zaragoza – Instituto Agroalimentario de Aragón IA2, Zaragoza (50013), Spain**
27

28 **KEYWORDS**

29 Reformed ham, potato/rice starch, phosphate, comminution, response surface methodology
30

31 **1. INTRODUCTION**

32 The preparation of reformed cooked ham, also known as sandwich ham, can help add value to
33 cheap cuts and trimmings from e.g. pork shoulder, through their incorporation into a relatively
34 uniform and convenient cold ready-to-eat product. The correct binding of meat pieces is important
35 in the manufacturing process of these hams, as is the retention of the brine added, as these
36 parameters help to define the yield and the structure of the product. Optimal binding can be
37 achieved through mechanical and thermal processing plus the addition of functional ingredients,
38 which either enhance the functionality of the meat proteins (i.e., salt and phosphates) or have a
39 direct functional effect in the meat system, such as starches (Boles & Shand, 1998; Petracci,
40 Bianchi, Mudalal & Cavani, 2013).

41
42 The use of phosphates offers some remarkable advantages as they are cheap, effective and easily
43 handled. Additionally, they permit a reduction in the use of salt whilst maintaining technological
44 quality and they can improve the sensory quality of meat products (Moiseev & Cornforth, 1997;
45 Ruusunen, Niemistö & Puolanne, 2002). However, their use in meat processing is in decline due to
46 the negative perception of consumers- for example, phosphates have been shown to be generally
47 considered an artificial, unhealthy and unfamiliar ingredient in cooked ham (Petracci et al., 2013;
48 Resconi, Keenan, Barahona, Guerrero, Kerry & Hamill, 2016) - and due to the increased focus on
49 clean label ingredients in food processing in general.

50
51 It is well known that starch helps to retain water and can also affect other quality characteristics of
52 meat products, such as texture, sensory, and colour. However, the magnitude of these effects
53 differs according to several factors such as the botanical origin of the starch, chemical/physical
54 processing and concentration, the matrix in which it is acting, the technological process, cooking
55 temperatures, and salt concentration (Li & Yeh, 2002; Skrede, 1989; Teye & Teye, 2011; Zhang &
56 Barbut, 2005). For example, a reduction in hardness and other texture parameters has been
57 observed with starch inclusion in whole meat and restructured products (Motzer, Carpenter,
58 Reynolds & Lyon, 1998; Resconi et al., 2015; Schilling, Marriott, Acton, Anderson-Cook, Duncan
59 & Alvarado, 2003), whereas conflicting results were found in comminuted meat products, such as
60 meat batters and sausages (Fernández, Cofrades, Solas, Carballo & Colmenero, 1998; Hughes,
61 Mullen & Troy, 1998; Pietrasik & Janz, 2010).

62

63 In reformed meat, a product is generally considered to be of higher quality, the larger the pieces
64 are, and the lower the level of extension (Feiner, 2006). However, when large particle sizes are
65 used, it is more appropriate to use meat with less connective tissue (and fat) in order to offset any
66 potential adverse consequences in the visual appraisal of the product. Hence, raw meat pieces are
67 generally reduced with **plates** of different diameters or just passed through a mincer worm (Feiner,
68 2006). Nonetheless, the shape and size of the meat pieces could further affect the characteristics of
69 the reformed product such as yield, instrumental texture and eating quality (Berry, Smith &
70 Secrist, 1987; Cofrades, Serrano, Ayo, Solas, Carballo & Colmenero, 2004). This may be further
71 complicated by action of non-meat ingredients that could interact differently according to the
72 particles size (Boles et al., 1998; Cofrades et al., 2004; Nielsen, Høegh & Møller, 1996).

73
74 Due to the complex nature of the product and the interactions between influential parameters, more
75 studies are required to enhance the understanding of the effects of starch in different meat matrices
76 and to study possible interactions between ingredients, modulated by technological factors.
77 Information generated could facilitate more straightforward optimization of ingredient usage levels
78 in reformed products and permit a streamlining of new product development. Response surface /
79 mixture design methodologies represent useful approaches to assess those aspects (Amini
80 Sarteshnizi, Hosseini, Bondarianzadeh, Colmenero & khaksar, 2015; Keenan, Resconi, Kerry &
81 Hamill, 2014; Resconi et al., 2015). The objective of the present study was to analyze the
82 possibilities for phosphate substitution with two types of starch (potato and rice) in reformed hams
83 prepared with meat with different comminution levels, considering technological, instrumental and
84 sensory aspects in a response surface design.

85

86 **2. MATERIALS AND METHODS**

87 *2.1 Design of the experiment*

88 A response surface methodology (RSM) based on d-optimal experiment was designed using
89 Design Expert software (v. 7.6.1, Stat-Ease Inc.). Four factors were studied:

- 90 • STPP, sodium tripolyphosphate, at 0 - 0.3% w/w in the brined muscle (CarfoseTM,
91 supplied by Redbrook Ingredient Services Ltd., Mulhuddart, Ireland);
- 92 • PS, modified potato starch, at 0 - 2% (AllinAll Ingredients Ltd., Dublin, Ireland);

- 93 • RS, rice starch, at 0 - 2% (Remyline XS, Beneo, supplied by Healy Group, Dublin,
94 Ireland); and
95 • CD, comminution degree, with two levels: 100% coarsely ground meat using a kidney **plate**
96 (100/0), and 80% ground with a kidney **plate** plus 20% of meat ground with a 9 mm **plate**
97 (80/20).

98 A constraint ($PS + RS \leq 2\%$) and a block effect were included in the experimental design, and 28
99 runs were generated by Design Expert software (18 model points, five points to estimate lack of fit
100 and five replicates) within five blocks or weeks of processing. Each run represents a combination
101 of the three ingredients for the brine formulation with one of the two comminution levels studied
102 (Table 1).

103

104 *2.2 Processing of hams*

105 The experiment was conducted over five weeks with five or six ham formulations (runs)
106 prepared each week, according to the design presented in Table 1. Each week, pork shoulders
107 from female pigs, 4 d after slaughter (Rosderra Irish Meats Group, Edenderry, Ireland), were
108 transported to the pilot scale abattoir and meat processing facility at Teagasc Food Research
109 Centre Ashtown. Shoulders were excised and trimmed of excess fat (90-95% lean). The meat
110 was ground with different **plates**: kidney and a 9 mm **plate** were used to prepare the two level of
111 comminution studied (100/0 and 80/20), as explained in the section 2.1. Brines were prepared
112 with levels of STPP, RS and PS specified by the design. Brines also contained pickling salt (0.5-
113 0.6% NaNO₂, ESCO - European salt company, Hanover, Germany) and sodium ascorbate (Aland
114 Nutraceutical Co. Ltd., Jiangsu, China) at 2.5% and 0.05% of the brined meat weight,
115 respectively. The ground meat and the brine, yielding 120% of green meat weight, were mixed
116 (MAINCA, Equipamientos Cárnicos SL, Barcelona, Spain) for 30 min (15 min clockwise and 15
117 min anti clockwise). After mixing, 2.5 kg of the mixture was vacuum packed using cooking bags
118 (Food Processing Technology LTD, Dublin, Ireland), placed in metal rectangular casings and
119 stored over night at 2-4 °C. The following day, hams were steam cooked in a Rational® oven
120 (Germany) at 100% relative humidity at 85 °C to a core temperature of 72 °C. Hams were
121 subsequently chilled (2-4 °C, 24 h) before being sub-sampled and vacuum packed for subsequent
122 analyses [expressible moisture (day 1), colour, **texture profile analysis** (day 5), composition
123 (days 7) and sensory (days 2 and 9)].

124

125 *2.3 Weights and pH*

126 pH (Thermo Orion Multimeter 250A, Orion Research Inc.) of brine, raw meat (4 d *post mortem*),
127 and brined meat was recorded in duplicate. Meat weights were recorded after brining and
128 cooking from which cook loss was calculated.

129

130 *2.4 Composition analysis*

131 Two 20 mm thick samples were homogenised in a Robot Coupe (R101, Robot Coupe SA,
132 France). Intramuscular fat and moisture concentrations of minced samples were determined
133 using the Smart System 5 microwave moisture drying oven and NMR Smart Trac rapid Fat
134 Analyser (CEM Corporation USA) using AOAC Official Methods 985.14 & 985.26, 1990.
135 Protein concentration was determined using a LECO FP328 (LECO Corp., MI, USA) Protein
136 analyser based on the Dumas method and according to AOAC method 992.15, 1990. Salt (NaCl)
137 was determined by titrating chloride ions in ashed (by furnace) samples with silver nitrite using
138 the Mohr method (Kirk & Sawyer, 1991). All analyses were performed in duplicate, although
139 further repetitions were made when a high standard deviation was obtained. Carbohydrate
140 content was calculated [100- (moisture + ash + crude fibre + fat + crude protein)].

141

142 *2.5 Colour*

143 Ham colour (CIE L*a*b* system) was measured using a dual beam xenon flash
144 spectrophotometer (Ultrascan XE, Hunterlab), with light illuminant D65, standard observer angle
145 (8°) and a 25 mm port size. All values were the average of six independent measurements
146 collected at random from duplicate ham slices (20 mm thick). Reflectance measurements were
147 obtained at wavelengths of 570 and 650 nm, from which the cured colour ratio = 650 nm/570 nm
148 (Sindelar, Cordray, Sebranek, Love & Ahn, 2007) was calculated.

149

150 *2.6 Texture profile analysis and expressible moisture*

151 Texture profile analysis (TPA) and expressible moisture were carried out using an Instron
152 Universal Testing Machine (5542) using a 25 mm circular flat disk equipped with a 500N load cell
153 (Instron Ltd., High Wycombe, UK). For TPA, eight cores (diameter 25 mm) from the two slices
154 (20 mm thick) were axially compressed (5 cm min⁻¹) to 50% of the original height in a two cycle

155 compression (Bourne, 1978). For expressible moisture, four cores (19 mm diameter x height 12.7
156 mm) were weighed and individually placed between two filter papers (12.5 cm Whatman No.1) to
157 absorb expressed moisture (Schilling, Marriott, Acton, Anderson-Cook, Alvarado & Wang,
158 2004b). Cores were axially compressed (100 mm min^{-1}) between plates at a height of 3.2 mm
159 (75% compression), held for 15s and then re-weighed. Expressible moisture (%) = [(initial weight-
160 final weight)/initial weight] x 100.

161
162 *2.7 Sensory analysis*
163 The panel consisted of eight members experienced in the analysis of meat products. The sensory
164 profile was developed in two additional sessions. The resultant descriptors were: intensity of pink
165 colour (low – high); number of holes (no holes – many holes); meaty odour, the odour associated
166 with cooked pork; cooked ham odour, the typical odour associated with cooked ham; juiciness,
167 amount of perceived juice released from the product during mastication (initial chews); tenderness,
168 force required during the first bite between molars to deform the sample; springiness, degree and
169 rapidity of recovery from a deforming force (compression by molar teeth); adhesiveness, force
170 required to remove material that adheres to the mouth; cooked ham flavour, the typical flavour
171 associated with cooked ham; and saltiness, taste of sodium chloride. Scores of the samples per
172 plate were indicated in a 10 cm structured lineal scale, transformed into a numerical scale (0-100)
173 for the statistical analysis. The quantitative descriptive test was performed in individual cabins
174 with controlled environmental conditions under red light (ISO-8589, 1988). The test comprised
175 five weekly sessions, and excepting the first session, samples from hams cooked on both the
176 present and the previous week were presented (two repetitions per run) randomly in three / four
177 samples per plate. Cross-sectional slices of each ham, 2 mm thick, were cut into three portions,
178 wrapped in aluminium foil and marked with a random 3-digit code. To avoid the possible effects
179 of the order of presentation and first-order carryover effects, the samples were presented in a
180 balanced order (Macfie, Bratchell, Greenhoff & Vallis, 1989). To cleanse their palate between
181 samples, panelists were given bottled water and unsalted crackers.

182
183 *2.8 Data analysis*
184 Statistical analysis was performed using Design Expert software. Each model was selected, i.e.,
185 linear, quadratic, by evaluating the regression coefficient (R^2) and lack of fit obtained from the

186 analysis of variance (ANOVA). Models were considered significant when *P* values were lower
187 than 0.05. Automatic reduction algorithms were applied to reduce the number of insignificant
188 terms in the models. For the response expressible moisture, run 24 was identified as an outlier and
189 therefore excluded for the statistical analysis. In addition to the response surface models, Pearson
190 correlations were calculated using SPSS (v. 18.0, Chicago, USA) software.

191

192 3. RESULTS AND DISCUSSION

193 An RSM experiment was performed to evaluate the effect of meat comminution level and two
194 sources of starch (RS and PS) as substitutes for conventionally used STPP in reformed cooked
195 hams. Figs. 1-5 show the representation of the predicted values of the response surface models as
196 contour or interaction plots. In the plots, the levels of one or two factors are shown while the others
197 are fixed to the levels specified in the figures. Table 3 presents several formulations selected to
198 optimize cooking loss and overall liking. Finally, a detail of the model characteristics of the
199 responses with significant effect ($P < 0.05$) for reformed hams and the significance and F values of
200 the individual, interaction and quadratic effects is presented in the supplementary material (Tables
201 A1-3).

202

203 In general, the two studied starch types (RS and PS) improved cook loss and decreased ham
204 flavour intensity in a similar fashion to each other, but RS had stronger effects on the instrumental
205 measures of texture (expressible moisture and texture profile analysis, TPA), while PS could
206 improve juiciness in formulations when low/no added STPP is included. Interaction between CD
207 and RS effects was found for the colour of the hams measured instrumentally and with a trained
208 sensory panel. Coarsely ground meat resulted in a small increase in cook loss, reduced TPA
209 parameters and produced a more intense ham flavour. Finally, STPP was the sole factor affecting
210 overall liking, which may be mostly explained by a reduced number of holes and improved
211 juiciness of the hams at higher phosphate levels.

212

213 3.1 Cook loss, pH and chemical composition

214 Cook loss data was fitted to a quadratic model (R^2 0.97), and was mainly affected by STPP and the
215 interactions between STPP and each starch (Table A1). As predicted, brined meat pH and the
216 percentage of moisture increased in the cooked hams with the rise of STPP in the brine, while the

217 cook loss was reduced (Table A1), as has been found in previous papers (Lee, Hendricks &
218 Cornforth, 1998; Moiseev et al., 1997; Trout & Schmidt, 1984). Phosphates function to increase
219 the binding and retention of the myofibrillar water due to the increase in muscle pH and ionic
220 strength and the disruption of the myofibril structure when they are added (Bertram, Kristensen &
221 Andersen, 2004; Lowder et al., 2013; Offer & Trinick, 1983; Trout & Schmidt, 1986). Conversely,
222 starches have a different mechanism of action, i.e. they are thought to entrap the extra-myofibrillar
223 water in starchy gel structures (Resconi et al., 2015). The complementary nature of their modes of
224 action might explain why starches were more effective in reducing cook loss when low amounts of
225 STPP were added (Figure 1).

226
227 Figure 1 reveals that with the addition of approximately 1.25% of starch, a 50% reduction in the
228 use of STTP could be achieved, while maintaining a similar cook loss as obtained when adding the
229 traditional levels of STPP (0.30% in the brined meat). In the study of Zhang and Barbut (2005),
230 chicken meat batters produced with modified tapioca starch had lower cook loss compared to
231 products made with regular tapioca starch and regular and modified potato starch. In the present
232 study, the two starches studied acted similarly and no synergistic effect was observed. Fat and
233 protein percentage were lowered by the two starches (Table A1) as expected, since they provide
234 carbohydrates, but their functionality in retaining water might also have influenced the results.

235
236 *3.2 Visual characteristics*
237 With respect to instrumental colour measurements, only yellowness and chroma produced
238 significant models (with R^2 0.45 and 0.46, respectively). These parameters increased in association
239 with rice starch inclusion in hams made with 100% ground meat with the kidney plate, but
240 opposite results were found for the 80/20 treatment (Figure 2). The pink colour intensity assessed
241 by the sensory panel corresponds with the results found instrumentally, wherein an interaction
242 between comminution degree and RS inclusion was found (Figure 2). In sausages, one study found
243 that starch affected lightness, redness and yellowness in a linear fashion but these parameters were
244 also affected by interactions between other non-meat ingredients (Amini Sarteshnizi et al., 2015);
245 whereas another study found that starch had an effect only on lightness (García-García &
246 Totosaus, 2008). We have previously found a reduction in redness with the inclusion of rice starch
247 in whole muscle hams (Resconi et al., 2015).

248
249 Many inter-related factors are thought to influence the colour of reformed hams, including the
250 concentration and chemical state of myoglobin and the physical characteristics of the product
251 (Cofrades et al., 2004). The present results might be explained by the effects of rice starch and
252 comminution degree on the percentage of protein which could dilute/concentrate the myoglobin,
253 but also by their effects in water distribution and other texture parameters. However, it should be
254 noted that a difference in objective measurements of colour is not necessarily translated into a
255 difference in colour acceptability (Resconi et al., 2016). In fact, in the present study, no correlation
256 between overall liking and pink colour intensity was found (Table 3). Furthermore, the mean cured
257 colour ratio obtained was 2.41 ± 0.133 , which was unchanged by the factors studied and indicates
258 that an “excellent cured colour” (Sindelar et al., 2007) was reached in the restructured hams.

259
260 Other than colour, another visual aspect presumably relevant in hams could be the presence of
261 holes in the product (Hullberg, Johansson & Lundström, 2005). Although Irish consumers stated
262 that they are not very concerned by the presence of holes in cooked ham (Resconi et al., 2016), if
263 the number and size of holes are considerable, it might be perceived as a defect in the product by
264 consumers (deeming it inferior) and make it difficult to slice for retailers. Phosphate was the single
265 factor that affected the number of holes in a linear manner ($R^2 = 0.47$), indicating their major role
266 in providing effective binding of the meat pieces in a restructured product. This is supported by
267 previous studies (Trout et al., 1984). Although starches have previously been shown to have a
268 positive effect on binding meat particles (Petracci et al., 2013), no such effect was found in the
269 present study by the sensory panel.

270
271 *3.3 Sensorial and instrumental assessment of the texture*
272 Expressible moisture, measured by instrumental compression, was reduced with the inclusion of
273 RS but no other factors significantly affected ($P < 0.05$) of this parameter, although there was a
274 tendency for PS to decrease the expressible moisture ($P = 0.074$). Previous studies have found that
275 starch binds the loosely bound or free water in meat systems (Motzer et al., 1998; Schilling et al.,
276 2004b), which was supported by a recent NMR analysis in cooked hams (Resconi et al., 2015). On
277 the other hand, juiciness, the sensory parameter that measures the moisture released by
278 compression with the teeth, was positively influenced by PS (but not RS) when low / no STPP was

279 included in the hams (Figure 3). In another study, modified corn starch also improved the juiciness
280 of hams (Prabhu & Sebranek, 1997). The differences we have found between the two starches
281 studied in expressible moisture and juiciness might relate to the smaller size and higher number of
282 granules in rice starch compared to potato starch granules (Li et al., 2002), which might explain the
283 ability of RS to bind the water hydrated in the starch gels more tightly than PS.

284
285 Texture profile analysis parameters produced significant linear models that were in general
286 affected by all the factors studied independently (Table A2). Both starches reduced hardness,
287 chewiness, gumminess (as opposed to STPP) and cohesiveness, with the effect of RS being
288 stronger compared to PS. Previous studies (Motzer et al., 1998; Schilling et al., 2003) have also
289 reported a reduction in texture parameters with starch inclusion in restructured hams. Because
290 starch dilutes the meat component of the product, this may provoke a disruption of the meat
291 matrix. Potato starch granules are probably too large to be trapped in the protein but almost all the
292 rice starch granules were embedded in the protein network due to their smaller size (Li et al., 2002)
293 and that might provide some explanation for our results. However, the observed effects of the
294 starches in the texture profile analysis were not perceived in the sensory test.

295
296 While in whole muscle hams, phosphates reduced TPA hardness and gumminess (Resconi et al.,
297 2015), these parameters were increased linearly in reformed hams (as well as springiness and
298 chewiness), which reflect their role in the binding of meat pieces (Trout et al., 1986). In the study
299 of Nielsen, Petersen and Møller (1995), an increase in hardness was associated with phosphate
300 inclusion to a level of 0.2%, after which hardness then decreased. Here, we have found a continual
301 linear increase in hardness with added phosphate up to the maximum levels studied (0.3%). In the
302 sensory analysis, STPP increased springiness and tenderness, and decreased adhesiveness (Figure
303 5). This is supported by previous research (Resconi et al., 2016; Sheard, Nute, Richardson, Perry &
304 Taylor, 1999). The effect of phosphate on sensory springiness agrees with the TPA analysis, but
305 the effect on tenderness is opposite. It may be that the structure of the meat pieces individually are
306 less tough while overall the ham is more tightly bound with the action of phosphates, which could
307 explain also why STPP increased the tenderness particularly in the coarsely ground samples
308 (Figure 5). The effect of phosphates on juiciness, could also contribute to the perception of a less
309 tough ham product.

310
311 *3.4 Flavour and overall liking*
312 Ham **flavour** intensity was affected linearly by all the factors tested ($R^2 = 0.52$), but overall liking
313 was improved only by STPP (Table 4). Meaty and ham odour intensities and saltiness did not
314 provide significant models ($P > 0.05$), in spite of the increase in salt percentage caused by STPP
315 (Table A1) and the previously reported effects of phosphates on saltiness (Matlock, Terrell,
316 Savell, Rhee & Dutson, 1984). Both starches decreased the ham **flavour** intensity, which could
317 potentially be explained by the dilution of the meat components, although this was not observed
318 in a recent whole muscle ham study (Resconi et al., 2016).

319
320 The typical **flavour** intensity and the general liking increased with the inclusion of phosphates, as
321 other authors have shown (Moiseev et al., 1997). The Pearson correlations (Table 2) showed that
322 overall liking was particularly related to the number of holes and to sensory juiciness, but also to
323 tenderness, springiness and adhesiveness, and because of the improvement of all these aspects by
324 the use of phosphate, this ingredient was the sole factor affecting overall liking (**linear model, R^2**
325 **0.47**).

326
327 *3.5 Comminution degree*
328 Cook loss was slightly higher for the coarsely ground meat using the kidney **plate** (100/0)
329 compared with the more finely comminuted 80/20 treatment, but the effect of comminution degree
330 on cook loss was much less than the effects of the functional ingredients tested (Table 2). Cofrades
331 et al. (2004) also found a lower exudate loss upon heating in finely, compared to coarsely ground
332 beef (grinder plate hole: 0.6 and 1.4 cm, respectively); whereas no effect of pre-mincing in cook
333 yield was found in other studies (Boles et al., 1998; Estévez, Ventanas, Heinonen & Puolanne,
334 2011). As discussed previously, comminution degree affected the colour of hams differently
335 depending on the level of RS (Figure 2). Similarly, interactions between non-meat ingredients and
336 particle size were found previously for lightness in restructured beef (Cofrades et al., 2004). In
337 another study with deli ham rolls, smaller particles gave lower L^* and b^* values (Schilling,
338 Alvarado & Marriott, 2004a). In the present study, a tendency for the effect of comminution
339 degree to influence instrumental texture was found ($P = 0.056$), with the meat ground 100% by the
340 kidney **plate** being less hard, potentially due to a lower bind strength for the larger meat pieces, as

341 suggested previously (Cofrades et al., 2004). The 100/0 samples were also less chewy, gummy and
342 springy (Table A2). However, differences were not perceived sensorially.

343
344 The hams with 100% kidney plate ground meat were associated with a more intense flavour. In
345 reformed beef, the acceptability of flavour of coarsely ground meat was improved compared to
346 finely ground in one study (Cofrades et al., 2004), although no such effects were found in Boles
347 and Shand (1998).

348
349 In summary, the 80/20 treatment slightly improved the technological quality but dulled the flavour
350 of the reformed hams. Although TPA measures indicate a better binding of the meat pieces in the
351 80/20, the sensory perceived texture was not affected; whereas the colour of the ham produced by
352 each comminution level depends on the quantity of RS included (but does not affect product
353 acceptability). In practical terms, the quality differences found in our study could be considered
354 minor and both particles sizes could help to reach an acceptable quality and therefore, other factors
355 such as easy handling and the quality of the raw meat used (quantity of connective tissue/fat)
356 would weigh more in decision making.

357
358 *3.6 Optimization*

359 Through the use of the optimization tool of the RSM, using the criteria ‘minimizing cook loss,
360 maximizing overall liking’, 82 different formulations were proposed, which are summarized in
361 Table 3. The two comminution levels studied could be used similarly. The optimal adjunct
362 combinations (higher desirability) for the selected criteria were achieved when 0.3% of STPP and
363 > 0.6% of any starch (or a combination of both) were included. With this solution (solution a), the
364 predicted cook loss improved with respect to a reformed ham without starch (< 2.0% versus 2.6%).
365 However, very subtle (almost no) predicted deterioration of the two responses (cook loss and
366 overall liking) could be achieved by reducing STPP to 0.18% and including any starch at 2%
367 (solution b). When using only salt and phosphate as binders, Schwartz and Mandigo (1976)
368 concluded that at least 0.13% of sodium tripolyphosphate is needed when producing restructured
369 pork. The third solution explored (solution c) implies practically avoiding the use STPP (adding
370 just 0.03%) and including 2% of starch, resulting an estimated cook loss of approximately 5%
371 (acceptable) but a lower sensory acceptability (Table 3).

372

373 CONCLUSION

374 Based in our results we recommend a reduction in the use of STPP in reformed hams through the
375 inclusion of starch at optimised levels to achieve a similar technological quality to products with
376 standard phosphate inclusion levels (0.3%). It is likely that formulations achieving this level of
377 reduction will be positively received by consumers. A total exclusion of STPP is not
378 recommended by the models, largely because this work suggests phosphate plays an important role
379 in the sensory quality of reformed ham products. The different type of starch (potato or rice starch)
380 and the different comminution degree studied differed somewhat in their effects on several of the
381 objective characteristics, such as the colour or the texture of the hams. However, both starches and
382 comminution levels studied could be used similarly to achieve good yield and sensory
383 acceptability of the product. Predicted optimal formulations for cook loss and sensory acceptability
384 included 0.3% of STPP and > 0.6% of either starch (or a combination of both), by using either of
385 the comminution levels studied.

386

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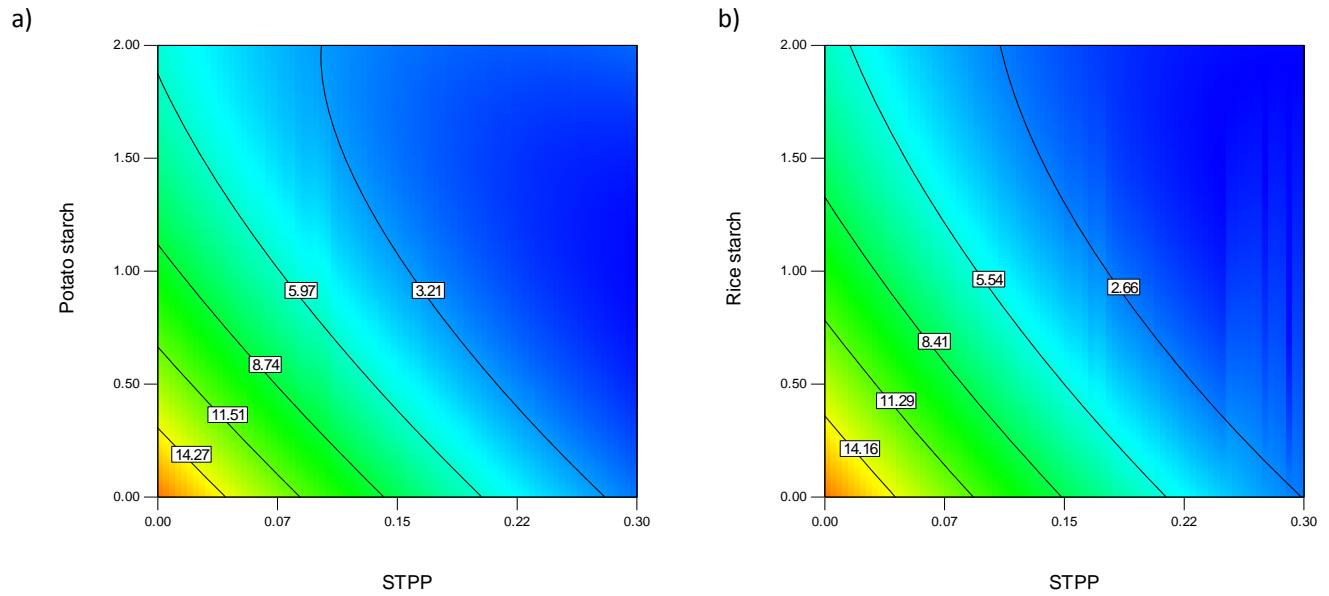
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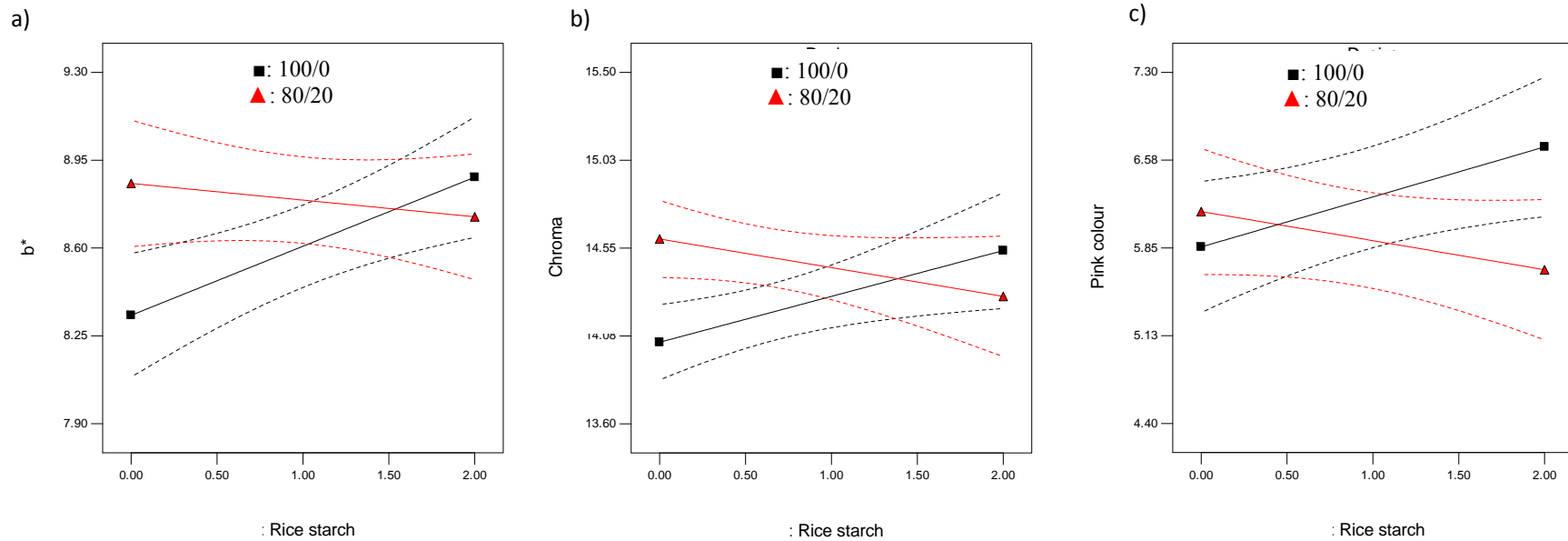
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Figure 1. Contour plots presenting the response surfaces for cook loss in reformed hams, in relation to starch and phosphate level, expressed in percentages



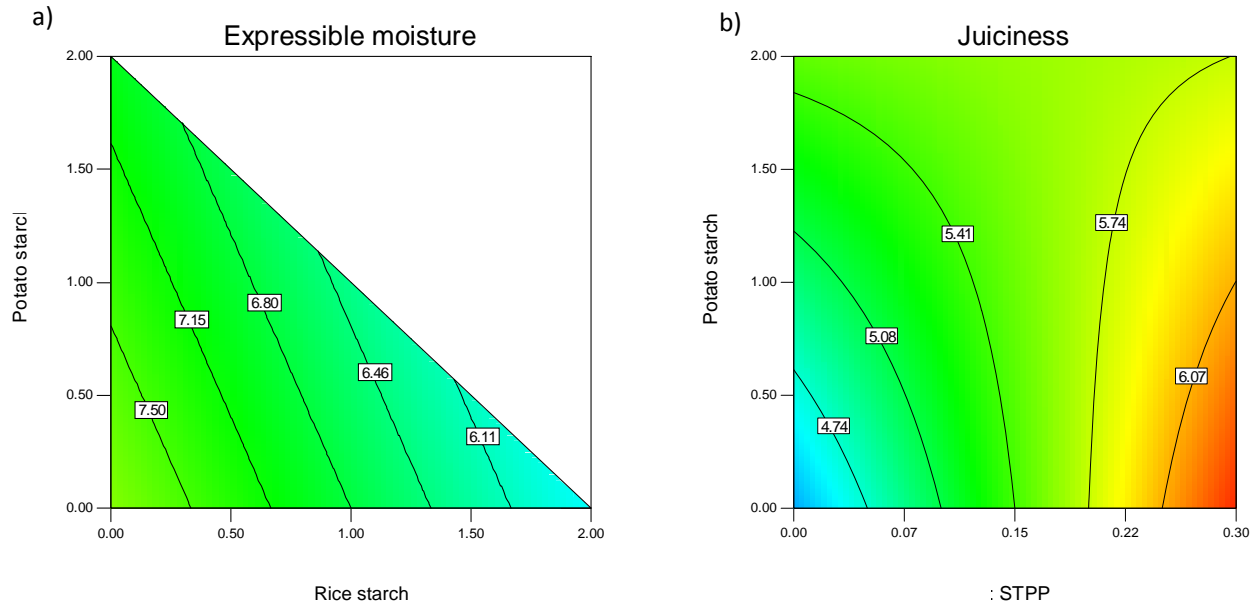
The levels of the ingredients are expressed in % by weight of the brined meat. The remaining factors were fixed at the following settings: a) Rice starch: 0, Comminution degree: average; b) Potato starch: 0, Comminution degree: average. STPP: sodium triphosphates.

Figure 2. Interaction plots (comminution degree x rice starch) according to the response surface models for colour in reformed hams: yellowness (b^*), chroma and pink colour intensity



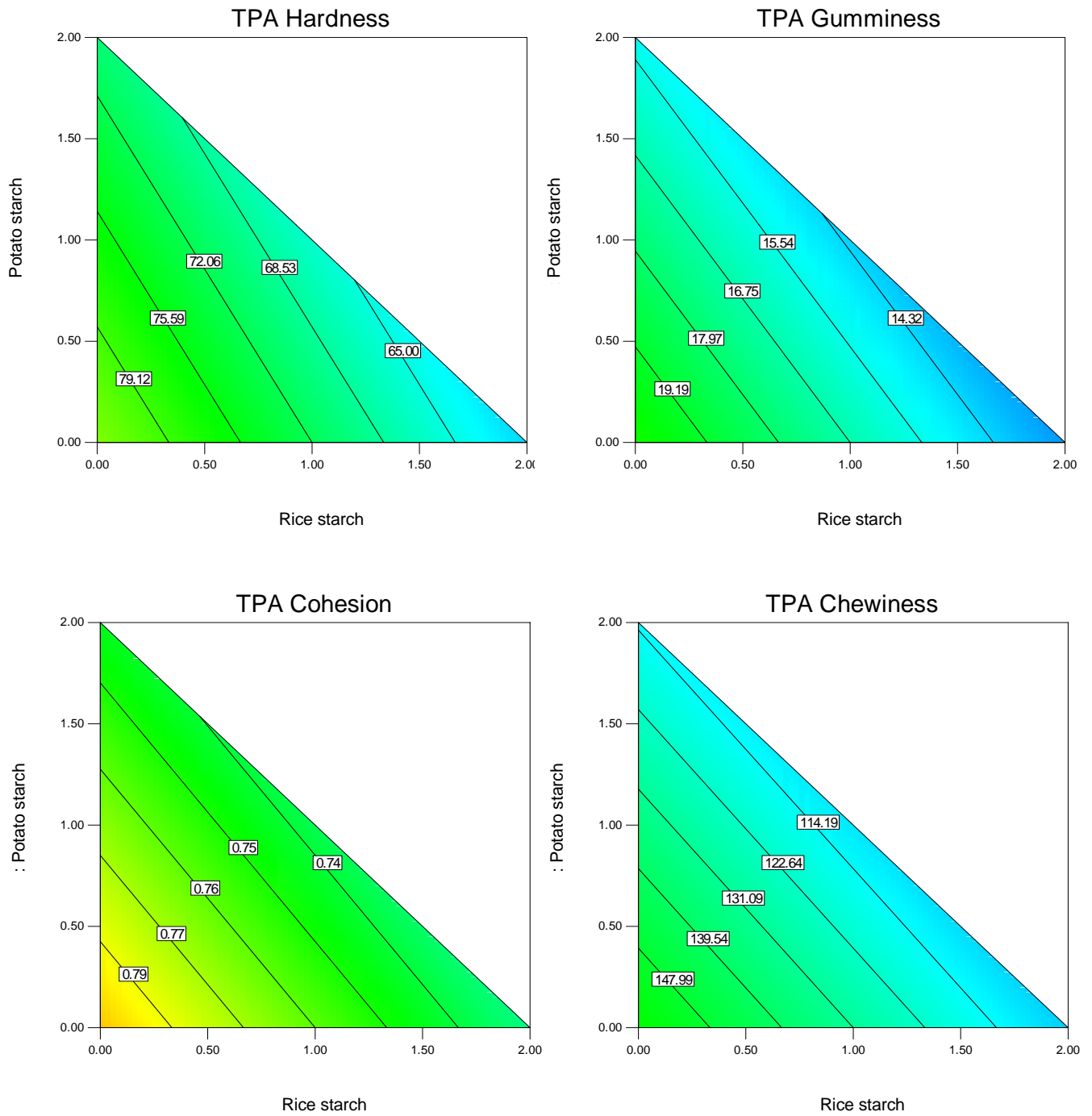
The levels of RS are expressed in % by weight of the brined meat. The remaining factors were fixed at the following settings: STPP: 0.3, Potato starch: 0. MS: meat size. RS: rice starch. STPP: sodium tripolyphosphates.

Figure 3. Contour plots presenting the response surfaces for expressible moisture and juiciness in reformed hams



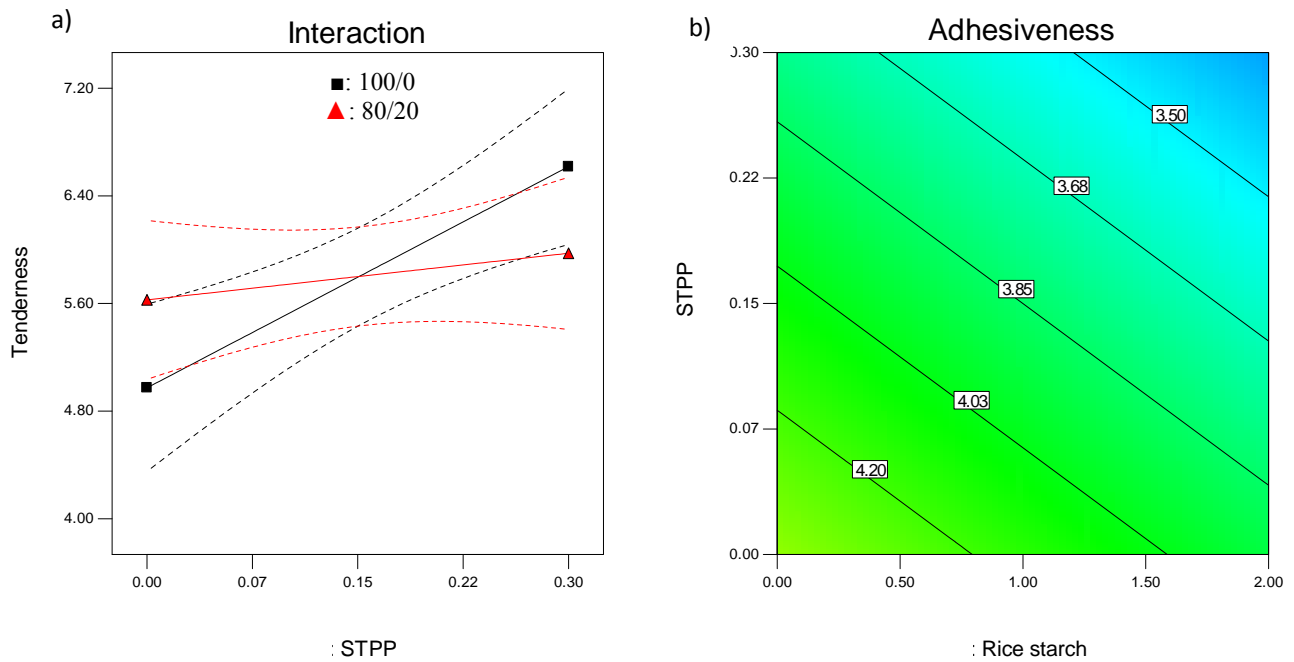
The levels of the ingredients are expressed in % by weight of the brined meat. The remaining factors were fixed at the following settings: a) STPP: 0, Meat Size: average; b) Rice starch: 0, Comminution degree: average. STPP: sodium triphosphates.

Figure 4. Contour plots presenting the response surfaces for texture profile analysis parameters in reformed hams



The levels of the ingredients are expressed in % by weight of the brined meat. The remaining factors were fixed at the following settings: STPP: 0, Comminution degree: average, STPP: sodium tripolyphosphates.

Figure 5. Representation of the response surface models for two sensory attributes in reformed hams



The levels of the ingredients are expressed in % by weight of the brined meat. The remaining factors were fixed at the following settings: a) Potato starch: 0, Comminution degree: average; b) Rice starch: 0, Potato starch: 0, STPP: sodium tripolyphosphates.